

## Consumer Council System of Maine A Voice for Consumers of Mental Health Services

219 Capitol Street Suite 7 Augusta, ME 04330

Phone: 207.430.8300 Fax: 207.430.8301 Toll-Free: 877.207.5073 www.maineccsm.org

| Augusta Local Council Meeting Agenda<br>Wednesday, March 22, 2022 at 5:00 PM         To join by video, click link: https://us02web.zoom.us/j/8938611710         To join by video, click link: https://us02web.zoom.us/j/893861         Welcome, Introductions, Attendance & Review Meeting         Guidelines:         Review Meeting Guidelines:         Establish Quorum:       Yes |                          |   |  |  |  |
|--|--------------------------|---|--|--|--|
| To join by video, click link: https://us02web.zoom.us///8938611710 To join<br>by phone only (no computer needed),dial: 1-929-205-6099 Enter Meeting<br>ID# when prompted: 893 861 1710 No password needed!<br>Welcome, Introductions, Attendance & Review Meeting<br>Guidelines<br>Introductions:<br>1. Ice Breaker Idea:<br>Attendance:<br>Review Meeting Guidelines:<br>Establish Quorum:Yes No<br>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)<br>A) Review & Adopt March Meeting Agenda:<br>Who motioned? Who seconded?<br>Discussion?<br>Vote: In Favor Opposed Abstained<br>B) Review & Adopt Previous Meeting's Minutes from February 22, 2023:<br>Who motioned? Who seconded?<br>Discussion?   |                          | Augusta Local Council Meeting Agenda  |  |  |  |
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| 1.       Introductions:         1.       Ice Breaker Idea:         Attendance:       Attendance:         Review Meeting Guidelines:       Establish Quorum: Yes No         Establish Quorum: Yes No       Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)         A) Review & Adopt March Meeting Agenda:       Who motioned? Who seconded?         Discussion?       Vote: In Favor Opposed Abstained         B) Review & Adopt Previous Meeting's Minutes from February 22, 2023:         Who motioned? Who seconded?         Discussion?         Vote: In Favor Opposed Abstained         B) Review & Adopt Previous Meeting's Minutes from February 22, 2023:         Who motioned? Who seconded?         Discussion?   |                          | Welcome, Introductions, Attendance & Review Meeting                             |  |  |  |
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| Review Meeting Guidelines:         Establish Quorum:       Yes No         Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)         A) Review & Adopt March Meeting Agenda:         Who motioned?       Who seconded?         Discussion?         Vote:       In Favor         Opposed       Abstained         B) Review & Adopt Previous Meeting's Minutes from February 22, 2023:         Who motioned?       Who seconded?         Discussion?       Who seconded?   | 1.                       |   |  |  |  |
| <ul> <li>Establish Quorum:YesNo</li> <li>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</li> <li>A) Review &amp; Adopt March Meeting Agenda:<br/>Who motioned? Who seconded?<br/>Discussion?<br/>Vote: In Favor Opposed Abstained</li> <li>B) Review &amp; Adopt Previous Meeting's Minutes from February 22, 2023:<br/>Who motioned? Who seconded?</li> </ul>   |                          | Attendance:   |  |  |  |
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| <ul> <li>A) Review &amp; Adopt <i>March</i> Meeting Agenda:<br/>Who motioned? Who seconded?<br/>Discussion?<br/>Vote: In Favor Opposed Abstained</li> <li>B) Review &amp; Adopt Previous Meeting's Minutes from <i>February 22, 2023:</i><br/>Who motioned? Who seconded?<br/>Discussion?</li> </ul>   | Establish Quorum: Yes No |   |  |  |  |
| <ul> <li>Who motioned? Who seconded?</li> <li>Discussion?</li> <li>Vote: In Favor Opposed Abstained</li> <li>B) Review &amp; Adopt Previous Meeting's Minutes from February 22, 2023:</li> <li>Who motioned? Who seconded?</li> <li>Discussion?</li> </ul>   |                          | Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)            |  |  |  |
| <pre>Discussion? Vote: In Favor Opposed Abstained B) Review &amp; Adopt Previous Meeting's Minutes from February 22, 2023: Who motioned? Who seconded? Discussion?</pre>   |                          | A) Review & Adopt <i>March</i> Meeting Agenda:                                  |  |  |  |
| <ul> <li>Vote: In Favor Opposed Abstained</li> <li>2. B) Review &amp; Adopt Previous Meeting's Minutes from February 22, 2023:<br/>Who motioned? Who seconded?<br/>Discussion?</li> </ul>  |                          |   |  |  |  |
| <ul> <li><b>B)</b> Review &amp; Adopt Previous Meeting's Minutes from <i>February 22, 2023:</i></li> <li>Who motioned? Who seconded?</li> <li>Discussion?</li> </ul>   |                          |   |  |  |  |
| Kim     Who motioned?       Discussion?  |                          | Vote: In Favor Opposed Abstained  |  |  |  |
| Kim       Who motioned?         Discussion?  | 2.                       | B) Review & Adopt Previous Meeting's Minutes from February 22, 2023:            |  |  |  |
|  |                          | Who motioned? Who seconded?   |  |  |  |
| Vote: In Favor Opposed Abstained   |                          | Discussion?   |  |  |  |
|  |                          | Vote: In Favor Opposed Abstained  |  |  |  |

| New Business |   |  |  |
|--------------|---|--|--|
| 3.           | <br>A.  |  |  |
|              | SCC Board of Directors Report:  |  |  |
|              | SCC Board of Directors Report.<br>SCC Report:   |  |  |
| 4.           |   |  |  |
| Kandie       | Reminder: Augusta LC members can run for an SCC (Board) seat! There are two   |  |  |
|              | spots open for the Augusta Local Council. Once members are interested and   |  |  |
|              | submit applications to the main office or Ash, we can schedule another election.  |  |  |
|              | Ongoing Business:   |  |  |
|              | <ul> <li>A) Movie night planning!</li> <li>a. Slection of media – we can get licenses for movies that relate to CCSM's mission (55 Steps, Healing Voices, any other ideas?)</li> <li>b. Set a few potential dates/times for event – advice from Wendy from City of Augusta. Mondays, Thursdays, and Fridays are better. There are often summer movie nights at the Fort, so the City is open to permitting events after 5pm.</li> </ul> |  |  |
|              | c. Follow-up tasks (assign during meeting):   |  |  |
| 5.<br>Ash    | <ul> <li>A) Meets second Wednesday of every month from 10a-12p via Zoom.</li> <li>B) CCSM Trauma-Informed Care Second Draft</li> <li>C) CCSM Parity of Peer Recovery Centers Concept Draft</li> <li>D) Local issue statement development:</li> </ul>  |  |  |
|              | E) Pedestrian/crosswalk safety update:  |  |  |
|              | Legislative Subcommittee:   |  |  |
|              | A) Meets <mark>first Wednesday of every month from 10am-12pm</mark> via Zoom.   |  |  |
|              | B) Legislative Subcommittee updates<br>a. Hall of Flags event in the news: https://www.wabi.tv/2023/03/02/peer-<br>support-advocate-urge-lawmakers-consider-all-aspects-care-people-<br>struggling/   |  |  |
|              |   |  |  |

|    | <ul> <li>b. Legislative Testimony Writing Support Groups w/ Vickie McCarty EVERY<br/>Monday via Zoom from 1-3pm. Same meeting link as listed at top of<br/>agenda.</li> </ul>  |   |                              |  |
|----|--|---|------------------------------|--|
|    | c. LD 540 Talking Points cards   |   |                              |  |
|    | <ul> <li>d. Legislative Meeting at the CCSM office in Augusta (219 Capitol St, Ste. 7)</li> <li>on March 24, from 10a-2p. The group will be focusing on writing thank</li> <li>you letters to legislators, among other tasks.</li> </ul> |   |                              |  |
|    | e. Leg season is in full swing. Vickie McCarty has been tracking bills relating<br>to mental health and public hearing information. Please reach out to her if   |   |                              |  |
|    | -  | be added to her Weekly Leg                    | isiative Updates email list! |  |
|    | f. State House Tou<br>i. Votes are i   | n: an upcoming Monday at 1                    | 1am? Transportation plan?    |  |
|    | Outreach:  |   |                              |  |
|    | A) Outreach updates from   |   |                              |  |
|    |  | <mark>m - 2pm:</mark> Bridging the Gap o<br>∗ | utreach. Discuss tabling as  |  |
|    | a future outreach even   | L   |                              |  |
|    | Community Updates:   |   |                              |  |
|    | A) Anything the group would like to share?   |   |                              |  |
|    | · · ·  | May 17, 2023 on CCSM webs                     |                              |  |
|    | C) Disability Pride Day  | on July 21, 2023 (DRM flyer                   | )                            |  |
|    | Future Agenda Items:   |   |                              |  |
| 6. | A) Movie planning  |   |                              |  |
|    | В)   |   |                              |  |
|    | Meeting Reflection   |   |                              |  |
|    | 1) What went well?   |   |                              |  |
| 7. | 2) What could be improved upon?  |   |                              |  |
|    | Next meeting date: Wednesday, April 26, at 5pm.  |   |                              |  |
| 8. | Meeting Recap & Next Steps   |   |                              |  |
|    | Task   | Who's Responsible                             | Due Date                     |  |
|    | Read meeting packets and   |   |                              |  |
|    | come to the meeting  | Everyone                                      | Every month                  |  |
|    | prepared.  |   |                              |  |

| Submit April agenda to Ash  | Kim, Carrie | By Friday, April 10 |
|-----------------------------|-------------|---------------------|
| Submit March minutes to Ash | Gail        | By Friday, April 10 |

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|   | Augusta Local Council Meeting Minutes   |  |  |  |
|---|---|--|--|--|
|   | Wednesday, March 22, at 5:00 PM   |  |  |  |
|   |   |  |  |  |
|   | To join by video, click link: <u>https://us02web.zoom.us/j/8938611710</u> To join                 |  |  |  |
|   | by phone only (no computer needed),dial: 1-929-205-6099 Enter Meeting                             |  |  |  |
|   | ID# when prompted: 893 861 1710 No password needed!   |  |  |  |
| Welcome, Introductions, Attendance & Review Meeting |   |  |  |  |
|   | <u>Guidelines</u><br>Introductiona: Kim Emony (chair), Carrie Murray (ca. chair), Cail Diotz Sala |  |  |  |
|   | Introductions: Kim Emery (chair), Carrie Murray (co-chair), Gail Dietz-Sola                       |  |  |  |
|   | (secretary), Kandie Cleaves (Bangor chair; statewide chair), Jonathan Petty,                      |  |  |  |
| 1.  | Ashley Herbert (staff).   |  |  |  |
|   | Ice Breaker Idea: What do you look forward to in the spring?                                      |  |  |  |
|   | Attendance: 4   |  |  |  |
|   | Review Meeting Guidelines: Reading by chair at 5:17pm   |  |  |  |
|   | Establish Quorum: Yes <u>X</u> No   |  |  |  |
|   | Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)                              |  |  |  |
|   | A) Review & Adopt Meeting Agenda: Did not meet quorum so could not.                               |  |  |  |
|   |   |  |  |  |
|   |   |  |  |  |
| •   | B) Review & Adopt Previous Meeting's Minutes from :Could not as did not                           |  |  |  |
|   | ,   |  |  |  |
| <b>V</b> IM   |   |  |  |  |
| 2.<br>Kim   | establish quorum  |  |  |  |

|     | New Business   |  |
|-----|--|--|
| 3.  | A) Color matching sheets to the CCSM State way.  |  |
|     | <b>B)</b> Melissa is retiring after 14 yrs. Open house for goodbye.  |  |
|     | SCC Board of Directors Report:   |  |
|     | SCC Report: Kandie Doing strategic planning that they do every few years, the  |  |
| 4.  | plans; currently 7 new members needed to be elected you have a binder you must   |  |
|     | have with you no sharing, confidentiality paramount.   |  |
|     |  |  |
|     | Ongoing Business:  |  |
|     | A) Ashley Herbert and Gail viewing the movies and will get back to us with<br>summaries of what they saw as well as what might be shown. |  |
|     | Issue Statement Development Subcommittee:  |  |
|     | A) Meets second Wednesday of every month from 10a-12p via Zoom.  |  |
|     | <b>B)</b> Local issue statement is needed to bring it back and put a face to it.   |  |
|     | Pedestrian/crosswalk safety, need to make sure it is a similar issue at other  |  |
|     | parts of state for us to bring this in and that it is around similar places.   |  |
|     | Legislative Subcommittee:  |  |
| 5.  | A) Meets <mark>first Wednesday of every month from 10am-12pm</mark> via Zoom.  |  |
| Ash | B) Legislative Subcommittee updates  |  |
|     | C) LD 540 talking points cards, Legislative reps   |  |
|     | D) Legislative bus tour came into LINC center  |  |
|     | Outreach:  |  |
|     | A) Palm cards  |  |
|     | Community Updates:   |  |
|     | A) Nicole or Cole is alive and healing well and is in a positive mental state atm.   |  |
|     | B) joining the scc it has 2 openings   |  |
|     |  |  |

|    | Future Agenda Items:  |                   |          |  |
|----|---|-------------------|----------|--|
|    | A. Movie Planning Tabled but needs full commitment                                  |                   |          |  |
| 6. | B. 2 Peer Respite be willing to listen and learn and plan to be willing and able to |                   |          |  |
|    | grow.   |                   |          |  |
|    |   |                   |          |  |
|    | Meeting Reflection  |                   |          |  |
|    | 1) What went well?  |                   |          |  |
| 7. |   |                   |          |  |
|    | 2) What could be improved upon?   |                   |          |  |
|    | Next meeting date: Wednesday, April <u>26</u> at 5pm.                               |                   |          |  |
| 8. | Meeting Recap & Next Steps  |                   |          |  |
|    | Task  | Who's Responsible | Due Date |  |
|    |   |                   |          |  |
|    |   |                   |          |  |
|    |   |                   |          |  |
|    |   |                   |          |  |
|    |   |                   |          |  |
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|    |   |                   |          |  |