



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

March 24, 2026

In person at Bangor Public Library and
 via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>
 To join by phone only (no computer needed) Dial: 1-929- 205-6099
 Enter Webinar / Meeting ID# when prompted: ID #893 861 17

10

<p>1. Renee</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u> <u>Attendance/Ice breaker:</u> If you could be a fly on a wall ,whose wall would you be on , and why? <u>Staff:</u> <u>Guest:</u> <u>Establish Quorum:</u> Y___ N___ <u>Meeting called to order at:</u></p>
<p>2. Kandie</p>	<p><u>Forum Topic:</u> Aging/Seniors and Mental Health Needs</p>
<p>3.</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p>



Brian	<p>A) Review and adopt the current meeting's agenda.</p> <ul style="list-style-type: none">• Motion to adopt made by:• 2nd by:• Discussion:• Y___ N___ A___ <p>B) Review and adopt meeting minutes from February 24, 2026, Motion to adopt made by:</p> <ul style="list-style-type: none">• 2nd by:• Discussion:• Y___ N___ A___
4. Jason	<p><u>New Business:</u></p>
5. Brian Laurie Jason Sarah	<p><u>CCSM Reports:</u> (No Vote)</p> <p>A) SCC Report this month:</p> <p>B) Issues Subcommittee Report:</p> <p>C) Legislative Subcommittee Report:</p> <p>D) Office Update:</p>



6. Kandie	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p> <p><i>Where did you do CCSM outreach?</i></p>		
7. Renee	<p><u>Follow Up Business:</u></p>		
8. Renee <hr/> All	<p><u>Future Agenda Items:</u></p> <p><u>Community Updates and Announcement</u></p> <p>Hope Conference is Wednesday May 13, 2026, in Augusta.</p>		
9. Assigned Tasks:	<p><u>Who?</u></p>	<p><u>When?</u></p>	
<p><i>Pre-read all meeting materials and attend next month's LC Meeting</i></p>	<p><i>All</i></p>	<p><i>Monthly</i></p>	
<p><i>Prepare Agenda and submit it to Outreach Coordinator</i></p> <hr/> <p><i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i></p> <hr/> <p><i>Send out meeting documents to all Local Council or Members</i></p>	<p>Renee</p> <hr/> <p>Kandie</p> <hr/> <p>Sarah</p>	<p><i>Monthly</i></p> <p><i>10 days after meeting</i></p> <hr/> <p><i>At least 15 days prior to the next meeting.</i></p>	
10.	<p><u>Evaluation, Recap:</u></p>		



<p>Laurie</p> <hr/> <p>11.</p> <p>Renee</p>	<p>What went well?</p> <p>How can we improve our meetings?</p> <hr/> <p>Meeting Wrap Up: Next meeting: April 28, 2026</p>
---	--

**Local Council Business Minutes
Bangor Local Council Meeting
March 24, 2027**

Meeting Held via Zoom Video Conferencing & at Bangor Library

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1.	<p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</p> <p>Check In & Ice Breaker:</p> <p>Attendees: Renee, Kandie, LeeAnn Excused: Unexcused: Via Zoom: Brian, Laurie, Jason Chair: Renee Secretary: Kandie Staff: Sarah Guests Speaker: Quorum Established? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p style="text-align: right;">Meeting called to order: <u> 5:00 pm</u></p>
2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u></p> <p>A) Review and adopt the current meeting agenda.</p> <p style="padding-left: 40px;"><i>Motion was made by Renee to adopt this Meeting's Agenda. It was seconded by Jason. Was there any discussion? (No) Motion (Carried) with 5 in favor of, 0 opposed to, and No abstentions.</i></p> <p>B) Review and adopt February 24, 2025, meeting minutes.</p> <p style="padding-left: 40px;"><i>The motion was made by Renee to adopt the minutes. It was seconded by Laurie. Was there any discussion? No</i></p> <p style="padding-left: 40px;"><i>The Motion (Carried) with <u> 5</u> in favor of, <u> 0</u> opposed to, and <u>No</u> abstention</i></p>

3.	<p><u>New Business:</u></p> <p>Next month's meeting will return to Board</p>
4.	<p>A) SCC Reports: The meeting had been cancelled due to guest speakers not being able to come.</p> <p>B) Issues Sub Committee Report: Issue statement on emotional support animals has been completed. It was explained to LeeAnn that the Issue statements in-progress and completed can be accessed on our website.</p> <p>C) Legislative Report: LD 748/ rental assistance and LD1843 /peer respite, in Appropriations. Still waiting on BRAP. Upcoming event at Hall of Flags with MEJ for Eviction Protection Program.</p> <p>D) Office Update: Most everything from office has been sold and cleared out.</p> <p><u>Follow Up Business:</u></p> <p><u>Future Agenda Items:</u></p> <p><u>Community Updates and Announcements:</u> Hope Conference May 13th in Augusta</p> <p>The CCSM will be offering workshops.</p>
5.	<p>Forum Topic: Aging Seniors and Mental Health Needs</p> <p>*Monitor Article with contributions from Sue Mackey Andrews and the Piscataquis County Sheriff. Suicide rates of seniors is one of the highest in the nation.</p> <p>*The emotional issues and financial stress of being a grandparent raising a grandchild, especially when not allowed to have contact with your own child. And lack of emotional support for the entire situation.</p> <p>*Poverty, STD's, multiple problem cumulative exposure</p> <p>*Adults 45-50 yrs old who spend 4-6 yrs exposed on the streets compared to 70 yr olds.</p> <p>*Isolation. Jason shared about a man originally from Cuba had shared with him shared the difficulty of lack of his culture.</p> <p>*Adapting to aging, disabilities and losing capacity of what they are "use to and what they used to do".</p>

	<p>*Being treated like a child by family.</p> <p>*Seniors becoming care providers for spouse.</p> <p>*Having friends and family pass away more often. Being the last among friends, classmates, family to survive.</p> <p>Losing the right to drive.</p>		
6.	<p>Where did you do CCSM Outreach? All Reps have participated in outreach. LeeAnn Handed out pamphlets at an event she was participating in. Kandie and LeeAnn are planning to do an outreach event in Guilford.</p>		
7	<p>Discuss Current Local Issue Statement Work:</p>		
8.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send all meeting documents to Local Council members at least 15 days before the next meeting per the Governance Guidelines.	Outreach Coordinator	

<p>9.</p>	<p><u>Meeting Evaluation:</u> What went well? Made quorum. 100% participation for outreach and great group conversation.</p> <p>How can we improve our meetings? Make certain to have someone at the meeting in person so we don't miss opportunities.</p> <p>Meeting ended at 6:45 pm</p>	
<p>10.</p>	<p><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u> April 28, 2026, in person at Bangor Public Library AND via ZOOM</p>	