Consumer Council System of Maine A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Bangor Local Council Agenda July 26, 2023				
1.	Welcome, Introductions, Review Meeting Guidelines, & Housekeeping			
	Attendance/ ice breaker:			
Kandie	Staff:			
	<u>Guest:</u>			
	Establish Quorum: Y N			
2.	Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)			
Brian	A) Review and adopt current meeting's agenda.			
	Motion to adopt made by: 2 nd by:			
	Discussion:			
	• YA			
	B) Review and adopt meeting minutes from April 25,2023			
	* Motion to adopt made by: 2 nd by:			
	* Discussion:			
	* Y A			
	C) Review and adopt meeting minutes from May 23,2023			
	* Motion to adopt made by: 2 nd by:			
	* Discussion:			
	* Y A			
	D) Review and adopt meeting minutes from June 27,2023			
	* Motion to adopt made by: 2 nd by:			
	* Discussion:			
	* Y A			



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3.	New Business			
Kandie	*Legislative game planning. Do we still want to do this now that we will be doing a new			
	format?			
	Guest speaker: Agenda will be amended as needed if guest speaker can attend.			
4	CCSM Reports: (No Vote)			
Brian	A) SCC Report this month.			
<u> </u>	B) Issues Subcommittee-Report			
Kandie				
	C) Legislative Subcommittee -Report			
Ash	D) Office Update/Discussion on new format			
ASII				
5.	OUTREACH:			
All	*Intentional (Planned meeting/discussion) *Spontaneous (impulsive, spur of the moment)			
	Where did you do CCSM outreach? Agencies? Individuals?			
6.	Discuss Current Issues Statement Work:			
Brian/	A) Vote on creating an Issue statement on kids being taken by state			
Ash/	(Concerns the state is using faulty mental health info to take kids away from parents)			
Kandie	B) Vote on Rape kits to providers not just ER's			
	<i>C)</i> Grievance process at jail.			
	Brainstorming:			
	*Easy for everyone to understand, those incarcerated and those involved with			
	process*Clear steps to follow *Accessibility *Meeting people where they are at			
	*Having an example page for the grievance process *Simplistic, matter of fact, to the			
	point			
	*Knowing what your next steps are after the process begins			
	*They need to know there is confidentiality and the document is secure			



A Voice for Consumers of Mental Health Services

	*Possibly an app for ability to do it verbally *Make an Icon for the Grievance App *How					
	do we make the process legit *Time frame to hear response *Get assistance via					
	ZOOM					
	*Maybe handle grievance outside of jail (centrally handled) *Multi language					
	D) Discuss next issue statement:					
	Current suggestions are: *The Rights of Recipients at providers offices being signed					
	without seeing what is being signed.					
	* Around ACE's being learned while in the judicial system and being addressed.					
7.	Follow Up Business:					
Kandie	Rights of Recipients of Mental Health Services review					
/Brian						
8. Kandie	Future Agenda Items:					
9. All	Community Updates and Announcement:					
10.	Assigned Tasks:	Who?	When?			
Read all me	eeting materials, attend next LC meeting	All	Monthly			
Prepare Ag	enda and submit to Outreach Coordinator	Kandie	Monthly			
Prepare Mir	nutes and send to Outreach Coordinator	Kandie	10 days after meeting.			
Send out m	eeting documents to all LC Members	Ash/staff	10 days before next meeting.			
11.	Evaluation, Recap:					
Ash	What went well?					
1	How can we improve our meetings?					
	How can we improve our meetings?					
12.	How can we improve our meetings?	+ 22 2022				

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Bangor Local Council Meeting Minutes
Date: July 25,2023
Location: the Bangor Public Library and via Zoom Video Conferencing
Welcome, Intros, & Review Zoom Meeting Guidelines
Check In & Ice Breaker
Attendees: Kandie ZOOM: Excused: Brian
Chair: Kandie Secretary: Open position Staff: Vickie
Elected Reg 3 Reps: Kandie
Guests Speaker:
Quorum Established? Yes _x_ No
Meeting called to order:5:00pm
Review & Adopt Agenda and Previous Meeting's Minutes:
A) Reviewed and adopted current meeting agenda.
*Motion was made to adopt by: *2nd by:
*Discussion: YNA
B) Review and adopt Minutes from May 23,2023 meeting.
*Motion was made to adopt by: *2nd by:
*Discussion: YNA
C) Review and adopt Minutes from June 27,2023 meeting.
*Motion was made to adopt by: *2nd by:
*Discussion: YNA
*Due to no quorum all voting was moved to the next meeting.

3.	New Business: Renee has resigned her Rep and Secretary positions but will			
	continue to attend meets as able.			
4.	A) CCSM Reports: Discussed change to local r	neetings voted	in.	
	B) Issues Committee Report: Discussion on c	urrent and pote	ential Issue	
	statements not worked on.			
	C) Legislative Report: General discussion around bills.			
	Next Leg meeting first Wednesday of every month 10-12. Writing classes 1-3			
	every Monday.			
	D) Office Update:			
	Staff worked together to bring recommendations to the Board that reflected the			
	voices her at locals and from the Board of directors.			
5.	Outreach: A) What are you doing to Outreach with others?			
	Discussed video Kandie worked with the Boston Fed on.			
6.	Discuss Current Issues Statement Work:			
	Not discussed.			
7.	Follow Up Business:			
	Not discussed.			
8.	Future Agenda Items:			
	Not discussed.			
9.	Community Updates and Announcements:			
10.	Meeting Recap & Task List	Who?	When?	
Pre-	read all meeting materials	All	Monthly	
Atte	nd next Local Council Meeting	Kandie	Monthly	
Prep	are Agenda and submit to Outreach Coordinator	Kandie		
Prep	are Minutes and submit to Outreach Coordinator	Kandie		

Send	Send all meeting documents to Local Council members at Ash				
least	least 10 days before next meeting				
10.	Meeting Evaluation:				
	What went well?				
	How can we improve our meetings? More people				
11.	Meeting Wrap Up:				
	Next Meeting will be on: August 22,2023, in person at Bangor Public Library				
	AND via ZOOM				