



Augusta Local Council Meeting Agenda **Wednesday, July 23rd 2025 at 5:00 PM**

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed), dial: 1-929-205-6099 Enter Meeting ID# when prompted: 893 861 1710
No password needed!

Welcome, Introductions, Attendance & Review Meeting Guidelines

Introductions:

1. **Ice Breaker Idea:**

Attendance:

Review Meeting Guidelines:

Establish Quorum: ____ Yes ____ No

Forum Discussion (One Hour):

2. **A) Forced Treatment**

B) *Upcoming Topics for reference*

July/August: Forced Treatment

Review & Adopt Meeting Agenda: (Vote)

A) Review & adopt the current meeting's agenda: July 23, 2025

a. Motion to adopt made by:

b. 2nd by:

c. Discussion:

d. Y ____ N ____ A ____



4.	<u>Ongoing Business:</u> A) How can we bring more attendees/increase interest for this meeting?
5.	<u>New Business:</u> A) Election: Vote for Augusta Local Council Chairperson, and SCC Augusta Rep
6.	<u>SCC Report</u> A) <u>Issue Statement Development Subcommittee:</u> A) Meets second Wednesday of every month from 10a-12p via Zoom. B) Issue Statement updates <u>Legislative Subcommittee:</u> A) Meets first Wednesday of every month from 10am-12pm via Zoom. B) Legislative Subcommittee updates <u>LC Outreach:</u> <u>Announcements/Updates:</u>
7.	<u>In the Community:</u> <u>At the Office:</u>
8.	<u>Future Agenda Items:</u>



9.	<u>Meeting Reflection</u>		
	1) What went well?		
	2) What could be improved upon?		
NEXT MEETING: Wednesday, August 27 th 2025 at 5pm			
10.	Meeting Recap & Next Steps		
	Task	Who's Responsible	Due Date
	Pre-read all meeting materials and attend next month's LC Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator		At least 10 days prior to next meeting date
	Take meeting minutes then send to Outreach Coordinator		At least 10 days prior to next meeting date
	Send out all meeting documents to all Local Council Members		At least 7 days prior to next meeting date



Augusta Local Council Meeting Minutes

Wednesday, August 27th 2025 at 5:00 PM

1. Welcome, Attendance & Review Meeting Guidelines:

Introductions: Yes

Ice Breaker Idea: “What is something you are looking forward to?”

Attendance: Vickie McCarty, Melissa Caswell, Caitlyn, Addison, Glen, and Sarah (CCSM Staff)

Review Meeting Guidelines: Yes

Establish Quorum: __X__ Yes ____ No

2. Forum Discussion (One Hour):

Forced Treatment; Discussion Notes:

- A peer shared that when they were 9 years old, they experienced forced mental health treatment where their agency was taken away, forced sedatives, and had their medications changed far too often. Once you sort of, or did not adjust to the new meds they were changed again making it challenging to truly experience any support from the medications.
- Providers in forced treatment often lean to restraints in first response instead of focusing on deescalating without restraints.
- Given experience with forced medications, it creates a poor relationship to medications, even now (after years since forced medications).
- When experiencing forced treatment, felt more like a diagnosis than a person experiencing mental health challenges. They treat the diagnosis

not the person. When providers get changed a lot you have to re-explain your story and get the provider “caught up” which can have different diagnosis or plan for treatment.

- If your experience is poor, it is less likely you will seek further treatment/support from providers. Can create distrust with all or most providers.
- If you don’t comply while experiencing forced treatment, you are often threatened so you do what you can to just complete the program so you can go home/free.
- It can be very isolating inside institutions, they need more open air areas where there is more choices without sacrificing safety.
- When seeking treatment, providers go to extreme measures instead of starting proportionally. Such as peer support and increase support depending on need. Providers should avoid going “0 to 100” quickly in response to any/all seeks of support.
- When inside institutions, you are not allowed to connect with peers outside and you can’t share information about connecting on the outside of the institution. Can be detrimental to peer’s healing and hurts peer connection which is crucial to recovery.

3. Review & Adopt Meeting Agenda:

A) Review & adopt the current meeting’s agenda: July 23, 2025

a. Motion to adopt made by: Glen

b. 2nd by: Addison

c. Discussion: No

d. Y__5__N__0__A__1__

4. Ongoing Business:

- Group discussed how to recruit local peers from all age groups. Such as college campuses, providers of group therapy, and other local programs where peers are already involved.

5. New Business:

- Vickie McCarty sent in application for chair person of the Augusta Local Council and LC SCC rep position. Voted in for both positions with five for, and zero against. Congrats Vickie!

6. Reports from SCC and Subcommittee

SCC Report: Update given as known

Issue Statement Development Subcommittee: Update was given as known of advanced directive statement being put aside for the time being, Bangor LC drafted issue statement in draft for committee to review. Review of OBH response from prior issue statement.

Legislative Subcommittee: not meeting currently until October

7. Outreach, Announcements, and Updates:

LC Outreach: Members should reach out to others they know to encourage more participation in the forum and/or local council meetings.

In the Community: Review of current and upcoming podcast (Our Voice of ME) episodes, blog posts, and other current outreach activities. Share about 2026 fundraiser, Peer Artwork Wall Calendar fundraiser. Seeking submissions for this due end of September.

At the Office: Shared Expressions Peer Art Celebration event coming up August 15th

8. Future Agenda Items:

- Discussed potential for new members who may be interested in joining LC.

9. Meeting Reflection & Next Meeting:

- **What went well?** Had a good meeting, new members, election, good forum chats.

- **What could be improved upon?** Recruiting more peers to be involved in the CCSM and August LC

Next Meeting is: August 27, 2025 @ 5pm