



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

April 25, 2023

<p>1. Kandie</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u> <u>Attendance/ ice breaker:</u></p> <p><u>Staff:</u> <u>Guest:</u> <u>Establish Quorum: Y N</u></p>
<p>2. Renee</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</u></p> <p>A) <i>Review and adopt current meeting's agenda.</i></p> <ul style="list-style-type: none">• <i>Motion to adopt made by:</i>• <i>2nd by:</i>• <i>Discussion:</i>• <i>Y____ N____ A____</i> <p>B) <i>Review and adopt meeting minutes from March, 28, 2023</i></p> <ul style="list-style-type: none">* <i>Motion to adopt made by:</i>* <i>2nd by:</i>* <i>Discussion:</i>* <i>Y____ N____ A____</i>



<p>3. Kandie</p>	<p><u>New Business</u> Guest speaker: Agenda will be amended as needed if a guest speaker is able to attend.</p>
<p>4 Renee Brian Kandie Ash</p>	<p><u>CCSM Reports:</u> <i>(No Vote)</i></p> <p>A) <i>SCC Report this month.</i></p> <p>B) <i>Issues Subcommittee-Report</i></p> <p>C) <i>Legislative Subcommittee -Report</i></p> <hr/> <p>D) <i>Office Update</i></p>
<p>5. All</p>	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion)</i></p> <p><i>*Spontaneous -impulsive, spur of the moment)</i></p> <p>Where did you do CCSM outreach?</p> <p>Agencies?</p> <p>Individuals?</p>



<p>6. Kandie</p>	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Grievance process at jail.</p> <p><i>Brainstorming:</i></p> <ul style="list-style-type: none"> <i>*Easy for everyone to understand, those incarcerated and those involved with process*Clear steps to follow</i> <i>*Accessibility*Meeting people where they are at</i> <i>*Having an example page for the grievance process</i> <i>*Simplistic, matter of fact, short and to the point</i> <i>*Knowing what your next steps are after the process is began</i> <i>*They need to know there is confidentiality and the document is secure</i> <i>*Possibly an app for ability to do it verbally on app</i> <i>*How do we make the process legit</i> <i>*Time frame to hear response</i> <i>*Get assistance from someone via ZOOM</i> <i>*Maybe handle grievance outside of jail (centrally handled)</i> <i>*Multi language</i> <i>*Make an Icon for the Grievance App</i> <p>B) Move Admittance to Mental Health Hospitals Away from the Emergency Rooms</p>
<p>7. Kandie /Brian</p>	<p><u>Follow Up Business:</u></p> <p>Rights of Recipients of Mental Health Services review</p>
<p>8. Renee</p>	<p><u>Future Agenda Items:</u></p>
<p>9. All</p>	<p><u>Community Updates and Announcement:</u></p> <p>*Hope Confrence May 17,2023</p>



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

10. Assigned Tasks:	<u>Who?</u>	<u>When?</u>
<i>Pre-read all meeting materials and attend next month's LC Meeting</i>	<i>All</i>	<i>Monthly</i>
<i>Prepare Agenda and submit to Outreach Coordinator</i>	Kandie	<i>Monthly</i>
<i>Minutes and send to Outreach Coordinator</i>	Renee	<i>10 days after meeting</i>
<i>Send out meeting documents to all Local Councilor Members</i>	Ash/staff	<i>At least 15 days prior to next meeting.</i>
11. Renee	<u>Evaluation, Recap:</u> What went well? How can we improve our meetings?	
12. Kandie	Meeting Wrap Up: Next meeting: May 23,2023	

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Local Council Business Minutes From

Date: April 25,2023

In person at Bangor Public Library and
via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

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| 1. | <p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</p> <p>Check In & Ice Breaker</p> <p>Attendees: Brian, Kandie, Kevin, Krystal on ZOOM: Mark, Christina</p> <p>Excused: Renee</p>
<p>Chair: Kandie Secretary: Renee Staff: Ash
(Brian took on the duty of chairing the meeting)</p> <p>Elected Reg 3 Reps: Kandie, Brian, and Renee</p> <p>Guests Speaker:</p> <p>Quorum Established? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> |
|----|--|

	<p>Meeting called to order: __5:02pm__</p>
2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u></p> <ul style="list-style-type: none">• Reviewed and adopted current meeting agenda. <i>*Motion was made to adopt by: <u>Kandie</u> .</i> <i>*2nd by: <u>Kevin</u> .</i> <i>*Discussion:</i> <i>* Y_4_ N_0_ A_1_</i> <p>B) Review and adopt February 28,2023 meeting minutes)</p> <p><i>*Motion was made to adopt by: <u>Kandie</u> .</i></p> <p><i>*2nd by: <u>Brian</u> .</i></p> <p><i>*Discussion:</i></p> <p><i>* Y_3_ N_0_ A_2_</i></p> <p><i>*****Votes don't match attendance due to one individual stepping away, and another joining after meeting started.</i></p>

cards at the Resilience Summit and connected with Krishna, a peer and optometrist in the Portland area, and passed the info on to Ash. And gave out info at the Food and Medicine Leg meeting.

Brian continues to share info at Unlimited Solutions Club House and is monitoring the handouts he left there.

Ash went to the YLAT (Youth Leadership Advisory Team) which is a youth from foster care system. It includes young adults.

6. **Discuss Current Issues Statement Work:**
- **“(Draft) Grievance Process at Jail “**
Brainstorming:
 - *Easy for everyone to understand, those incarcerated and those involved with process
 - *Clear steps to follow
 - *Accessibility
 - *Meeting people where they are at
 - *Having an example page for the grievance process
 - *Simplistic, matter of fact, short and to the point
 - **Knowing what your next steps are after the process is filed*
 - **They need to know there is confidentiality and the document is secure*
 - **Possibly and app for ability to do it verbally on app*
 - **How do we make the process legit*
 - **Time frame to hear response*
 - **Get assistance from someone via ZOOM*

	<p><i>*Maybe handle grievance outside of jail (centrally handled)</i></p> <p><i>*Multi language</i></p> <p><i>* Make an icon for the grievance app.</i></p> <p><i>Possible new Issue Statement ideas: ACE's being required to be asked about and addressed during incarceration.</i></p> <p><i>Signing Rights of Recipients at providers offices and not seeing what we are signing.</i></p> <p><i>Reminded people the Issues Committee is open to everyone.</i></p>
7.	<p><u>Follow Up Business:</u></p> <p>Rights of Recipients review</p>
8.	<p><u>Future Agenda Items:</u></p> <p>Review Rights of Recipients for Mental Health Services for updates.</p> <p>Discussion on possible outreach. We talked about Dexter, Garland and Dover. Including seeing if we could get someone at the Whoopy Pie festival to add our stickers to their bag. Kandie will check to see if Mark Cadrette still participates with Festival. (Since meeting it was found he is no longer residing in Maine)</p> <p>It was also discussed about making cookies and doing a very informal outreach during the summer.</p>

9.	<p><u>Community Updates and Announcements:</u></p> <p>Hope Conference May 17th.</p> <p>Survey around Transportation in the Penobscot and Piscataquis region.</p> <p>Other handouts were available in folder.</p>

10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
Pre-read all meeting materials	All	Monthly	
Attend next Local Council Meeting	Kandie	Monthly	
Prepare Agenda (review w/chair) and submit to Outreach Coordinator	Renee		
Prepare Minutes and submit to Outreach Coordinator	Renee		
Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Ash		

	Task	Who's Responsible	Due Date
	Send minutes	Renee	Within 10 days
	Send Agenda	Renee w/ Kandie	Within 10 days
	Print up Mikes suggestions on the changes for Rights of Recipients	Ash	Prior to next meeting
	Write minutes for this (April)meeting due to	Kandie	Within 10 days

	absence of secretary		
10.	<p><u>Meeting Evaluation:</u></p> <p>What went well? We had quorum and shared our video.</p> <p>How can we improve our meetings? More people</p>		
11.	<p style="text-align: center;"><u>Meeting Wrap Up:</u></p> <p><u>Other Notes:</u></p> <p><u>Next Meeting will be on:</u> May 17,2023, in person at Bangor Public Library AND via ZOOM</p>		