



**Mission Statement:** *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

**Bangor Local Council Agenda**

**July 23, 2024**

In person at Bangor Public Library and  
 via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>  
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<p><b>Bangor Local Council Agenda</b></p> <p><b>July 23, 2024</b></p> <p>In person at Bangor Public Library and          via Zoom Video Conferencing</p> <p><u>Zoom Information</u></p> <p>To join by video, click link: <a href="https://us02web.zoom.us/j/8938611710">https://us02web.zoom.us/j/8938611710</a>          To join by phone only (no computer needed) Dial: 1-929- 205-6099          Enter Webinar / Meeting ID# when prompted: ID #893 861 1710</p>	
<p>1.</p> <p>Kandie</p>	<p><b><u>Welcome, Introductions, Review Meeting Guidelines, &amp; Housekeeping</u></b></p> <p><b><u>Attendance/Ice breaker:</u></b></p> <p><b><u>Staff:</u></b></p> <p><b><u>Guest:</u></b></p> <p><b><u>Establish Quorum:</u></b></p> <p>Y___ N___      <b><u>Meeting called to order at :</u></b></p>
<p>2.</p> <p>Kandie &amp; Sarah</p>	<p><b><u>Forum Topic:</u></b>      Cost of /Access to Utilities</p>
<p>3.</p> <p>John &amp;</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b> <i>(Vote)</i></p> <p><b>A) Review and adopt the current meeting's agenda.</b></p>



<p>Renee</p>	<ul style="list-style-type: none"> <li>• <i>Motion to adopt made by:</i></li> <li>• <i>2<sup>nd</sup> by:</i></li> <li>• <i>Discussion:</i></li> <li>• <i>Y___ N___ A___</i></li> </ul> <p><b>B) Review and adopt meeting minutes from June 25,2024</b></p> <ul style="list-style-type: none"> <li>• <i>Motion to adopt made by:</i></li> <li>• <i>2<sup>nd</sup> by:</i></li> <li>• <i>Discussion:</i></li> <li>• <i>Y___ N___ A___</i></li> </ul>
<p>4. Brian</p>	<p><b><u>New Business:</u></b></p>
<p>5. Kandie  Brian  John  Sarah</p>	<p><b><u>CCSM Reports:</u></b> <i>(No Vote)</i></p> <p><b>A) SCC Report this month:</b></p> <p><b>B) Issues Subcommittee Report:</b></p> <p><b>C) Legislative Subcommittee Report:</b></p> <p><b>D) Office Update:</b></p>



<p>6.</p> <p>All</p>	<p><b><u>OUTREACH:</u></b></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p> <p><b><i>Where did you do CCSM outreach?</i></b></p>	
<p>7.</p> <p>Kandie</p>	<p><b><u>Discuss Current Local Issues Statement Work:</u></b></p> <p><b><i>Work on and/or adopt issue statements from June’s meeting</i></b></p> <p><i>Future Issue Statement suggestions are: Transportation issue statements that Jason is working on .</i></p>	
<p>8.</p> <p>All</p>	<p><b><u>Follow Up Business:</u></b></p>	
<p>9.</p> <p>Brian</p> <hr/> <p>All</p>	<p><b><u>Future Agenda Items:</u></b></p> <p><b><u>Community Updates and Announcement:</u></b></p>	
<p>10. Assigned Tasks:</p>	<p><b><u>Who?</u></b></p>	<p><b><u>When?</u></b></p>
<p><i>Pre-read all meeting materials and attend next month’s LC Meeting</i></p>	<p><i>All</i></p>	<p><i>Monthly</i></p>
<p><i>Prepare Agenda and submit to Outreach Coordinator</i></p> <hr/>	<p>Kandie</p>	<p><i>Monthly</i></p>



<p><i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i></p> <hr/>	<p>_____</p> <p><b>Renee/John</b></p>	<p><i>10 days after meeting</i></p> <hr/>
<p><i>Send out meeting documents to all Local Councilor Members</i></p>	<p>_____</p> <p><b>Sarah</b></p>	<p><i>At least 15 days prior to the next meeting.</i></p>
<p>11.</p> <p>Brian</p> <hr/>	<p><b><u>Evaluation, Recap:</u></b></p> <p><b>What went well?</b></p> <p><b>How can we improve our meetings?</b></p>	
<p>12.</p> <p>Kandie</p>	<hr/> <p><b>Meeting Wrap Up:</b></p> <p>Next meeting: <b>August 27, 2024</b></p>	



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Local Council Business Minutes From

**July 23, 2024**

In person at Bangor Public Library and  
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1.	<p><b>Welcome, Introductions, Attendance &amp; Review Zoom Meeting</b></p> <p><b>Guidelines:</b></p> <p><b>Check In &amp; Ice Breaker:</b></p> <p><b>Attendees:</b> Kandie, Brian, Renee      <b>ZOOM:</b> John, Jason, Krystal</p> <p><b>Staff:</b> Sarah      <b>Unexcused:</b></p> <p><b>Quorum Established?</b> <input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b></p> <p><b>Meeting called to order:</b> 5:00 PM</p>
2.	<p><b>FORUM TOPIC: Access to Utilities</b></p> <p><b>FORUM DISCUSSION:</b></p> <p>*Cost of utilities, *Bad credit requiring a deposit usually around \$350., *Connectivity (\$30. mo. Internet) Having to be able to pay for it to stay</p>



	<p>connected for medical online, and varies other activities, including for parents who have had their children removed by the state, some of their classes they are required to take are online. , *General Assistance does not cover it.</p> <p>*Affordable Connectivity ended. *Group homes-interne for all,</p> <p>*Cost example of \$300 electric plus \$300 natural gas on top of rent.</p> <p>*Having to use bottled water when water pipes in house or the city are bad, bad water can cause health issues.</p> <p>*Bottled water should be covered as a utility when water is bad.</p> <p>*Rural areas require people to have septic tanks pumped usually costing \$350 or more and should usually be pumped yearly.</p> <p>*Rural areas often have people being responsible to replace power pole on their property, electric boxes.</p>
3.	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b></p> <p><b>A)</b> Reviewed and adopted current meeting agenda.</p> <p><i>*Motion was made to adopt by: Jason</i></p> <p><i>*2nd by: John</i></p> <p><i>*Discussion: none</i></p> <p><i>* Y__5__ N__A__2__</i></p> <p><b>B)</b> Review and adopt Minutes from <b>June 25, 2024</b>, meeting.</p> <p><i>*Motion was made to adopt by: Jason.</i></p>



	<p><i>*2nd by: Kandie</i></p> <p><i>*Discussion: None</i></p> <p><i>* Y__4__N____A__2__</i></p>
4.	<b>New Business:</b>
5.	<p><b>A) SCC Reports:</b> Explained that the SCC has formed an ad hoc committee to look at considering possible restructuring of the CCSM and what possible moves we can make going into the future.</p> <p><b>B) Issues Committee Report:</b> Everyone had a copy to read if you have responses send to Kandie or Brian.</p> <p><b>C) Legislative Report:</b> None</p> <p><b>D) Office Update:</b> Simone is going on vacation for a week.</p>
6.	<b>Outreach:</b> Rock and talk event and the Linc center attended by Kandie and Renee from our local. Discussed outreach opportunities coming up in our area in the future.
7.	<b>Discuss Current Issues Statement Work:</b> Providers carrying too high of a case load; People with behavioral health issues losing Maine care; Providers being restricted on types of care by the insurance companies; Treating clients like new.



	(All four issues statement drafts were voted in favor of sending to the Issues Committee.)
8.	<b>Follow Up Business:</b> Jason will work on transportation outreach
9.	<b>Community Updates and Announcements:</b> Rock Garden opening at Together Place July 7 <sup>th</sup> .
10.	<b><u>Meeting Evaluation:</u></b> <b>What went well?</b> Made a quorum, stayed on task. <b>How can we improve our meetings?</b> Need more people.
11.	<b><u>Meeting Wrap Up:</u></b>  <b><u>Other Notes:</u></b>  <b><u>Next Meeting will be on: August 27, 2024</u></b> in person at Bangor Public Library AND via ZOOM