



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

September 23, 2025

In person at Bangor Public Library and
 via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>
 To join by phone only (no computer needed) Dial: 1-929- 205-6099
 Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

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| <p>Bangor Local Council Agenda</p> <p>September 23, 2025</p> <p>In person at Bangor Public Library and via Zoom Video Conferencing</p> <p><u>Zoom Information</u></p> <p>To join by video, click link: https://us02web.zoom.us/j/8938611710 To join by phone only (no computer needed) Dial: 1-929- 205-6099 Enter Webinar / Meeting ID# when prompted: ID #893 861 1710</p> | |
| <p>1.</p> <p>Kandie</p> | <p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u></p> <p><u>Attendance/Ice breaker:</u></p> <p><u>Staff:</u></p> <p><u>Guest:</u></p> <p><u>Establish Quorum:</u></p> <p>Y___ N___ <u>Meeting called to order at:</u></p> |
| <p>2.</p> <p>Kandie</p> | <p><u>Forum Topic:</u> Prevention Alternatives Before Crisis supports Are Needed</p> |
| <p>3.</p> <p>Renee</p> | <p><u>Review & Adopt Meeting Agenda and Previous Meeting’s Minutes:</u> (Vote)</p> <p>A) <i>Review and adopt the current meeting’s agenda.</i></p> <ul style="list-style-type: none"> • <i>Motion to adopt made by:</i> |



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| | <ul style="list-style-type: none"> • 2nd by: • Discussion: • Y___ N___ A___ <p>B) Review and adopt meeting minutes from August 26, 2025</p> <ul style="list-style-type: none"> • Motion to adopt made by: • 2nd by: • Discussion: • Y___ N___ A___ |
| <p>4. ALL</p> | <p><u>New Business:</u></p> |
| <p>5.</p> <hr/> <p>Jason</p> <p>Laurie</p> <p>None</p> <p>Sarah</p> | <p><u>CCSM Reports:</u> (No Vote)</p> <p>A) SCC Report this month:</p> <p>B) Issues Subcommittee Report:</p> <p>C) Legislative Subcommittee Report: No Leg. meeting to report</p> <p>D) Office Update:</p> |
| <p>6. All</p> | <p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p> |



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| | <i>Where did you do CCSM outreach?</i> | | |
| 7. Kandie | <u>Discuss Current Local Issues Statement Work:</u> | | |
| 8. Brian | <u>Follow Up Business:</u> <u>Reminder we are having an election next month for Local Chair and Secretary.</u> | | |
| 9. Brian | <u>Future Agenda Items:</u> | | |
| _____ | <u>Community Updates and Announcement</u> | | |
| All | | | |
| 10. | Assigned Tasks: | <u>Who?</u> | <u>When?</u> |
| | <i>Pre-read all meeting materials and attend next month's LC Meeting</i> | <i>All</i> | <i>Monthly</i> |
| | <i>Prepare Agenda and submit it to Outreach Coordinator</i> | Kandie | <i>Monthly</i> |
| | _____ | _____ | <i>10 days after meeting</i> |
| | <i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i> | Renee | _____ |
| | _____ | _____ | <i>At least 15 days prior to the next meeting.</i> |
| | <i>Send out meeting documents to all Local Councilor Members</i> | Sarah | |



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| 11. Brian | <u>Evaluation, Recap:</u> What went well? How can we improve our meetings? |
| 12. Brian | <hr/> Meeting Wrap Up: Next meeting: October 28,2025 |

Local Council Business Minutes from Bangor

Date: September 23, 2025

Meeting Held via Zoom Video Conferencing

Zoom Information

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| 1. | <p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</p> <p>Check In & Ice Breaker</p> <p>Attendees: Renee', Kandie, Brian Excused: Unexcused:</p> <p>Via Zoom: Laurie, Jason</p> <p>Chair: Kandie Secretary: Renee Staff: Sarah</p> <p>Guests Speaker: Amy Roeder</p> <p>Quorum Established? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Meeting called to order: <input type="checkbox"/> 5:00 pm <input type="checkbox"/></p> |
| 2. | <p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> |

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| | <p>A) Review and adopt the current meeting agenda.</p> <p><i>Motion was made by Jason to adopt this Meeting's Agenda. It was seconded by Kandie. Was there any discussion? (No) Motion (Carried) with 3 <u>in favor of</u>, <u>0</u> opposed to, and 1 abstention.</i></p> <p>B) Review and adopt August 26, 2025, meeting minutes.</p> <p><i>Motion was made by Jason to adopt the minutes. It was seconded by Laurie. Was there any discussion? No</i></p> <p><i>The Motion (Carried) with <u>4</u> in favor of, <u>0</u> opposed to, and <u>0</u> abstentions.</i></p> <p>(Brian left the meeting at 6PM prior to voting taking place.)</p> |
| 3. | <u>New Business:</u> None |
| 4. | <p>A) SCC Reports: SCC: Our visit from Mike on Zoom. Jason gave further clarification around budget for Laurie.</p> <p>B) Issues Sub Committee Report: None. (All present had attended the Issues meeting)</p> <p>C) Legislative Report: No Meeting</p> <p>D) Office Update: No updates</p> |

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| | <p><u>Follow Up Business:</u> Reminder we are having an election next month for Local Chair and Secretary. Renee is running for Chair and Laurie is considering running for Secretary.</p> <p><u>Future Agenda Items:</u> Kandie will see if she can get someone in that is running for governor</p> <p><u>Community Updates and Announcements:</u> Seeking artist and peer for using your voice for the wall calendar podcast is coming out first week of October.</p> |
| <p>5.</p> | <p>Forum Topic: "Prevention Alternatives Before Crisis Supports Are Needed"</p> <p>Peer respite Push it through</p> <p>APPRP more warm lines</p> <p>New and Improved CT training</p> <p>Modalities harm reductions modalities even in Mental Health Services</p> <p>Alot of love and support and a place to go to be able to talk and vent over things.</p> <p>LD 1843 Peer Respite Bill was carried over by the way it was placed on the appropriate table for possible funding later.</p> <p>Warm lines through CIPS</p> <p>Create a purple sticker or buttons for ppl to show compassion and let them know that there is ppl there for one another in a non-political way.</p> <p>Innovative crisis Intervention through trainings for the PD.</p> |

6. **Where did you do CCSM Outreach?** Kandie, Renee and Brian did outreach last month at the Bangor Library with a woman who asked for change. We gave her a salad we had left over and some change. We also proceeded to give her CCSM info.

Two boxes of Freezer Pops were arranged for the sheriff's office to pick up at SAMs Club for both residents and staff on hot days.

7 **Discuss Current Local Issue Statement Work:**

| 8. | <u>Meeting Recap & Task List</u> | <u>Who?</u> | <u>When?</u> |
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| | Pre-read all meeting materials | All | Monthly |
| | Attend next Local Council Meeting | All | Monthly |
| | Prepare Agenda and submit to Outreach Coordinator | Chair | |
| | Prepare Minutes and submit to Outreach Coordinator | Secretary | |
| | Send all meeting documents to Local Council members at least 15 days before the next meeting per the Governance Guidelines. | Outreach Coordinator | |

| | Task | Who's Responsible | Due Date |
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| | Send minutes | Kandie | Within 10 days |
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| 9. | <p><u>Meeting Evaluation:</u></p> <p>What went well? Made quorum, stayed focused, and stayed on topic.</p> <p>How can we improve our meetings? Improving attendance</p> <p>Meeting ended at 6:31pm</p> | |
| 10. | <p><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on: OCTOBER 28, 2025, in person at Bangor Public Library AND via ZOOM</u></p> | |