



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Lewiston Local Council Agenda

March 15, 2023 @ 10:00 to 12:00

Meeting Held at the Lewiston Rec Center (Room 101)

and via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

<p>1. (5 mins)</p>	<p><u>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</u></p> <p>A) Check In & Ice Breaker</p> <p><u>Attendees:</u></p> <p><u>Staff:</u></p> <p><u>Guests:</u></p> <p><u>Quorum Established?</u> _____ Yes _____ No</p> <p>_____ called the meeting to order at _____.</p> <p>_____ chaired the meeting and _____ took the minutes.</p> <p>_____ tracked the time.</p>
<p>2. (10 mins)</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p>A) Review and adopt current meeting agenda.</p> <p>→ <i>Motion was made by _____ to adopt this Meeting's Agenda. It was seconded by _____. Was there any discussion? (No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</i></p> <p>B) Review and adopt 11/16/2022, 12/21/2022, 1/18/2023, and 2/15/2023 minutes. (All are attached to this meeting packet).</p> <p>→ <i>Motion was made by _____ to adopt the meeting minutes from _____. It was seconded by _____. Was there any discussion?</i></p>



	<p>(Yes or No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</p>
<p>3. (10 mins)</p>	<p>CCSM Reports: (No Vote) Update from the CCSM Office</p> <ul style="list-style-type: none">A) The CCSM video is now ready to share on the CCSM website and YouTube channel: https://youtu.be/OIQSAyVnFRYB) First every other month work group begins on March 24 from 10a-2p. The March meeting will focus on Legislative issues at the CCSM main office.
<p>(10 mins)</p>	<p>Issues Subcommittee Meeting Update</p> <ul style="list-style-type: none">A) Issues Subcommittee Meeting is the 2nd Wednesday of every month @ 10:00 am via Zoom. Next meeting: 3/8/2023.B) Trauma-Informed Care Issue Statement<ul style="list-style-type: none">a. The Subcommittee will accept feedback until March 8, 2023.
<p>(10-20 mins)</p>	<p>Legislative Subcommittee Meeting Update</p> <ul style="list-style-type: none">A) Legislative Subcommittee Meeting is the 1st Wednesday of every month @ 10:00 am via Zoom. Next meeting: 4/5/2023.<ul style="list-style-type: none">a. Writing Support groups have begun! They will be held every Monday from 1-3pm over Zoom as needed.b. CCSM Bill Summaries and updated LD 540** Peer Respite Bill (**LD correction)c. Printed separate from LC packets: Legislature lists for the 131st Leg Season
<p>(10-15 mins)</p>	<p>SCC Board Meeting Report</p> <ul style="list-style-type: none">A) SCC Meeting is the 4th Friday of every other month @ 10:00 am. The next SCC meeting will occur at the CCSM main office and via Zoom on April 28, 2023.B) SCC Update to be provided on June 21, 2023.
<p>4.</p>	<p><i>5 Minute break</i></p>



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<p>5. (15-20 mins)</p>	<p><u>Outreach:</u></p> <p>A) Outreach updates:</p> <ul style="list-style-type: none">a. Clubhouse outreach in April or May?b. Other outreach news<ul style="list-style-type: none">i. Annual meeting: Lewiston brought the most donations to the Annual Meeting this year! 😊 <p>B) Any new outreach ideas?</p> <ul style="list-style-type: none">a. Outreach campaign (social media?)b. September is Suicide Prevention Month and October is National Disability Employment Awareness Month <p>What are YOU doing to Outreach to others?</p>
<p>6. (10-15 mins)</p>	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Local Issue Statement development: transportation/homelessness</p> <p>Notes:</p>
<p>7. (5-10 mins)</p>	<p><u>Follow Up Business:</u></p> <p>A) College contacts – Darby</p>
<p>8. (5-10 mins)</p>	<p><u>New Business:</u></p> <ul style="list-style-type: none">A) Trauma Reduction Incident TrainingB) Staff contact cards.C) Mental health in commercials
<p>9. (3-5 mins)</p>	<p><u>Future Agenda Items:</u></p> <p>A)</p>



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10. (5 mins)	<u>Community Updates and Announcements:</u> A) Hope Conference: May 17, 2023, from 8am-4pm at the Augusta Civic Center. B) July 21, 2023: Disability Pride Event with Disability Rights Maine		
11.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
12. (5 mins)	<u>Meeting Evaluation:</u> What went well? How can we improve our meetings?		
13.	<u>Meeting Wrap Up:</u> <u>Next Meeting will be on:</u> March 15, 2023, from 10:00 am - 12:00 pm at the Lewiston Rec Center and via Zoom.		



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