



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

219 Capitol Street
Augusta, ME 04330

Phone: 207.430.8300

Fax: 207.430.8301

Toll-Free: 877.207.5073

www.maineccsm.org

Portland Local Council Meeting Agenda

Tuesday, June 6, 2023, 5-7 PM

At the South Portland Community Center AND via Zoom:

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed), dial: 1-929-205-6099

Enter Meeting ID# when prompted: **893 861 1710** No password needed!

Welcome/Ice Breaker/Introductions:

Attendance:

1.

Review Meeting Guidelines:

Establish Quorum:

Review & Adopt Meeting Agenda

A) Review and adopt **current** meeting agenda.

*Motion was made to adopt by: _____. *2nd by: _____.

*Discussion:

* Y____ N____ A____

2.

B) Review and adopt **2/7/2023, 3/7/2023, and 4/5/2023** meeting minutes.

There were no minutes for **5/4/2023** due to low attendance.

*Motion was made to adopt by: _____. *2nd by: _____.

*Discussion:

* Y____ N____ A____

SCC Board of Directors Report – (Karen)

As the highest leadership body of the organization and in acting in the best interest of the CCSM, the board is responsible for: • determining the mission and purposes of the organization • selecting and evaluating the performance of the executive director • strategic and organizational planning • ensuring strong financial management • fundraising and resource development • approving and monitoring CCSM's programs and services, policies & procedures • enhancing CCSM's public image • assessing its own performance as the governing body of the CCSM.

3.

Meets every month, alternating between business meetings and special work group

meetings. The last SCC meeting occurred on May 26, 2023. The next SCC business meeting will be held on June 23, 2023 at the CCSM office and via Zoom.

Report:

Ongoing Business:

A) Outreach Planning

- a. Would the group like to watch the new CCSM video together during this meeting?

<https://youtu.be/OIQSAyVnFRY>

- b. Not one but two upcoming Pride events!

-- Portland Pride tabling on June 17 from 1-5pm.

-- Disability Pride Fest in Mill Park (Augusta) from 11am-3pm.

B) Legislative Subcommittee **meets every 1st Wednesday of the month from 10a-12p.**

Looking for a way to connect with other peers about policy and current legislative activities?

The Legislative Subcommittee ("Leg.") monitors, reviews upcoming bills and public hearings during each legislative season as they pertain to mental health recovery services. In this group, peers write and present testimony, report activities to the SCC on a monthly basis, create action alerts regarding legislation to be sent out to the CCSM membership and solicit feedback from the statewide membership for the creation of written testimony. This subcommittee also assists with legislative trainings to CCSM membership.

- a) Updates on mental health bills in the 131st Legislative session and where they stand.

- b) Rights of Recipients one-page handout and timeline.

C) Issues Development Subcommittee **meets every 2nd Wednesday from 10a-12p.**

This committee is responsible for creating issue statements and will include: conducting any necessary research on any given issue, follow up on each issue statement and managing timelines for responses to each statement. This group reviews and finalizes issue statements from local councils and presents them to the SCC for approval.

- a) Emergency Department Survey

- b) Concept Draft: Parity of Mental Health and SUD Peer Centers **on pause** due to State's Request for Proposals process for mental health recovery centers.

- c) LOCAL issues: **Which systemic mental health service issues have you seen/heard about recently in Southern Maine? (Issues worksheet in packets)**

4.

	<p>D) Updates & Announcements</p> <p><i>In the Community:</i></p> <p>a) Any other news?</p> <p><i>At the Office:</i></p> <p>a) Hope conference report</p> <p>b) July meeting plan (<i>is July 5 from 5-7pm still okay?</i>)</p> <p>a. How does this meeting space feel?</p>		
5.	<p>Future Agenda Items:</p> <p>a)</p>		
	<p>Meeting Reflection</p>		
	<p>1) What went well?</p> <p>2) What could be improved upon?</p>		
	<p>Next meeting date: July 5, 2023, at 5:00 pm.</p>		
	<p>Meeting Recap & Next Steps</p>		
	<p>Task</p>	<p>Who's Responsible</p>	<p>Due Date</p>
	<p>Read all meeting documents and come prepared to the meeting.</p>	<p>All</p>	<p>Every month</p>
	<p>Create Portland Local Council blurb to report back to the SCC</p>	<p>Anne</p>	<p>Monthly</p>



Portland Local Council Meeting Minutes
Tuesday, June 6, 2023, at 5 PM

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

<p>1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines Check In & Ice Breaker Attendees: Anne, Karen, Staff: Ash Hebert Quorum Established? ____ Yes <input checked="" type="checkbox"/> No</p>
<p>2. <u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote) A) Review and adopt current meeting agenda. B) Review and adopt February 7, March 7, and April 4 meeting minutes. <i>No meeting occurred on May 2 due to low attendance.</i> No voting occurred during this meeting due to low quorum.</p>
<p>3. <u>New Business:</u></p>
<p>4. <u>CCSM Meeting and Office Reports:</u> A) Issues Committee Report: Meetings are held on the SECOND Wednesday of every month, 10AM-12PM, via Zoom. Info on two new issue statement concepts about housing support and peer services funding, as well as a first draft of the parity between peer centers.</p>



	<p>B) Legislative Committee Report: Meetings are held on the FIRST Wednesday of each month, 10AM-12PM, via Zoom. Bill updates and announcement: testimony writing group is on pause! The Legislative Subcommittee will continue to meet monthly.</p> <p>C) Office Update: Rock n' Talk project</p> <p>D) SCC Update from Karen and Ash: a few board members and staff met on May 26 to paint rocks and write positive messages on them. Simonne and Ash contacting the State about creating a rock garden – and this will be an outreach idea for the Portland area as well. More updates to come – please contact Ash with any questions.</p>
5.	<p><u>Outreach:</u></p> <p>A) Anne will reach out to Preble St staff about joining upcoming meeting or sharing information about housing. Ash will contact community organizations and housing providers for input and/or invite them to next month's meeting.</p> <p>B) Ideas from the group: contacting Portland Recovery Community Center</p>
6.	<p><u>Follow Up Business:</u></p> <p>A. In-person meeting location: Members expressed that the evening time generally works, especially while it is summer, and nightfall arrives later; Ash will bring a Wi-Fi-booster in the future.</p>
7.	<p><u>Future Agenda Items:</u></p> <p>A) Housing supports and mental health recovery</p>
9.	<p><u>Community Updates and Announcements:</u></p> <p>A) We quickly reviewed upcoming community projects, including:</p>



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	Portland Pride on Saturday, June 17, from 1-5p in Deering Oaks Park Disability Rights Maine Disability Pride on Friday, July 21, from 11a-3p in Mill Park (Augusta)		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Reach out to housing providers	Anne and Ash	Monthly
11.	<u>Meeting Evaluation:</u>		
12.	<u>Meeting Wrap Up:</u> <u>Next Meeting will be on: July 5, 2023, from 5-7 PM via ZOOM and at the South Portland Community Center.</u>		