



**Mission Statement:** The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

**Lewiston Local Council Agenda**  
**June 15, 2023 @ 5:00 pm to 7:00 pm**  
**Meeting Held via Zoom Video Conferencing**

**Zoom Information**

**To join by video, click link: <https://us02web.zoom.us/j/8938611710>**

**To join by phone only (no computer needed) Dial: 1-929- 205-6099**

**Enter Webinar / Meeting ID# when prompted: ID #893 861 1710**

<p><b>1.</b> (5 mins)</p>	<p><b><u>Welcome, Introductions, Attendance &amp; Review Zoom Meeting</u></b> <b><u>Guidelines</u></b> <b>A) Check In &amp; Ice Breaker</b> <b><u>Attendees:</u></b> <b><u>Staff:</u></b> <b><u>Guests:</u></b> <b><u>Quorum Established?</u></b> _____ Yes _____ No _____ _____ called the meeting to order at _____. _____ chaired the meeting and _____ took the minutes.</p>
<p><b>2.</b> (10 mins)</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b> (Vote) <b>A) Review and adopt current meeting agenda.</b> → <i>Motion was made by _____ to adopt this Meeting's Agenda. It was seconded by _____. Was there any</i></p>



	<p><i>discussion? (No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</i></p> <p><b>B)</b> Review and adopt 4/19/2023 minutes. (Attached to this meeting packet). Note: there were no minutes from 5/18/2023 due to low attendance. → Motion was made by _____ to adopt the meeting minutes from _____. It was seconded by _____. Was there any discussion? (Yes or No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</p>
<p><b>3.</b> (10 mins)</p>	<p><b>CCSM Reports:</b> (No Vote) <b>Update from the CCSM Office</b> <b>A)</b> The CCSM video is now ready to share on the CCSM website and YouTube channel: <a href="https://youtu.be/OIQSAyVnFRY">https://youtu.be/OIQSAyVnFRY</a> <b>B)</b> Staff updates – new Wi-Fi booster for the Lewiston Rec Center!</p>
<p>(10 mins)</p>	<p><b>Issues Subcommittee Meeting Update</b> <b>A)</b> The Issues Subcommittee Meeting meets on the 2nd Wednesday of every month @ 10:00 am via Zoom. Next meeting: 6/14/2023. <b>B)</b> RFPs <b>C)</b> Emergency Department survey</p>
<p>(10-20 mins)</p>	<p><b>Legislative Subcommittee Meeting Update</b> <b>A)</b> The Legislative Subcommittee Meeting meets on the 1st Wednesday of every month @ 10:00 am via Zoom. Next meeting: 7/5/2023. <b>B)</b> Updates on mental health bills during this legislative session!</p>
	<p><b>SCC Board Meeting Report</b></p>



(10-15 mins)	A) SCC Meeting is the 4th Friday of every other month @ 10:00 am. The next SCC meeting will occur at the CCSM main office and via Zoom on June 24, 2023.
4.	<b><u>5 Minute break</u></b>
5. (15-20 mins)	<b><u>Outreach:</u></b> A) Outreach updates: Women's Wisdom B) Maine Health Affiliates presentation went well! C) Where should we visit next? <b>What are YOU doing to Outreach to others?</b>
6. (10-15 mins)	<b><u>Discuss Current Issues Statement Work:</u></b> A) Local Issue Statement development: transportation/homelessness The Issue:  Recommendations:  Expected Outcomes:
7. (5-10 mins)	<b><u>Follow Up Business:</u></b>
8. (5-10 mins)	<b><u>New Business:</u></b>



<b>9.</b> (3-5 mins)	<b><u>Future Agenda Items:</u></b>		
<b>10.</b> (5 mins)	<b><u>Community Updates and Announcements:</u></b> <b>A) July 21, 2023: Disability Pride Event with Disability Rights Maine</b>		
<b>11.</b>	<b><u>Meeting Recap &amp; Task List</u></b>	<b><u>Who?</u></b>	<b><u>When?</u></b>
	Pre-read all meeting materials	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
<b>12.</b> (5 mins)	<b><u>Meeting Evaluation:</u></b> What went well? How can we improve our meetings? <b>Should we continue evening meetings?</b>		
<b>13.</b>	<b><u>Next Meeting will be on:</u></b> <b>IN PERSON: June 21, 2023, from 10am-12pm</b> at the Lewiston Recreation Center and via Zoom.		



**Lewiston Local Council Minutes** from **June 21, 2023**  
**Held at the Lewiston Recreation Center and via Zoom**

**1. Welcome, Introductions, Attendance & Review Zoom**

**Meeting Guidelines**

**Check In & Ice Breaker**

**Attendees: Ken, Doug, Vickie, Josie, Grace**

**Staff: Ash**

**Guests: N/A**

**Quorum Established?  X  Yes  No**

Vickie chaired the meeting and Ash took the minutes.

**2. Review & Adopt Meeting Agenda and Previous Meeting's**

**Minutes:**

**A)** Review and adopt current **(6/21/23)** meeting agenda.

→ Doug motioned to accept the June meeting agenda with amendments to New Business: Cookout/Barbeque at Ken's house; Josie seconded. No discussion. The motion was carried with 4 in favor, 0 opposed, and 1 abstention.

**B)** Review and adopt **4/19/2023** meeting minutes.

→ Josie motioned to adopt meeting minutes from 4/19 and Doug seconded. Discussion: Ken motioned to amend the minutes to reflect his suggestion for staff to send physical



letters to hospital administrators. The motion as amended was carried with 4 in favor, 0 opposed, and 1 abstention.

**3. CCSM Reports: (No Vote)**

**Update from the CCSM Office:** The office is holding interviews for the part-time, hybrid Outreach Coordinator role. The first round is scheduled for June 26.

**Issues Subcommittee Meeting Update**

The Issues Subcommittee meets every **second** Wednesday of the month, from 10a-12p via Zoom. Submit stories and feedback to [vmccarty@maineccsm.org](mailto:vmccarty@maineccsm.org).

**A. In packets:**

- a. RFPs = Requests for Proposals. Discussion: contracts for peer centers statewide will be extended for a year, then organizations must complete a new application for a five-year contract. Ken motioned for Vickie to forward the Lewiston Local's suggestion for the Statewide Consumer Council (Board) to ask MAPSRC to become a 501(c)3. Discussion: MAPSRC could help peer centers with grants and to be the overseeing agency of peer centers. The motion was carried with 4 in favor, 0 opposed, and 1 abstention. This conversation looped in well with two



issue statements in packets about peer centers. Please check them out!

- B. Hospital Surveys:** Ash reported that new information has come to light from the Office of Behavioral Health about the crisis intake process, which is what the issue statement sought to address. OBH shared that a pilot program with Emergency Medical Technicians (EMTs) will be trained to medically clear people for crisis services. Therefore, the issues subcommittee decided to pause this issue statement for now.

### **Legislative Subcommittee Meeting Update**

The Legislative Subcommittee meets *every first Wednesday of the month*, 10a-12p via Zoom.

### **SCC Board Meeting Report**

The SCC meets *on the fourth Friday of every other month*, from 10a-2p via Zoom and at the CCSM main office and via Zoom. There was an error: the next meeting will be held on June 23.

#### **4. Outreach:**

- A)** Maine Health Affiliates presentation had no follow-up and peers report that they are not always inclusive. Should we stick to presenting with Looking Ahead, Wisdom's Women, etc. for now?



<b>5.</b>	<b><u>Discuss Current Issues Statement Work: Tabled.</u></b>
<b>6.</b>	<b><u>New Business:</u></b> <ul style="list-style-type: none"><li>■ <i>Cookout at Ken's – tabled.</i></li><li>■ Ken is running for an SCC seat!! Stay tuned for a brief election during the next Lewiston Local meeting!</li><li>■ Vickie and Ash will visit Wisdom's Women next month.</li><li>■ Rock garden plans! Location ideas: parks, peer recovery centers, Looking Ahead Clubhouse...</li></ul>
<b>7.</b>	<b><u>Future Agenda Items:</u></b> <p><b>A)</b> Event planning for Recovery Month in September. Doug suggested obtaining a permit for an event in Kennedy Park on a Saturday – maybe September 16 or 23? Ash will check in with Simonne about this. Co-sponsor ideas: R.E.S.T Center, Church of Safe Injection, St. Mary's, B-Street, Trinity Center...</p>
<b>8.</b>	<b><u>Community Updates and Announcements:</u></b> Disability Pride: July 21, 2023, from 11a-3p at Mill Park in Augusta.
<b>9.</b>	<b><u>Meeting Evaluation:</u></b> <p>Thank you for chairing, Vickie!</p>