



**Mission Statement:** *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

**Bangor Local Council Agenda**

**June 25, 2024**

In person at Bangor Public Library and  
 via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>  
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<p><b>Bangor Local Council Agenda</b></p> <p><b>June 25, 2024</b></p> <p>In person at Bangor Public Library and          via Zoom Video Conferencing</p> <p><u>Zoom Information</u></p> <p>To join by video, click link: <a href="https://us02web.zoom.us/j/8938611710">https://us02web.zoom.us/j/8938611710</a>          To join by phone only (no computer needed) Dial: 1-929- 205-6099          Enter Webinar / Meeting ID# when prompted: ID #893 861 1710</p>	
<p>1.</p> <p>Kandie</p>	<p><b><u>Welcome, Introductions, Review Meeting Guidelines, &amp; Housekeeping</u></b></p> <p><b><u>Attendance/Ice breaker:</u></b></p> <p><b><u>Staff:</u></b></p> <p><b><u>Guest:</u></b></p> <p><b><u>Establish Quorum:</u></b></p> <p>Y___ N___      <b><u>Meeting called to order at :</u></b></p>
<p>2.</p> <p>Kandie &amp; Sarah</p>	<p><b><u>Forum Topic:</u></b>      Access to mental health services. Deep dive.</p> <ul style="list-style-type: none"> <li>• <b>Too many on case load</b></li> <li>• <b>Treating old patients like new</b></li> <li>• <b>Providers are not allowed to provide the services they believe their client needs.</b></li> </ul>



<p>3. John &amp; Renee</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b> (Vote)</p> <p><b>A) Review and adopt the current meeting's agenda.</b></p> <ul style="list-style-type: none"><li>• Motion to adopt made by:</li><li>• 2<sup>nd</sup> by:</li><li>• Discussion:</li><li>• Y___ N___ A___</li></ul> <p><b>B) Review and adopt meeting minutes from <b>May 28,2024</b></b></p> <ul style="list-style-type: none"><li>• Motion to adopt made by:</li><li>• 2<sup>nd</sup> by:</li><li>• Discussion:</li><li>• Y___ N___ A___</li></ul>
<p>4. Brian</p>	<p><b><u>New Business:</u></b></p>
<p>5. Kandie  Brian  John  Sarah</p>	<p><b><u>CCSM Reports:</u></b> (No Vote)</p> <p><b>A) SCC Report this month:</b></p> <p><b>B) Issues Subcommittee Report:</b></p> <p><b>C) Legislative Subcommittee Report:</b></p> <p><b>D) Office Update:</b></p>



<p>6.</p> <p>All</p>	<p><b><u>OUTREACH:</u></b></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p> <p><b><i>Where did you do CCSM outreach?</i></b></p>		
<p>7.</p> <p>Kandie</p>	<p><b><u>Discuss Current Local Issues Statement Work:</u></b></p> <p><i>Future Issue Statement suggestions are:</i></p>		
<p>8.</p> <p>All</p>	<p><b><u>Follow Up Business:</u></b></p>		
<p>9.</p> <p>Brian</p> <hr/> <p>All</p>	<p><b><u>Future Agenda Items:</u></b></p> <p>Transportation Issue statement draft</p> <p><b><u>Community Updates and Announcement:</u></b></p> <p>Disability Pride Day, July 19<sup>th</sup> @ Mill Park in Augusta 11:00-2:00</p>		
<p>10. Assigned Tasks:</p>	<p><b><u>Who?</u></b></p>	<p><b><u>When?</u></b></p>	
<p><i>Pre-read all meeting materials and attend next month's LC Meeting</i></p>	<p><i>All</i></p>	<p><i>Monthly</i></p>	
<p><i>Prepare Agenda and submit to Outreach Coordinator</i></p> <hr/>	<p>Kandie</p>	<p><i>Monthly</i></p>	



**Consumer Council System of Maine**  
 A Voice for Consumers of Mental Health Services

<p><i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i></p>	<p>_____</p> <p><b>Renee/John</b></p>	<p><i>10 days after meeting</i></p>
<p><i>Send out meeting documents to all Local Councilor Members</i></p>	<p>_____</p> <p><b>Sarah</b></p>	<p><i>At least 15 days prior to the next meeting.</i></p>
<p>11.</p> <p>Brian</p>	<p><b><u>Evaluation, Recap:</u></b></p> <p><b>What went well?</b></p> <p><b>How can we improve our meetings?</b></p>	
<p>12.</p> <p>Kandie</p>	<p><b>Meeting Wrap Up:</b></p> <p>Next meeting:</p>	



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Local Council Business Minutes From

**June 25, 2024**

In person at Bangor Public Library and  
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1.	<p><b>Welcome, Introductions, Attendance &amp; Review Zoom Meeting</b></p> <p><b>Guidelines:</b></p> <p><b>Check In &amp; Ice Breaker:</b></p> <p><b>Attendees:</b> Kandie, Brian, Renee, Amanda, Jason, and Krystal</p> <p><b>ZOOM:</b> Trampus King (Dexter Town Manager), James was on briefly</p> <p><b>Staff:</b> Sarah <b>Unexcused:</b> John H</p> <p><b>Quorum Established?</b> <input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b></p> <p><b>Meeting called to order:</b> 5:00 PM</p>
2.	<p><b>FORUM TOPIC:</b> Mental Health Services</p> <p><b>FORUM DISCUSSION:</b></p> <p>*Lack of beds due to not enough staff to staff them.</p>



	<p>*Lack of in-community services.</p> <p><b>*Too many on caseloads.</b></p> <p>*Impersonal. Not feeling valued. Staff forgetting to send things.</p> <p>Not getting clinical more mental health advocates. Staff do not recall client info as well. Not enough time to address your own goals.</p> <p>Releasing to soon.</p> <p><b>*Treating old patients like new.</b></p> <p>*Having to spend time doing paperwork all over again rather than dealing with what brought you back to the councilor. Having to retell your story. They might think you're better when you're not just because your demeanor is different. Being concerned you are traumatizing the person hearing your story. Impacts trust. *Staff changes creating inconsistency.</p> <p><b>*Provider not being allowed to provide the services they believe their client needs.</b></p> <p>Other people such as insurance companies, employers and government making decisions around what care a provider can provide, often with no training in it.</p> <p>*People knowing what services are available because the provider isn't always able to share the info.</p> <p>*Not being notified of changes.</p>
3.	<b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b>



	<p><b>A) Reviewed and adopted current meeting agenda.</b></p> <p><i>*Motion was made to adopt by: Jason</i></p> <p><i>*2nd by: Kandie</i></p> <p><i>*Discussion: none</i></p> <p><i>* Y__4__ N____ A__1__</i></p> <p><b>B) Review and adopt Minutes from <b>June 25, 2024</b>, meeting.</b></p> <p><i>*Motion was made to adopt by: Kandie.</i></p> <p><i>*2nd by: Jason</i></p> <p><i>*Discussion: None</i></p> <p><i>* Y__3__ N____ A__2__</i></p>
4.	<p><b>New Business:</b></p> <p>Trampus King town manager of Dexter participated by zoom to discuss the recent shooting in Dexter of Christopher Hongo. Mr. Hongo who has a history of mental health issues and trauma, had lost his Mainecare after changing to a non-seasonal job. After which he was unable to afford the meds. he needed to remain stable with his mental health issues. Prior to the shooting he attempted two times to get care at the hospital and was sent home. This led to his eventual confrontation with the Dexter Police where he had a physical confrontation with officers that led to an officer shooting him in the arm. Mr. Hongo had previously worked for the Town of Dexter seasonally doing cemetery maintenance and was well liked by many. It's believed that had he been able to keep</p>



	<p>him Mainecare that he would have been able to remain stable on his meds. and this event would have been avoided.</p> <p>Trampas discussed the lack of training for town and police personnel around mental health issues and triggers.</p> <p>He also mentioned a woman who had been in treatment for alcohol abuse and was released with no services and no one checking in on her.</p> <p>Issues with State not always approving the GA to give the town back the 70%.</p>
5.	<p><b>A) SCC Reports:</b> none</p> <p><b>B) Issues Committee Report:</b> Everyone had a copy to read if you have responses send to Kandie or Brian.</p> <p><b>C) Legislative Report:</b> None</p> <p><b>D) Office Update:</b> Nichole Jurdak is our new policy advocate.</p>
6.	<p><b>Outreach:</b> Kandie asked Trampas about possible outreach in Dexter being done. Pamphlets will be supplied for the local area.</p> <p>Sarah emailed those in attendance a list of upcoming Rock and Talks.</p>
7.	<p><b>Discuss Current Issues Statement Work:</b> None</p>



8.	<b>Follow Up Business:</b> Jason will work on transportation outreach
9.	<b>Community Updates and Announcements:</b> Disability Pride Day July 19 <sup>th</sup> at Mill Park in Augusta from 11:00-2:00
10.	<b><u>Meeting Evaluation:</u></b> <b>What went well?</b> Made a quorum, stayed on task, got done early Trampas King visiting and a new room for the meeting. We had pizza provided by Amanda and Kandie <b>How can we improve our meetings?</b> Need more people.
11.	<b><u>Meeting Wrap Up:</u></b>  <b><u>Other Notes:</u></b>  <b><u>Next Meeting will be on: July 23,2024</u></b> in person at Bangor Public Library AND via ZOOM