



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Lewiston Local Council Agenda

February 15, 2023 @ 10:00 to 12:00

Meeting Held at the Lewiston Rec Center (Room 101)

and via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

Attendees:

Staff:

Guests:

Quorum Established? _____ Yes _____ No

_____ called the meeting to order at _____.

_____ chaired the meeting and _____ took the minutes.

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Review and adopt current meeting agenda.

→ *Motion was made by _____ to adopt this Meeting's Agenda. It was seconded by _____. Was there any discussion? (No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.*

B) Review and adopt 11/16/2022, 12/21/2022, and 1/18/2023 meeting minutes.

→ *Motion was made by _____ to adopt the meeting minutes from _____. It was seconded by _____. Was there any discussion?*



(Yes or No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.

3. CCSM Reports: (No Vote)

Update from the CCSM Office

A) CCSM video update

B) **Get ready for Hall of Flags Day!** March 1, 2023, from 8a-12p in the Hall of Flags at the State House in Augusta. We will be joined by other peer groups to discuss our legislative priorities and to share who we are. If you are thinking about meeting and greeting legislators, this is an awesome opportunity. We will be giving out green beads to CCSM members and we are asking the CCSM team to wear green shirts.

Issues Subcommittee Meeting Update

A) Issues Subcommittee Meeting is the **2nd Wednesday** of every month @ 10:00 am via Zoom. Next meeting: 3/8/2023.

B) First and Second Drafts of the Trauma-Informed Care Issue Statement
a. The Subcommittee will accept feedback until March 8, 2023.

Legislative Subcommittee Meeting Update

A) Legislative Subcommittee Meeting is the **1st Wednesday** of every month @ 10:00 am via Zoom. Next meeting: 3/1/2023.

a. Writing Support groups have begun! They will be held every Monday from 1-3pm over Zoom as needed.

b. CCSM Bill Summaries

c. MaineCare and IMD Waiver – Disability Rights Maine handout

d. Printed separate from LC packets: Legislature lists for the 131st Leg Season

SCC Board Meeting Report

A) SCC Meeting is the **4th Friday** of every other month @ 10:00 am. The next SCC meeting will occur on February 24, 2023.

A) SCC Update to be provided during next meeting on March 15, 2023.



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4.	<u>Outreach:</u> A) Outreach updates: a. Clubhouse outreach call on January 30, 2023 via Zoom (rescheduled due to storm on January 23, 2023) b. Other outreach news B) College contacts C) Mental Health Awareness Month events D) Any new outreach ideas? What are YOU doing to Outreach to others?
5.	<u>Discuss Current Issues Statement Work:</u> A) Local Issue Statement development: transportation Notes:
6.	<u>Follow Up Business:</u> A) Local issue statement conversation B) Building Resilience and Trauma Incident Reduction C) College contacts – Bates
7.	<u>New Business:</u> A) Brainstorm Mental Health Challenge – Mental Health Month B) Lewiston Local Council – May meeting. C) Staff contact cards
8.	<u>Future Agenda Items:</u> A) Working with Bates student liaison B) Any other items?



<p>9.</p>	<p><u>Community Updates and Announcements:</u></p> <p>A) Maine People’s Alliance will be hosting a Lobby Day at the Cross Café in the Burton M. Cross Building at 111 Sewall St TOMORROW from 8:30am-12pm. Register on Maine People Alliance’s Event Calendar under “February 16, 2023.”</p> <p>B) Hall of Flags event: March 1, 2023, from 8am to 12pm.</p> <p>C) Hope Conference: May 17, 2023, from 8am-4pm at the Augusta Civic Center.</p> <p>D) CCBHC 2023 Info Sessions Flyer</p>		
<p>10.</p>	<p><u>Meeting Recap & Task List</u></p>	<p><u>Who?</u></p>	<p><u>When?</u></p>
	<p>Pre-read all meeting materials</p>	<p>All</p>	<p>Monthly</p>
	<p>Attend next Local Council Meeting</p>	<p>All</p>	<p>Monthly</p>
	<p>Prepare Agenda and submit to Outreach Coordinator</p>	<p>Chair</p>	
	<p>Prepare Minutes and submit to Outreach Coordinator</p>	<p>Secretary</p>	
	<p>Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.</p>	<p>Outreach Coordinator</p>	
<p>11.</p>	<p><u>Meeting Evaluation:</u></p> <p>What went well?</p> <p>How can we improve our meetings?</p>		
<p>12.</p>	<p><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u></p> <p>March 15, 2023, from 10:00 am - 12:00 pm at the Lewiston Rec Center and via Zoom.</p>		



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Lewiston Local Council Minutes

February 15, 2023 @ 10:00 to 12:00

Meeting Held at the Lewiston Rec Center (Room 101)

and via Zoom Video Conferencing

Zoom Information

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1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

Attendees: Ken, Dot, Vickie, Josie

Staff: Ash

Guests: N/A

Quorum Established? _____ Yes No

Dot called the meeting to order at 10:14am.

Dot chaired the meeting and Ash took the minutes.

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Review and adopt current (2/15/23) meeting agenda.

→ *The meeting agenda was reviewed but not voted on due to lack of quorum.*

There was a question about whether the Lewiston LC is still focusing on homelessness as a local issue.

B) Review and adopt 11/16/2022, 12/21/2022, and 1/18/2023 meeting minutes.



→ *The minutes were reviewed but not voted on due to lack of quorum. Ash will include minutes from all three previous meetings, as well as February minutes, in March's packet for voting.*

3. CCSM Reports: (No Vote)

Update from the CCSM Office

- A)** CCSM video update: almost ready, and it will hopefully be shown at the 2/24/23 SCC meeting.
- B)** **Discussed Hall of Flags Day!** March 1, 2023, from 8a-12p in the Hall of Flags at the State House in Augusta. Other peer groups, discussing CCSM legislative priorities. Staff will provide green beads to CCSM members. We will be wearing green!
 - a. Question from Vickie: mileage reimbursement? Ash will find out and contact Vickie. Potential carpooling plan.
 - b. Check for accommodations.

Issues Subcommittee Meeting Update

- A.** DHHS Maine.gov Final Draft
 - a. Is there a way to get an email response for services? Is there a mobile view for low vision?
- B.** Introduced first and second Drafts of the Trauma-Informed Care Issue Statement
 - a. The Subcommittee will accept feedback until March 8, 2023.
 - b. Comments about increasing trauma-informed care in Maine: strength-based approach is needed in Maine.

Legislative Subcommittee Meeting Update

- A.** Writing Support groups have begun! They will be held every Monday from 1-3pm over Zoom as needed.
- B.** CCSM Bill Summaries
- C.** MaineCare and IMD Waiver – Disability Rights Maine handout
- D.** Members brought up DRM's leg update email list



	<p>SCC Board Meeting Report</p> <p>A) SCC Update to be provided during next meeting on March 15, 2023.</p>
4.	<p><u>Outreach:</u></p> <p>A) Outreach updates:</p> <p>a. Clubhouse outreach call on January 30, 2023 via Zoom (rescheduled due to storm on January 23, 2023) – LC members in attendance expressed interest in planning for lunch event in early spring. Ash will contact Chris at Looking Ahead, will provide report in March.</p> <p>B) Any new outreach ideas?</p>
5.	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Local Issue Statement development: transportation and housing</p> <p>Notes:</p> <p>Resources for homelessness: Maine State Housing Authority - Home (mainehousing.org)</p> <p>Resources for transportation advocacy: Maine Equal Justice: People. Policy. Solutions.</p>
6.	<p><u>Follow Up Business:</u></p> <p>A) Local issue statement conversation</p> <p>B) Bates Student Liaison research</p>
7.	<p><u>New Business:</u></p> <p>A) Brainstorm Mental Health Challenge – Mental Health Month</p> <p>a. Mental Health Month is technically in May (Hope Conference). Perhaps challenge all Local Councils to do something for Disability Awareness Month (October?) or National Suicide Prevention Month (September)</p> <p>Ash: check in with Simonne about planning this.</p> <p>Group: Think about ways the CCSM can connect these awareness months back to our mandate (a peer voice in shaping policy to improve mental health services in Maine)</p> <p>B) Lewiston Local Council – May meeting.</p> <p>a. May 17 meeting will be cancelled. After April 19th, the Lewiston Local Council will meet next on June 21st at 10 am.</p> <p>C) Staff contact cards – Tabled until next meeting.</p>



8.	<u>Future Agenda Items:</u> A) Local issue statement work B) Clubhouse spring lunch event C) Fall event planning – Report from Ash/the office		
9.	<u>Community Updates and Announcements:</u> A) Hall of Flags event: March 1, 2023, from 8am to 12pm. B) Hope Conference: May 17, 2023, from 8am-4pm at the Augusta Civic Center. C) CCBHC 2023 Info Sessions Flyer		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
11.	<u>Meeting Evaluation:</u> What went well? How can we improve our meetings?		
12.	<p style="text-align: center;"><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u> March 15, 2023, from 10:00 am - 12:00 pm at the Lewiston Rec Center and via Zoom.</p>		