



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

<h2>Bangor Local Council Agenda</h2> <h3>Tuesday, May 27, 2025</h3> <p>In person at Bangor Public Library and via Zoom Video Conferencing</p> <p><u>Zoom Information</u></p> <p>To join by video, click link: https://us02web.zoom.us/j/8938611710</p> <p>To join by phone only (no computer needed) Dial: 1-929- 205-6099</p> <p>Enter Webinar / Meeting ID# when prompted: ID #893 861 1710</p>	
<p>1.</p> <p>Kandie</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u></p> <p><u>Attendance/Ice breaker:</u></p> <p><u>Staff:</u></p> <p><u>Guest:</u></p> <p><u>Establish Quorum:</u></p> <p>Y ___ N ___ <u>Meeting called to order at:</u></p>
<p>2.</p> <p>Kandie</p>	<p><u>Forum Topic:</u> <i>“The importance of the lived experience voice making systemic changes”</i></p>
<p>3.</p> <p>Renee</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting’s Minutes:</u> <i>(Vote)</i></p> <p><u>A) Review and adopt the current meeting’s agenda.</u></p> <ul style="list-style-type: none"> • <i>Motion to adopt made by:</i> • <i>2nd by:</i> • <i>Discussion:</i> • Y ___ N ___ A ___



	<p>B) Review and adopt meeting minutes from April 22,2024</p> <ul style="list-style-type: none"> • Motion to adopt made by: • 2nd by: • Discussion: • Y___ N___ A___
4. All	<p><u>New Business:</u></p> <p>CCSM Retreat</p>
5. Kandie Laurie Jason Sarah	<p><u>CCSM Reports:</u> (No Vote)</p> <p>A. SCC Report this month:</p> <p>B) Issues Subcommittee Report: Meeting cancelled for HOPE Conference. Report on HOPE Conference:</p> <p>C) Legislative Subcommittee Report: LD1416 is being tabled till next yr.</p> <p>D) Office Update:</p>
6. All	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p> <p>Where did you do CCSM outreach?</p>
7. Kandie	<p><u>Discuss Current Local Issues Statement Work:</u></p>
8. Brian	<p><u>Follow Up Business:</u></p> <p>Pick 3 issues from last month for us to write Issue Statements on.</p>



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<p>9.</p> <p>Brian</p> <hr/> <p>All</p>	<p><u>Future Agenda Items:</u></p> <p><u>Community Updates and Announcement</u></p>		
<p>10. Assigned Tasks: —</p>	<p><u>Who?</u></p>	<p><u>When?</u></p>	
<p><i>Pre-read all meeting materials and attend next month's LC Meeting</i></p>	<p><i>All</i></p>	<p><i>Monthly</i></p>	
<p><i>Prepare Agenda and submit it to Outreach Coordinator</i></p> <hr/> <p><i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i></p> <hr/>	<p>Kandie</p> <p>Renee</p>	<p><i>Monthly</i></p> <p><i>10 days after meeting</i></p>	
<p><i>Send out meeting documents to all Local Councilor Members</i></p>	<p>Sarah</p>	<p><i>At least 15 days prior to the next meeting.</i></p>	
<p>11.</p> <p>Laurie</p> <hr/>	<p><u>Evaluation, Recap:</u></p> <p>What went well?</p> <p>How can we improve our meetings?</p> <hr/>		
<p>12.</p> <p>Brian</p>	<p>Meeting Wrap Up: Next meeting: June 24,2025</p>		



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Local Council Business Minutes From

Date: May 27, 2025

Meeting Held via Zoom Video Conferencing

Zoom Information

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**Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines
Check In & Ice Breaker**

Attendees: Renee, Brian, Kandie, Mark **Excused:**
Via Zoom: Jason and Laurie

1.

Chair: Kandie **Secretary:** Renee **Staff:** Sarah

Guests Speaker:

Quorum Established? Yes No

Meeting called to order: 5:00 pm

2. **Review & Adopt Meeting Agenda and Previous Meeting's Minutes:** (Vote)

A. Reviewed and adopted the current meeting agenda.



	<p><i>Motion was made by Jason to adopt this Meeting's Agenda. It was seconded by Laurie. Was there any discussion? (No) The Motion (Carried) with <u>5</u> in favor of, <u>0</u> opposed to, and 1 abstention.</i></p> <p>B. Review and adopt April 22, 2025, meeting minutes.</p> <p><i>Motion was made by Jason to adopt the minutes. It was seconded by Brian. Was there any discussion? No The Motion (Carried) with <u>4</u> in favor of, <u>0</u> opposed to, and <u>2</u> abstentions.</i></p>
3.	<p><u>New Business:</u></p> <p>CCSM Retreat: Keynote Corrine was Fantastic, learned a lot from others, acting out North, South, East and West, learned how to express our feelings and how to read things and give a 3-minute report on it.</p>
4.	<p>A) SCC Reports: Budgets being cut, Councils are not doing the transportation reimbursements starting next month for travel to locals, until further notice. Reps are still getting their stipends.</p> <p>B) Issues Committee Report: Meeting cancelled due to Hope conference. Laurie reported on HOPE Conference: She learned and shared a lot, met a lot of new people, filled out paperwork on the meetings we attended. Had issue with having to move around so much.</p> <p>The Hope Conference was well attended. About 30 people who registered didn't show up. Some people snuck in.</p> <p>C) Legislative Report: LD 1416 is being tabled till next year. BRAP bills were passed and now at appropriations. LD 1843 was divided. LD 51 Passed, LD 63 Passed, LD 189 Denied, LD 263 Ought not to pass, LD563 Carried over till next year.</p> <p>D) Office Update: Vickie McCarty will be retiring in June however she will be joining the Augusta Local. June 1st Is Central Maine Pride from noon –4, Next Podcast is June 3rd Topic is <i>Voice of Pride</i>.</p>
5.	<p>Forum Topic: "The Importance of the lived experience voice making systemic changes"</p>



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	Helping to give a voice to other peers. Taking a toll on your mental and physical health through stress, anxiety, pain etc. Reaching out to people with voice lived experiences.		
6.	<p>Follow Up Business: Pick 3 issues from last month for us to write Issue Statements on. Housing/Unhoused Communities:</p> <p>Kandie * Psychological terrorism created by both state and federal government politicians using us and others as fodder for political gain. When housing is uncertain, this can trigger negative mental health impacts. Laurie shared she has experienced this.</p> <p>Brian and Mark* Risk/fear of no support or having children taken away due to loss of affordable housing.</p> <p>Jason* Additional funds for housing support are helpful but it does not help with the larger housing systemic issue that makes costs too high.</p>		
7.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send Minutes to Outreach Coordinator	Chair	Within 10 days
	Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	



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8.	<p><u>Meeting Evaluation:</u></p> <p>What went well? Good Laurie shared her story, we made quorum, stayed focused and on topic</p> <p>How can we improve our meetings? Encouraging more participation from community peers</p>
9.	<p style="text-align: center;"><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u> June 24th, 2025 in person at Bangor Public Library AND via ZOOM</p>