



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

January 28,2025

In person at Bangor Public Library and
 via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>
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<p>Bangor Local Council Agenda</p> <p>January 28,2025</p> <p>In person at Bangor Public Library and via Zoom Video Conferencing</p> <p><u>Zoom Information</u></p> <p>To join by video, click link: https://us02web.zoom.us/j/8938611710 To join by phone only (no computer needed) Dial: 1-929- 205-6099 Enter Webinar / Meeting ID# when prompted: ID #893 861 1710</p>	
<p>1.</p> <p>Kandie</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u></p> <p><u>Attendance/Ice breaker:</u></p> <p><u>Staff:</u></p> <p><u>Guest:</u></p> <p><u>Establish Quorum:</u></p> <p>Y___ N___ <u>Meeting called to order at :</u></p>
<p>2.</p> <p>Kandie</p>	<p><u>Forum Topic:</u> Employment Opportunities/Access</p>
<p>3.</p> <p>Renee</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting’s Minutes:</u> (Vote)</p> <p>A) <i>Review and adopt the current meeting’s agenda.</i></p> <ul style="list-style-type: none"> • <i>Motion to adopt made by:</i>



	<ul style="list-style-type: none"> • 2nd by: • Discussion: • Y___ N___ A___ <p>B) Review and adopt meeting minutes from November 26,2024</p> <ul style="list-style-type: none"> • Motion to adopt made by: • 2nd by: • Discussion: • Y___ N___ A___
<p>4.</p> <p>Brian</p>	<p><u>New Business:</u></p> <p>Election if needed</p>
<p>5.</p> <hr/> <p>Kandie</p> <p>Brian</p> <p>Kandie</p> <p>Sarah</p>	<p><u>CCSM Reports:</u> <i>(No Vote)</i></p> <p>A) SCC Report this month:</p> <p>B) Issues Subcommittee Report:</p> <p>C) Legislative Subcommittee Report:</p> <p>D) Office Update:</p>
<p>6.</p> <p>All</p>	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p>



	<i>Where did you do CCSM outreach?</i>		
7. Kandie	<u>Discuss Current Local Issues Statement Work:</u> <i>Work on and/or adopt issue statements from November's meeting.</i>		
8. All	<u>Follow Up Business:</u>		
9. Brian	<u>Future Agenda Items:</u>		
_____	<u>Community Updates and Announcement:</u>		
All			
10.	Assigned Tasks:	<u>Who?</u>	<u>When?</u>
	<i>Pre-read all meeting materials and attend next month's LC Meeting</i>	<i>All</i>	<i>Monthly</i>
	<i>Prepare Agenda and submit to Outreach Coordinator</i>	Kandie	<i>Monthly</i>
	_____	_____	<i>10 days after meeting</i>
	<i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i>	Renee	_____
	_____	_____	<i>At least 15 days prior to the next meeting.</i>
	<i>Send out meeting documents to all Local Councilor Members</i>	Sarah	
11.	<u>Evaluation, Recap:</u>		



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Brian	What went well?
12.	How can we improve our meetings? _____
Kandie	Meeting Wrap Up: Next meeting: Feb. 25,2025



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Local Council Business Minutes From

January 28, 2025

Meeting Held via Zoom Video Conferencing

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| 1. | <p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</p> <p>Check In & Ice Breaker</p> <p>Attendees: Kandie, Renee, Brian, John, Laurie and Sarah Excused:</p> <p>Via Zoom: Jason</p> <p>Chair: Kandie Secretary: Renee Staff: Sarah</p> <p>Guests Speaker:</p> <p>Quorum Established? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (Jason and John both left prior to voting)</p> <p>Meeting called to order: <u> 5pm </u></p> |
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2.	<p>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</p> <p>A) Reviewed and adopted current meeting agenda.</p> <p><i>Motion was made by Brian to adopt this Meeting's Agenda. It was seconded by Laurie. Was there any discussion? (No) The Motion (Carried) with 3 in favor of, 0 opposed to, and 1 abstention.</i></p> <p>B) Review and adopt November 26, 2024 meeting minutes.</p> <p><i>Motion was made by Kandie to adopt the minutes. It was seconded by Brian. Was there any discussion? No</i></p> <p><i>The Motion (Carried) with 3 in favor of, 0 opposed to, and 1 abstentions.</i></p>
3.	<p><u>New Business:</u></p> <p>No new business</p>
4.	<p>A) CCSM Reports: DRM came in and talked about the ending of the consent decree.</p> <p>B) Issues Committee Report: Brian read the First Draft on Bad Credit Affecting Utilities Accessibility and the First Draft of Lack of Flexible Hours in Mental Health Peer Support and Recovery Centers</p> <p>C) Legislative Report: Went over the email from Vickie about the meeting being held Monday Feb 3rd. There are bills coming in on health and human services on Feb 5th.</p>



	D) Office Update: Getting ready to launch a podcast “Our Voice of ME” introducing CCSM and will release a new episode every other month.		
5.	Forum Topic: Employment Opportunities/Access: Prices went up on housing costs for employment. Laurie said she knows of a place that helps with getting meds online. www.meds.gov they help with the cost of meds. Transportation to a job and weather can impact a disability and if you can't get your disability benefits it can be hard to accommodate. program staff not being dependable. Insurance does not help with modifications to help control car with disabilities. Government shutdowns and interfering with services. Lack of adaptability and flexibility for jobs. Lack of training. Government shut down. Transportation. Making sure things are accessible for the disabled or all aspects of it. More flexibility in training options.		
6.	Where did you do CCSM outreach? The annual meeting went great. Lots of surprises and a few tears.		
7.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	



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Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
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	Task	Who's Responsible	Due Date
	Send minutes	Kandie	Within 10 days

8.	<p><u>Meeting Evaluation:</u></p> <p>What went well? good discussions, great connections, laid back meeting.</p> <p>How can we improve our meetings? Making certain people show up</p>
9.	<p><u>Meeting Wrap Up:</u></p> <p>Next Meeting will be on: February 25, 2025 in person at Bangor Public Library AND via ZOOM</p>