



Portland Local Council Meeting Agenda

Tuesday, April 4, 2023, at 3:30 PM

To join by video, click link: <https://us02web.zoom.us/j/8938611710> To join by phone only (no computer needed), dial: 1-929-205-6099 Enter Meeting ID# when prompted: 893 861 1710 No password needed!

Welcome/Ice Breaker/Introductions:

1.

Attendance:

Review Meeting Guidelines:

Establish Quorum:

Review & Adopt Meeting Agenda

A) Review and adopt current meeting agenda.

**Motion was made to adopt by: ____.*

**2nd by: ____.*

**Discussion:*

2.

* Y___ N___ A___

C) Review and adopt 2/7/2023 and 3/7/2023 meeting minutes.

**Motion was made to adopt by: ____.*

**2nd by: ____.*

**Discussion:*

* Y___ N___ A___

3.

SCC Board of Directors Report – (Karen)

Ongoing Business:

A) Outreach Planning

a. Future peer center visits?

b. Would the group like to watch the new CCSM video together during this meeting?

4.

B) Legislative Committee Report (*meets every 1st Wednesday of the month from 10a-*

12p.)

b) CCSM Bills – LD 540 Peer Respite Bill

Hearing Alert! April 5th at 1pm

c) Leg Writing Group every Monday from 1p-3p via Zoom

C) Issue Statement Updates & Needed Work (*meets every 2nd Wednesday from 10a-12p.*)

a) Second Draft: Trauma-Informed Care Statement

b) Concept Draft: Parity of Mental Health and SUD Peer Centers

D) Updates & Announcements

In the Community:

a) Discounted bus fares in Portland, South Portland, and Old Orchard Beach!

<https://gpmetro.org/DocumentCenter/View/1494/pressheraldcom-Bus-services-halve-fares-to-get-riders-back-on-board?bidId=>

b) Portland groups calling for statewide coordination amid asylum seeker housing crisis:

<https://www.mainepublic.org/politics/2023-03-22/portland-groups-renew-call-for-statewide-coordination-amid-asylum-seeker-housing-crisis>

(Links provided in meeting reminder email as well)

At the Office:

a) Finding a new meeting location

Thoughts from last time: The Opportunity Alliance (TOA) and City Hall; other choices include the Equality Community Center – this space is available during our meeting time and date.

5. Future Agenda Items:

Meeting Reflection

1) What went well?

2) What could be improved upon?

Next meeting date: May 2, 2023, at 3:30 pm.

Meeting Recap & Next Steps

Task

Who's Responsible

Due Date





Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Portland Local Council Meeting Minutes

Tuesday, April 4, 2023, at 3:30 PM

Zoom Information

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Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

Check In & Ice Breaker

Attendees: Anne and Karen

Staff: Ash Hebert

Quorum Established? ___ Yes __X__ No

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Review and adopt current meeting agenda.

B) Review and adopt **February 7** and **March 7** meeting minutes.

Because we did not meet quorum, members reviewed the agenda and minutes together but did not vote before proceeding. The LC will revisit this vote next month.

3. New Business:

Attendance has been low. Maybe the warm weather will inspire peers to join the CCSM.

4. CCSM Meeting and Office Reports:

A) Issues Committee Report:

Meetings are held on the SECOND Wednesday of every month from 10AM-12PM.

a. Second Draft: Trauma-informed Care Issue Statement. Please send feedback and personal stories to Vickie: vmccarty@maineccsm.org.



	<p>b. Concept Draft: Parity of Mental Health Peer Centers and Substance Use Disorder Peer Centers in Maine.</p> <p>c. New issues? Parity of Mental Health and SUD content in partial treatment programs. More research on this is needed. Also, ridicule in the DD community.</p> <p>d. Can Vickie McCarty focus on the Rights of Recipients document during next Issues Subcommittee meeting? Ash will ask.</p> <p>B) Legislative Committee Report:</p> <p>Meetings are held on the 1st Wednesday of each month, from 10AM-12PM via Zoom.</p> <ul style="list-style-type: none">• LD 540 Testimonies. Karen read her testimony to the group. The public hearing was scheduled for April 5th at 1pm. <p>C) Office Update:</p> <p>a. Melissa's farewell party was at the staff office on March 29</p> <p>b. CCSM received three responses from the Director of the Office of Behavioral Health and the State Commissioner: BRAP, DHHS.gov website, and Mobile Crisis Workers issue statements.</p>
<p>5.</p>	<p><u>Outreach:</u></p> <p>A) Next visit with Sanford Peer Center: May 10 from 2-3pm.</p> <p>Building the agenda:</p> <ul style="list-style-type: none">• Show CCSM video.• Rights of Recipients handout and conversation.• Mileage? Ash will check in with staff. <p>B) Still figuring out the Biddeford visit plan, as they are relocating soon. Proposed date: June 21 from 2-3pm.</p>
<p>6.</p>	<p><u>Follow Up Business:</u></p> <p>A. In-person meeting location brainstorm:</p> <p>Portland City Hall is fully booked. The Opportunity Alliance is a mental health provider which may raise a barrier for peers who do not feel comfortable meeting there. Maine</p>



	Medical is also booked. New ideas: East End Community Center, Reiche Center, South Portland Library?		
7.	<u>Future Agenda Items:</u> A. Conversation about in-person meeting location for Portland Local Council.		
9.	<u>Community Updates and Announcements:</u> A) We quickly reviewed upcoming community projects, including: <ul style="list-style-type: none"> a. The Hope Conference, which will be held from 8am-4pm at the Augusta Civic Center on May 17, 2023. b. Preble Street Riverton Center now open c. Discount bus ticket fare program in Portland <ul style="list-style-type: none"> i. Karen shared her work with establishing a reduced bus fare program for medical appointments. B) Anne bought Craig Freshley's book, <i>Together We Decide</i>		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda (review w/chair) and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
11.	<u>Meeting Evaluation:</u> What went well? How can we improve our meetings?		
12.	<u>Meeting Wrap Up:</u> <u>Next Meeting will be on: May 2, 2023, from 3:30pm-5:30pm via ZOOM</u>		