



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

May 23,2023

<p>1. Kandie</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u> <u>Attendance/ ice breaker:</u></p> <p><u>Staff:</u> <u>Guest:</u> <u>Establish Quorum: Y N</u></p>
<p>2. Renee</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</u></p> <p><i>A) Review and adopt current meeting's agenda.</i></p> <ul style="list-style-type: none">• <i>Motion to adopt made by:</i>• <i>2nd by:</i>• <i>Discussion:</i>• <i>Y____ N____ A____</i> <p><i>B) Review and adopt meeting minutes from April 25,2023</i></p> <ul style="list-style-type: none">* <i>Motion to adopt made by:</i>* <i>2nd by:</i>* <i>Discussion:</i>* <i>Y____ N____ A____</i>



<p>3. Kandie</p>	<p><u>New Business</u> Guest speaker: Agenda will be amended as needed if a guest speaker is able to attend.</p>
<p>4 <hr/>Brian Renee Kandie <hr/>Ash</p>	<p><u>CCSM Reports:</u> <i>(No Vote)</i></p> <p>A) <i>SCC Report this month.</i></p> <p>B) <i>Issues Subcommittee-Report</i></p> <p>C) <i>Legislative Subcommittee -Report</i></p> <hr/> <p>D) <i>Office Update</i></p>
<p>5. All</p>	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion)</i></p> <p><i>*Spontaneous -impulsive, spur of the moment)</i></p> <p>Where did you do CCSM outreach?</p> <p>Agencies?</p> <p>Individuals?</p>



<p>6. Kandie</p>	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Grievance process at jail.</p> <p><i>Brainstorming:</i></p> <ul style="list-style-type: none"> <i>*Easy for everyone to understand, those incarcerated and those involved with process*Clear steps to follow</i> <i>*Accessibility*Meeting people where they are at</i> <i>*Having an example page for the grievance process</i> <i>*Simplistic, matter of fact, short and to the point</i> <i>*Knowing what your next steps are after the process is began</i> <i>*They need to know there is confidentiality and the document is secure</i> <i>*Possibly an app for ability to do it verbally on app</i> <i>*How do we make the process legit</i> <i>*Time frame to hear response</i> <i>*Get assistance from someone via ZOOM</i> <i>*Maybe handle grievance outside of jail (centrally handled)</i> <i>*Multi language</i> <i>*Make an Icon for the Grievance App</i> <p>B) Discuss next issue statement: <i>Current suggestions are: *The Rights of Recipients at providers offices being signed without seeing what is being signed.</i></p> <ul style="list-style-type: none"> <i>* Around ACE's being learned while in the judicial system and being addressed.</i>
<p>7. Kandie /Brian</p>	<p><u>Follow Up Business:</u></p> <p>Rights of Recipients of Mental Health Services review</p>
<p>8. Renee</p>	<p><u>Future Agenda Items:</u></p>
<p>9. All</p>	<p><u>Community Updates and Announcement:</u></p> <p>*Hope Conference May 17,2023</p>



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

10. Assigned Tasks:	<u>Who?</u>	<u>When?</u>
<i>Pre-read all meeting materials and attend next month's LC Meeting</i>	<i>All</i>	<i>Monthly</i>
<i>Prepare Agenda and submit to Outreach Coordinator</i>	Kandie	<i>Monthly</i>
<i>Minutes and send to Outreach Coordinator</i>	Renee	<i>10 days after meeting</i>
<i>Send out meeting documents to all Local Councilor Members</i>	Ash/staff	<i>At least 15 days prior to next meeting.</i>
11. Renee	<u>Evaluation, Recap:</u> What went well? How can we improve our meetings?	
12. Kandie	Meeting Wrap Up: Next meeting: June 27, 2023	

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Local Council Business Minutes From

Date: May 23,2023

In person at Bangor Public Library and
via Zoom Video Conferencing

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1.	<p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</p> <p>Check In & Ice Breaker</p> <p>Attendees: Brian, Kandie, Renee, and Flo</p> <p>ZOOM: Flo for a short time due to technical difficulties</p> <p>Chair: Kandie Secretary: Renee Staff: Ash (Brian took on the duty of chairing the meeting)</p> <p>Elected Reg 3 Reps: Kandie, Brian, and Renee</p> <p>Guests Speaker:</p> <p>Quorum Established? ___ Yes <input checked="" type="checkbox"/> No</p> <p>Meeting called to order: __ 5:00pm__</p>
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2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u></p> <ul style="list-style-type: none"> • Reviewed and adopted current meeting agenda. <p><i>*Motion was made to adopt by: _____.</i></p>
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	<p>*2nd by: ____.</p> <p>*Discussion:</p> <p>* Y____ N____ A__</p> <p>B) Review and adopt April 25,2023 meeting minutes)</p> <p>*Motion was made to adopt by: ____.</p> <p>*2nd by: ____.</p> <p>*Discussion:</p> <p>* Y____ N____ A____</p> <p><u>Due to no quorum all voting was moved to the next meeting.</u></p>
3.	New Business: None
4. Renee	<p>A) CCSM Reports: No report given since all who were present were at the SCC</p> <p>B) Issues Committee Report:</p> <p>We talked about where current issue statements stood with responses from the state.</p> <p>C) Legislative Report: Discussed where the bills we have testified on currently are in the process.</p> <p>Next Leg meeting first Wednesday of every month 10-12. Writing classes 1-3 every Monday</p> <p>D) Office Update:</p> <p>Ash let us know how feedback was coming from the Hope Conference</p>
5.	<p><u>Outreach:</u> A) What are you doing to Outreach with others?</p> <p>Kandie shared CCSM info with the Boston Fed WCC gathering in two separate breakouts as well as during an interview.</p> <p>Ash is continuing to schedule outreach opportunities in the</p>

	<p>community and was at the Together Place prior to today's meeting. Brian continues to mention the CCSM at Club House.</p>
6.	<p><u>Discuss Current Issues Statement Work:</u></p> <ul style="list-style-type: none"> • Two issues were brought to our attention, an issue where a woman who was raped wanted to have a kit done at her primary office where she feels safe but was told it has to be done at a hospital. And being informed the state has used old mental health info that was not accurate diagnosis when taking children from parents. We will bring this up again when we can take a vote. • “(Draft) Grievance Process at Jail “ Brainstorming: <ul style="list-style-type: none"> *Easy for everyone to understand, those incarcerated and those involved with process *Clear steps to follow *Accessibility *Meeting people where they are at *Having an example page for the grievance process *Simplistic, matter of fact, short and to the point *<i>Knowing what your next steps are after the process is filed</i> *<i>They need to know there is confidentiality and the document is secure</i> *<i>Possibly and app for ability to do it verbally on app</i> *<i>How do we make the process legit</i> *<i>Time frame to hear response</i> *<i>Get assistance from someone via ZOOM</i> *<i>Maybe handle grievance outside of jail (centrally handled)</i>

**Multi language*

** Make an icon for the grievance app.*

Possible new Issue Statement ideas: ACE's being required to be asked about and addressed during incarceration.

Signing Rights of Recipients at providers offices and not seeing what we are signing.

Reminded people the Issues Committee is open to everyone.

7. **Follow Up Business:**
Rights of Recipients review

8. **Future Agenda Items:**
Review Rights of Recipients for Mental Health Services for updates.

In July we will start working on the idea of creating a Leg game to host in Bangor to help educate around the process.

9. **Community Updates and Announcements:**

10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Send all meeting docs to LC members at least 10 days before next meeting per Governance Guidelines.	Ash	Monthly

	Task	Who's Responsible	Due Date
	Send minutes	Renee	Within 10 days
	Send Agenda	Renee w/ Kandie	Within 10 days
	Print up Mike's	Ash	Prior to next meeting

	suggestions on the changes for Rights of Recipients		
	Write minutes for this (April)meeting due to absence of secretary	Kandie	Within 10 days
10.	<p><u>Meeting Evaluation:</u></p> <p>What went well? All reps were present.</p> <p>How can we improve our meetings? More people</p>		
11.	<p><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u> June 27,2023, in person at Bangor Public Library AND via ZOOM</p>		