



**Consumer Council System of Maine**  
**A Voice for Consumers of Mental Health Services**

**Mission Statement:** The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

**Lewiston Local Council Agenda**

**April 19, 2023 @ 10:00am to 12:00pm**

**Meeting Held at the Lewiston Rec Center (Room 101)**

**and via Zoom Video Conferencing**

**Zoom Information**

**To join by video, click link: <https://us02web.zoom.us/j/8938611710>**

**To join by phone only (no computer needed) Dial: 1-929- 205-6099**

**Enter Webinar / Meeting ID# when prompted: ID #893 861 1710**

<p><b>1.</b> (5 mins)</p>	<p><b><u>Welcome, Introductions, Attendance &amp; Review Zoom Meeting Guidelines</u></b></p> <p><b>A) Check In &amp; Ice Breaker</b></p> <p><b><u>Attendees:</u></b></p> <p><b><u>Staff:</u></b></p> <p><b><u>Guests:</u></b></p> <p><b><u>Quorum Established?</u></b> _____ Yes _____ No</p> <p>_____ called the meeting to order at _____.</p> <p>_____ chaired the meeting and _____ took the minutes.</p> <p>_____ tracked the time.</p>
<p><b>2.</b> (10 mins)</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b> (Vote)</p> <p><b>A) Review and adopt current meeting agenda.</b></p> <p>→ <i>Motion was made by _____ to adopt this Meeting's Agenda. It was seconded by _____. Was there any discussion? (No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</i></p> <p><b>B) Review and adopt <b>11/16/2022, 12/21/2022, 1/18/2023, 2/15/2023, and 3/15/2023</b> minutes. (All are attached to this meeting packet).</b></p> <p>→ <i>Motion was made by _____ to adopt the meeting minutes from _____. It was seconded by _____. Was there any discussion?</i></p>



	<p>(Yes or No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</p>
<p><b>3.</b> (10 mins)</p>	<p><b>CCSM Reports:</b> (No Vote) <b>Update from the CCSM Office</b></p> <ul style="list-style-type: none"><li><b>A)</b> The CCSM video is now ready to share on the CCSM website and YouTube channel: <a href="https://youtu.be/OIQSAyVnFRY">https://youtu.be/OIQSAyVnFRY</a></li><li><b>B)</b> Staff updates</li></ul> <p><b>Issues Subcommittee Meeting Update</b></p> <ul style="list-style-type: none"><li><b>A)</b> Issues Subcommittee Meeting is the <b>2nd Wednesday</b> of every month @ 10:00 am via Zoom. Next meeting: 5/10/2023.</li><li><b>B)</b> Trauma-Informed Care Issue Statement second draft (Ash will bring final draft to meeting)</li><li><b>C)</b> Parity of mental health and substance use disorder concept (Ash will bring first draft to meeting)</li><li><b>D)</b> Responses from OBH Director and Commissioner: BRAP voucher, DHHS website feedback</li></ul> <p><b>Legislative Subcommittee Meeting Update</b></p> <ul style="list-style-type: none"><li><b>A)</b> Legislative Subcommittee Meeting is the <b>1st Wednesday</b> of every month @ 10:00 am via Zoom. Next meeting: 5/3/2023.<ul style="list-style-type: none"><li>a. Writing Support groups have begun! They will be held every Monday from 1-3pm over Zoom as needed.</li><li>b. Local representative research</li></ul></li></ul>
<p>(10-20 mins)</p>	
<p>(10-15 mins)</p>	<p><b>SCC Board Meeting Report</b></p> <ul style="list-style-type: none"><li><b>A)</b> SCC Meeting is the <b>4th Friday</b> of every other month @ 10:00 am. The next SCC meeting will occur at the CCSM main office and via Zoom on April 28, 2023.</li><li><b>B)</b> SCC Update to be provided on June 21, 2023.</li></ul>
<p><b>4.</b></p>	<p><b><i>5 Minute break</i></b></p>



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<p><b>5.</b> (15-20 mins)</p>	<p><b><u>Outreach:</u></b></p> <p><b>A)</b> Outreach updates:  a. Clubhouse outreach on May 14<sup>th</sup> at 12pm!! We will be meeting and greeting other peers, potentially setting follow-up plans.</p> <p><b>B)</b> Any new outreach ideas?  a. Outreach campaign (social media?)  b.</p> <p><b>What are YOU doing to Outreach to others?</b></p>		
<p><b>6.</b> (10-15 mins)</p>	<p><b><u>Discuss Current Issues Statement Work:</u></b></p> <p><b>A)</b> Local Issue Statement development: transportation/homelessness</p> <p>Notes:</p>		
<p><b>7.</b> (5-10 mins)</p>	<p><b><u>Follow Up Business:</u></b></p> <p><b>A)</b></p>		
<p><b>8.</b> (5-10 mins)</p>	<p><b><u>New Business:</u></b></p> <p><b>A)</b> Local interim Chair position  <b>B)</b> Leadership course for Chairs (Craig Freshley)</p>		
<p><b>9.</b> (3-5 mins)</p>	<p><b><u>Future Agenda Items:</u></b></p> <p><b>A)</b></p>		
<p><b>10.</b> (5 mins)</p>	<p><b><u>Community Updates and Announcements:</u></b></p> <p><b>A)</b> Hope Conference: May 17, 2023, from 8am-4pm at the Augusta Civic Center.  <b>B)</b> July 21, 2023: Disability Pride Event with Disability Rights Maine</p>		
<p><b>11.</b></p>	<p><b><u>Meeting Recap &amp; Task List</u></b></p>	<p><b><u>Who?</u></b></p>	<p><b><u>When?</u></b></p>
<p>Pre-read all meeting materials</p>		<p>All</p>	<p>Monthly</p>



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Attend next Local Council Meeting	All	Monthly
Prepare Agenda and submit to Outreach Coordinator	Chair	
Prepare Minutes and submit to Outreach Coordinator	Secretary	
Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
<b>12.</b> (5 mins)	<b><u>Meeting Evaluation:</u></b> What went well?  How can we improve our meetings?	
<b>13.</b>	<b><u>Next Meeting will be on:</u></b> <b>OVER ZOOM: May 18, 2023, from 5-7pm</b> via Zoom. <b>IN PERSON: June 21, 2023, from 10am-12pm</b> at the Lewiston Recreation Center and via Zoom	



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**Lewiston Local Council Minutes**

**April 19, 2023 @ 10:00 to 12:00**

**Meeting Held at the Lewiston Rec Center (Room 101)  
and via Zoom Video Conferencing**

**Zoom Information**

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**1. Welcome, Introductions, Attendance & Review Zoom Meeting**

**Guidelines**

**A) Check In & Ice Breaker**

**Attendees: Vickie, Josie, Grace, Ken, and Doug**

**Staff: Ash**

**Guests: N/A**

**Quorum Established? \_\_\_X\_\_\_ Yes \_\_\_ No**

Vickie chaired the meeting and Ash took the minutes.

**2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes:**

**A) Review and adopt current (4/19/23) meeting agenda.**

→ **No vote** for the agenda was recorded during this meeting.



**B)** Review and adopt 11/16/2022, 12/21/2022, 1/18/2023, 2/15/2023, and 3/15/2023 meeting minutes. Members voted in the following ways:

→ Ken motioned to accept the **October 2022** meeting minutes; Vickie seconded. 2 in favor, 0 opposed, and 3 abstentions. The motion **carried**.

→ (One participant logged off in between votes) Ken motioned to accept the **December 2022** meeting minutes; Doug seconded. 1 in favor, 0 opposed, 2 abstentions. The motion **carried**.

→ (Another participant logged off in between votes) Ken motioned to accept the **January 2023** minutes; Doug seconded. 1 in favor, 0 opposed, and 2 abstentions. The motion **carried**.

→ Ken motioned to accept the **February 2023** minutes; Doug seconded. 1 in favor, 0 opposed, and 2 abstentions. The motion **carried**.

→ Ken motioned to accept the **March 2023** minutes. Doug seconded. 1 in favor, 0 opposed, and 2 abstentions. The motion **carried**.

**3. CCSM Reports: (No Vote)**

**Update from the CCSM Office:** Melissa's farewell party was bittersweet. It took place on March 29 and many memories were shared aloud.

**Issues Subcommittee Meeting Update**





The Issues Subcommittee meets every **second** Wednesday of the month, from 10a-12p via Zoom. Submit stories and feedback to [vmccarty@maineccsm.org](mailto:vmccarty@maineccsm.org).

**A.** Trauma-Informed Care Issue Statement will be voted on at next SCC.

**B.** Parity of mental health and substance use disorder peer centers in Maine concept draft.

a. No MH peer center is available in Lewiston; however, members raised that with the new RFP, this could change.

**C.** In packets: State responses to the following issue statements:

Bridging Rental Assistance Program (BRAP) voucher, Maine.gov website, mobile crisis workers.

a. BRAP statistics available for informed suggestions online or email Ash.

b. Doug: if anyone needs assistance obtaining a BRAP voucher, a Housing Navigator will be available to assist at the United Universalist Church in Lewiston on Wednesdays from 9am-12pm.

### **Legislative Subcommittee Meeting Update**

The Legislative Subcommittee meets every **first** Wednesday of the month, 10a-12p via Zoom.

The Legislative Writing Group meets every Monday from 1-3p via Zoom.

**A)** CCSM Weekly Bill Tracking Email List – please let staff know if you would like to receive updates about bill statuses, hearings, LD summaries, and more!

**B)** LD540 talking point cards available upon request!

**C)** Board of Visitors LD1626: "An Act to Standardize Requirements Between Boards of Visitors for County Jails and Department of



Corrections Correctional Facilities" attached to meeting packets.  
More details to come!

D) DHHS Rights of Recipients timeline will be discussed more at the next meeting.

### **SCC Board Meeting Report**

The SCC meets *on the fourth Friday of every other month*, from 10a-2p via Zoom and at the CCSM main office and via Zoom!

A) SCC Update to be provided during next meeting on *May 18, 2023*.

#### **4. Outreach:**

A) Outreach with Looking Ahead Clubhouse went well! Vickie, Ken, and Ash joined for lunch, took a tour, and discussed current issues with peers. They shared the meeting flyer which now hangs in the LAC's community bulletin. Brochures were shared and Ash will email Chris about sharing the meeting flyer to LAC's Facebook page.

a. **Follow-up tasks for outreach:** ask about presentation at AM meeting.

B) Maine Health Affiliates presentation on May 10 @ 12PM via ZOOM!  
Ash will forward meeting details to Ken and Vickie.

C) Any new outreach ideas?

a. The Opportunity Alliance – Ash will reach out prior to the next meeting.

#### **5. Discuss Current Issues Statement Work:**

A) Local Issue Statement development: transportation and housing

c. Ken voiced an issue about hospitals and telehealth. Northern Light has a new contract, and St. Mary's services have been





impacted. Telehealth appointments rather than in-person therapy sessions bring up a few concerns: paranoia about recording/technology, loss of Crisis Support Workers, and lack of peer staff (underpaid, demanding work, high turnover)

d. Doug voiced that shelters and homelessness are issues.

Lewiston needs more shelters. There is Hope Haven; however, no case management is allowed, and they are anti-LGBTQ.

Could Disability Rights Maine get involved? Increased arrests based on vagrancy, April 1<sup>st</sup> no camping ordinance is now in effect. Where is the transitional housing? Tedford Housing, AVESTA, Alternative Services Inc., etc.

e. ModivCare and transportation. We already wrote an issue statement, and the State sent a response. Could we collect data on ModivCare from Clubhouses?

**Follow up tasks for Issues:**

1. research transitional housing in Lewiston
2. invite Janice from Catholic Charities (conducts annual Point in Time homelessness count) to join future meeting.
3. Ask staff if Lewiston LC can begin coordinating with Clubhouses to track ModivCare issue/alternative way to revisit this issue.

**6. Follow Up Business:**

**A)** To increase participation and offer additional time flexibility, Lewiston LC will offer Zoom-only meetings on May 18 and June 15 from 5-7PM. The hybrid meeting planned for May 17 will be cancelled due to the Hope Conference occurring at conflicting times.



7.	<b><u>New Business:</u></b> ■ <i>Mileage due to no box – Ash will check in with Vickie H.</i>		
8.	<b><u>Future Agenda Items:</u></b> A) Local issue statement work		
9.	<b><u>Community Updates and Announcements:</u></b> A) Hope Conference: May 17, 2023, from 8am-4pm at the Augusta Civic Center. B) Disability Pride Fest: July 21, 2023, from 11a-3p at Mill Park in Augusta.		
10.	<b><u>Meeting Recap &amp; Task List</u></b>	<b><u>Who?</u></b>	<b><u>When?</u></b>
Pre-read all meeting materials		All	Monthly
Attend next Local Council Meeting		All	Monthly
Prepare Agenda and submit to Outreach Coordinator		Chair	
Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.		Outreach Coordinator	
11	<b><u>Meeting Evaluation:</u></b> . <i>What went well? We stayed on task and the Chair did a wonderful job leading.</i>  <i>How can we improve our meetings? Wi-Fi connection and Zoom troubleshooting.</i>		
12	<b><u>Next Meeting will be on:</u></b> . <b>May 18, 2023, from 5-7pm</b> via Zoom ONLY.  <b>NEXT HYBRID MEETING:</b>		



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June 14, 2023, from 10am-12pm at the Lewiston Rec Center and via Zoom.