



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda October 24,2023

1. Kandie	<u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping Attendance/ breaker:</u> <u>Staff:</u> <u>Guest:</u> <u>Establish Quorum: Y N</u>
2. Brian	<u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote) A) <i>Review and adopt the current meeting's agenda.</i> <ul style="list-style-type: none">• <i>Motion to adopt made by:</i>• <i>2nd by:</i>• <i>Discussion:</i>• <i>Y____ N____ A_____</i> B) <i>Review and adopt meeting minutes from September 26,2023</i> <i>* Motion to adopt made by:</i>



	<p>* 2nd by:</p> <p>* Discussion:</p> <p>* Y___ N___ A___</p>
3. Kandie	<p><u>New Business</u></p> <p>Election for open Rep position, local chair, and secretary (Applications must have been turned in 7 or more days prior).</p> <p>If no applications are received for Chair position a vote of confidence will be taken to sustain the current chair until which time a new chair is voted in.</p> <p>*Agenda will be amended as needed if a guest speaker is able to attend.</p>
4 Kandie Brian Kandie	<p><u>CCSM Reports:</u> (No Vote)</p> <p>A) SCC Report this month. (No report this month. Board meeting was cancelled due to Region 2 meeting)</p> <p>B) Issues Subcommittee-Report</p> <p>C) Legislative Subcommittee -Report</p>



Brittany	D) Office Update:
5. All	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion)</i></p> <p><i>*Spontaneous -impulsive, spur of the moment)</i></p> <p>Where did you do CCSM outreach?</p> <p>Agencies?</p> <p>Individuals?</p>
6. Kandie	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Grievance process at jail.</p> <p><i>Brainstorming:</i></p> <p><i>*Easy for everyone to understand, those incarcerated and those involved with process*Clear steps follow</i></p> <p><i>*Accessibility*Meeting people where they are at</i></p> <p><i>*Having an example page for the grievance process</i></p> <p><i>*Simplistic, matter of fact, short and to the point</i></p> <p><i>*Knowing what your next steps are after the process is began</i></p> <p><i>*They need to know there is confidentiality and the document is secure</i></p> <p><i>*Possibly an app for ability to do it verbally on app</i></p>



	<p><i>*How do we make the process legit</i></p> <p><i>*Time frame to hear response</i></p> <p><i>*Get assistance from someone via ZOOM</i></p> <p><i>*Maybe handle grievance outside of jail (centrally handled)</i></p> <p><i>*Multi language</i></p> <p><i>*Make an Icon for the Grievance App</i></p> <p>B) Discuss next issue statement: <i>Current suggestions are: *The Rights of Recipients at pr offices being signed without seeing what is being signed.</i></p> <p><i>* Around ACE's being learned while in the judicial system and being addressed.</i></p> <p><i>* Decide on creating an Issue statement on kids being taken by state</i></p> <p>(Concerns the state is using faulty mental health info to take kids away from parents) What direction would take.</p> <p><i>*Emergency housing for people being evicted due to mental health issues.</i></p>
<p>7.</p> <p>All</p>	<p><u>Follow Up Business:</u></p> <p>Regionals</p>
<p>8.</p> <p>Brian</p> <hr/>	<p><u>Future Agenda Items:</u></p>
<p>9.</p> <p>All</p>	<p><u>Community Updates and Announcement:</u></p> <p>*****ATTENTION: There will be no Bangor Local meeting in November. *****</p> <hr/>



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

10. Assigned Tasks:	<u>Who?</u>	<u>When?</u>
<i>Pre-read all meeting materials and attend next month's LC Meeting</i>	<i>All</i>	<i>Monthly</i>
<i>Prepare Agenda and submit to Outreach Coordinator</i>	Kandie	<i>Monthly</i>
<hr/> <i>Minutes and send to Outreach Coordinator</i>	<hr/> Kandie	<hr/> <i>10 days after meeting</i>
<hr/> <i>Send out meeting documents to all Local Councilor Members</i>	<hr/> Brittney and Vickie H	<hr/> <i>At least 15 days to the next meeting</i>
11. Brian	<u>Evaluation, Recap:</u>	
12. Kandie	What went well? How can we improve our meetings? <hr/> Meeting Wrap Up: Next meeting: December 26,2023	

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

<p>Local Council Business Minutes From Date: October 24,2023 In person at Bangor Public Library and via Zoom Video Conferencing <u>Zoom Information</u> To join by video, click link: https://us02web.zoom.us/j/8938611710 To join by phone only (no computer needed) Dial: 1-929- 205-6099 Enter Webinar / Meeting ID# when prompted: ID #893 861 1710</p>	
1.	<p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines Check In & Ice Breaker Attendees: Kandie, Brian, Renee, Kevin, John, Krystal(arrived after voting) ZOOM: Jason Goodrich Excused: Chair: Kandie Secretary: Open position Staff: Brittany Elected Reg 3 Reps: Kandie, Brian, John Guests Speaker: Quorum Established? <u> X </u> Yes <u> </u> No Meeting called to order: <u> 5:08pm </u></p>
2.	<p>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: A) Reviewed and adopted current meeting agenda. <i>*Motion was made to adopt by: <u> Renee </u>.</i> <i>*2nd by: <u> John </u>.</i> <i>*Discussion:</i> <i>* <u> Y 5 </u> <u> N </u> - <u> A 1 </u></i></p> <p>B) Review and adopt Minutes from September 26,2023 meeting. <i>*Motion was made to adopt by: <u> John </u>.</i> <i>*2nd by: <u> Renee </u>.</i> <i>*Discussion: None</i> <i>* <u> Y 2 </u> <u> N </u> <u> 0 </u> <u> A 4 </u></i></p>
3.	<p>New Business:</p>

	<p>A) Election for Representative. John Hiatt was the only person to apply to run. John spoke about his prior time on the board as well as other elected positions and involvements. Questions were asked and answered. Members were given a ballot with the option to choose John or to vote no choice. John was elected.</p> <p>No applications were put forward to run for chair. A vote of confidence was done by show of hands for Kandie to remain in the position for the time being.</p> <p>B) Discussed Maine Ballot Question #8 to align the Maine Constitution with the law regarding the right to vote for individuals with mental illness under guardianship.</p>
<p>4. Kandie Brian Kandie</p>	<p>A) CCSM Reports: No report since it was a work session. Kandie took the opportunity to explain the current design of every other SCC being traditional meeting and the other being a work session. As well as the upcoming changes planned for January.</p> <p>B) Issues Committee Report: Brian went over the current issue statements. In review of The Critical Shortage of Stable Housing and Related Services the changes were suggested, under # 2 of recommendations, it is suggested to be clear that class is available but not mandatory. We don't want to be implied that simply because of poverty or mental illness one automatically needs this class. In addition, it was also recommended to include having either the organization or a member of the CCSM to participate in the Continuum of Care meetings.</p> <p>C) Legislative Report: No report</p> <p>D) Office Update: The new person who had been hired had to decline the job, so the search continues for another Outreach person.</p>
<p>5.</p>	<p>Outreach: A) What are you doing to Outreach with others? Brian has been helping do tours at the Club House and has been making certain people see the flyer about the CCSM. He will be making certain they have plenty on hand. Kandie continues to share at all meetings about the CCSM. John and Krystal both agreed to place flyers.</p>
<p>6.</p>	<p>Discuss Current Issues Statement Work:</p>

	Regionals were discussed. Jason brought up an issue on transportation, availability for low income, or disabled, but not for a combination of the two.		
7.	<u>Follow Up Business:</u> <u>Reminder that we are not meeting in November of 2023, we meet again on December 26th.</u>		
8.	<u>Future Agenda Items:</u> <u>We decided that those who are able will bring treats to share when we meet on December 26th.</u>		
9.	<u>Community Updates and Announcements:</u> Hope Conference May 15 th ,2024		
10.	<u>Meeting</u>	<u>Who?</u>	<u>When?</u>
<u>Recap & Task List</u>			
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	ALL	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Kandie	Within 10 days
	Prepare Minutes and submit to Outreach Coordinator	Kandie	Within 10 days
	Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Brittney	Within 10 days
10.	<u>Meeting Evaluation:</u> What went well? Made quorum, had a guest speaker. How can we improve our meetings? More people		
11.	<u>Meeting Wrap Up:</u> <u>Other Notes:</u>		

	Next Meeting will be on: December 26,2023 , in person at Bangor Public Library AND via ZOOM
--	---