



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

April 22, 2025

In person at Bangor Public Library and
 via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>
 To join by phone only (no computer needed) Dial: 1-929- 205-6099
 Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

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<p>1.</p> <p>Brian</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u></p> <p><u>Attendance/Ice breaker:</u></p> <p><u>Staff:</u></p> <p><u>Guest:</u></p> <p><u>Establish Quorum:</u></p> <p>Y___ N___ <u>Meeting called to order at:</u></p>
<p>2.</p> <p>Brian/Jason</p>	<p><u>Forum Topic:</u> Housing and unhoused communities (DEEP DIVE)</p> <p>(Please pick 3 for us to write Issue Statements on. If you guys like the one, I added in the minutes of last mo. I plan to write it. Jason could you please write one ? I will gladly help someone else do one. Thanks, Kandie</p>
<p>3.</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p><i>A) Review and adopt the current meeting's agenda.</i></p>



<p>Renee</p>	<ul style="list-style-type: none"> • <i>Motion to adopt made by:</i> • <i>2nd by:</i> • <i>Discussion:</i> • <i>Y___ N___ A___</i> <p>B) Review and adopt meeting minutes from <i>March 25,2024</i></p> <ul style="list-style-type: none"> • <i>Motion to adopt made by:</i> • <i>2nd by:</i> • <i>Discussion:</i> • <i>Y___ N___ A___</i>
<p>4. Brian</p>	<p><u>New Business:</u></p>
<p>5.</p> <hr/> <p>Laurie (please read the SCC report and add anything else you want that happened at that meeting)</p> <p>Jason</p> <p>Sarah</p>	<p><u>CCSM Reports:</u> <i>(No Vote)</i></p> <p>A) SCC Report this month:</p> <ul style="list-style-type: none"> *Congratulations go out to Jason G. for being elected as a Reg 3 At-large Representative. * A reminder was given for everyone to get forms filled out and sent to Vickie Hebert. This is very IMPORTANT. *Board Retreat May 22nd at Pine Tree Camp. <p>B) Issues Subcommittee Report:</p>



Sarah	<p>C) Legislative Subcommittee Report: Kandie testified in person on LD1416 with Sheriff Morton. There was a great conversation by all who testified in person out in the hall afterwards that led to a meeting being scheduled for a few days later.</p> <p>D) Office Update:</p>		
6. All	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion</i></p> <p><i>*Spontaneous -impulsive, spur of the moment</i></p> <p>Where did you do CCSM outreach?</p>		
7. Brian	<p><u>Discuss Current Local Issues Statement Work:</u></p>		
8. All	<p><u>Follow Up Business:</u></p>		
9. Brian	<p><u>Future Agenda Items:</u></p>		
All	<p><u>Community Updates and Announcement:</u></p> <p>*Peer Day at the Hall of Flags April 24th</p> <p>* Hope Confrence May 14th</p> <p>*Board Retreat May 22nd</p>		
10.	Assigned Tasks:	<u>Who?</u>	<u>When?</u>



<i>Pre-read all meeting materials and attend next month's LC Meeting</i>	<i>All</i>	<i>Monthly</i>
<i>Prepare Agenda and submit it to Outreach Coordinator</i> <hr/> <i>Minutes, work with chair on minutes, then send to Outreach Coordinator</i> <hr/> <i>Send out meeting documents to all Local Councilor Members</i>	Kandie <hr/> Renee <hr/> Sarah	<i>Monthly</i> <i>10 days after meeting</i> <hr/> <i>At least 15 days prior to the next meeting.</i>
11. Laurie <hr/> 12. Brian	<p><u>Evaluation, Recap:</u></p> <p>What went well?</p> <p>How can we improve our meetings?</p> <hr/> <p>Meeting Wrap Up: Next meeting: May 27,2025</p>	



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A Voice for Consumers of Mental Health Services

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Local Council Business Minutes From

Date: April 22, 2025

Meeting Held via Zoom Video Conferencing

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1. **Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines**

Check In & Ice Breaker

Attendees: Renee, Brian, Laurie **Excused:** Kandie

Via Zoom: Jason

Chair: Brian **Secretary:** Renee **Staff:** Sarah

Guests Speaker:

Quorum Established? **Yes** **No**

Meeting called to order: 5:00 pm



2.	<p>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</p> <p>A) Reviewed and adopted current meeting agenda.</p> <p><i>Motion was made by Jason to adopt this Meeting's Agenda. It was seconded by Brian. Was there any discussion? (No) The Motion (Carried) with 3 in favor of, 0 opposed to, and 1 abstention.</i></p> <p>B) Review and adopt March 25, 2025, meeting minutes.</p> <p><i>Motion was made by Jason to adopt the minutes. It was seconded by Brian. Was there any discussion? No</i></p> <p><i>The Motion (Carried) with 3 in favor of, 0 opposed to, and 1 abstentions.</i></p>
3.	<p><u>New Business:</u></p> <p>Jason was voted in a reg 3 rep position</p> <p>Hall of flags April 24th</p> <p>LD 1377 Vehicle Towing and LD 831 Abandoning Car Vehicles April 23rd</p>
4.	<p>A) CCSM Reports: Congratulations to Jason G. for being elected as a Reg 3 At-Large Representative</p> <ul style="list-style-type: none">• A reminder was given for everyone to get forms filled out and sent to Vickie Hebert. This is Very Important.• Board Retreat May 22nd at Pine Tree Camp



- Talked about advanced Directive
- Together place Peer Run Recovery Closing.

B) Issues Committee Report: Jason read the Final Draft for Bad Credit Affecting Ability to Thrive

C) Legislative Report: Kandie Testified in person on LD 1416 with Sheriff Morton. There was a great conversation by all who testified in person out in the hall afterwards that led to a meeting being scheduled for a few days later.

D) Office Update: Vickie McCarty will be retiring in June. Podcast was launched April 1st it's a 2-parter. Next one is June 3rd Topic is mental health and the pride community. A new CCSM blog was launched in April called "Hopeful Horizons" via Brittney

5. **Forum Topic: Housing/Unhoused Communities:**

- When housing is uncertain, this can trigger negative mental health impacts. Laurie shared she has experienced this
- Risk/fear of no support or having children taken away due to loss of affordable housing
- Everything associated with living costs has gone up significantly for all Mainers, putting more pressure on lower income families/individuals
- Often when new regulations are introduced the impact the housing process and landlord expenses has can create more barriers
- Grassroot efforts will be key to amplifying voices going forward on these issues
- Additional funds for housing support are helpful but it does not help with the larger housing systemic issue that makes costs too high



	<ul style="list-style-type: none"> *Psychological terrorism created by both state and federal government politicians using us and others as fodder for political gain. 																					
6.	<p>Community Updates and Announcements:</p> <p>Peer Day at Hall of Flags April 24th</p> <p>HOPE Conference May 14th</p> <p>Board Retreat May 22nd</p>																					
7.	<p style="text-align: center;"><u>Meeting Recap & Task List</u></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;"><u>Who?</u></th> <th style="width: 20%; text-align: center;"><u>When?</u></th> </tr> </thead> <tbody> <tr> <td>Pre-read all meeting materials</td> <td style="text-align: center;">All</td> <td style="text-align: center;">Monthly</td> </tr> <tr> <td>Attend next Local Council Meeting</td> <td style="text-align: center;">All</td> <td style="text-align: center;">Monthly</td> </tr> <tr> <td>Prepare Agenda and submit to Outreach Coordinator</td> <td style="text-align: center;">Chair</td> <td></td> </tr> <tr> <td>Prepare Minutes and submit to Outreach Coordinator</td> <td style="text-align: center;">Secretary</td> <td></td> </tr> <tr> <td>Send Minutes to Outreach Coordinator</td> <td style="text-align: center;">Chair</td> <td style="text-align: center;">Within 10 days</td> </tr> <tr> <td>Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.</td> <td style="text-align: center;">Outreach Coordinator</td> <td></td> </tr> </tbody> </table>		<u>Who?</u>	<u>When?</u>	Pre-read all meeting materials	All	Monthly	Attend next Local Council Meeting	All	Monthly	Prepare Agenda and submit to Outreach Coordinator	Chair		Prepare Minutes and submit to Outreach Coordinator	Secretary		Send Minutes to Outreach Coordinator	Chair	Within 10 days	Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
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8.	<u>Meeting Evaluation:</u>
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	<p>What went well? Good Laurie shared her story, we made quorum, stayed focused and on topic</p> <p>How can we improve our meetings? Encouraging more participation from community peers</p>
9.	<p style="text-align: center;"><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u> May 27th, 2025 in person at Bangor Public Library AND via ZOOM</p>