



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Lewiston Local Council Agenda

December 21, 2022 @ 10:00 to 12:00

Meeting Held at the Lewiston Rec Center

and via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

<p>1. <u>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</u></p> <p>A) Check In & Ice Breaker B) Holiday Potluck!!</p> <p><u>Attendees:</u> <u>Staff:</u> <u>Guests:</u></p> <p><u>Quorum Established?</u> _____ Yes _____ No</p> <p>_____ called the meeting to order at _____.</p> <p>_____ chaired the meeting and _____ took the minutes.</p>
<p>2. <u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p>A) Review and adopt current meeting agenda. → <i>Motion was made by _____ to adopt this Meeting's Agenda. It was seconded by _____. Was there any discussion? (No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</i></p> <p>B) Review and adopt 11/16/2022 meeting minutes. → <i>Motion was made by _____ to adopt the meeting minutes from _____. It was seconded by _____. Was there any discussion?</i></p>



(Yes or No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.

3. CCSM Reports: (No Vote)

Update from the CCSM Office

- A)** CCSM's Annual Meeting! Save the date: **January 27, 2023 @ 10:00 am to 2:00 pm** at the Augusta Elks Lodge (397 Civic Center Drive, 04330).

Issues Subcommittee Meeting Update

- A)** Issues Subcommittee Meeting is the **2nd Wednesday** of every month @ 10:00 am via Zoom. Next meeting: 1/11/2023.
- B)** BRAP Issues Statement First Draft
- C)** Maine.gov website Concept Draft

Legislative Subcommittee Meeting Update

- A)** Legislative Subcommittee Meeting is the **1st Wednesday** of every month @ 10:00 am via Zoom. Next meeting: 1/4/2023.
- a. Two CCSM bills: Peer Respite and Board of Visitors
 - b. CCSM, IPSAC, and MAPSRC Press Release in Response to News Article (see attached)
 - c. Find Your Legislator Exercise
 - i. List of Elected Maine Senators:
[https://ballotpedia.org/Maine State Senate elections, 2022](https://ballotpedia.org/Maine_State_Senate_elections,_2022)
 - ii. List of Elected Maine House of Representatives:
[https://ballotpedia.org/Maine House of Representatives elections, 2022](https://ballotpedia.org/Maine_House_of_Representatives_elections,_2022)
 - iii. Maine Congressional Delegation
<https://www.mainecahc.org/maines-congressional-delegation/>

SCC Board Meeting Report

- A)** SCC Meeting is the **4th Friday** of every other month @ 10:00 am.



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11.	<p><u>Meeting Evaluation:</u></p> <p>What went well?</p> <p>How can we improve our meetings?</p>
12.	<p style="text-align: center;"><u>Meeting Wrap Up:</u></p> <p>Next Meeting will be on: January 18, 2023, from 10:00 am - 12:00 pm at the Lewiston Rec Center and via Zoom.</p>



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Lewiston Local Council Business Meeting Minutes

December 21, 2022 @ 10:00 am to 12:00 pm

Meeting Held via Zoom link: <https://us02web.zoom.us/j/8938611710>

1.	<p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines:</p> <ul style="list-style-type: none">A. <i>Check in:</i> The meeting was held by zoom due to inclement weatherB. <i>Attendees:</i> Vickie, Dot, Josie, GraceC. <i>Staff:</i> Ashley HebertD. <i>Guests:</i> No guests were in attendance.E. <i>Call to Order:</i> The meeting was called to order at 10:30 am. Dot chaired. Vickie took minutes.F. <i>Quorum:</i> A quorum was not established. <p>Disclaimer: We faced repeated technical difficulties during our December meeting when we attempted to broadcast our Zoom from the Lewiston Rec Center. Since then, Ash has worked with members to find a reasonable meeting room. Lewiston Rec staff offered Room 113 for us to meet in beginning January 2023. This space offers better accessibility, internet access, and has a white board for our use.</p>
2.	<p>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</p> <ul style="list-style-type: none">A. <i>Review and adopt current meeting agenda:</i> There was no quorum, so no vote occurred and will be tabled until January's meeting. B. <i>Review and adopt November 16, 2022 meeting minutes:</i> There was no quorum, so no vote occurred and will be tabled until January's meeting.
3.	<p>Reports and Updates:</p> <ul style="list-style-type: none">A. <i>CCSM Office:</i><ul style="list-style-type: none">1. First draft of new CCSM video is done! We are sending back a few edits but it should be available within the next few months.B. <i>Issues Subcommittee Meeting:</i><ul style="list-style-type: none">1. The next meeting will be held Wednesday, January 11, from 10:00 am to 12:00 pm.2. Maine.gov DHHS website First Draft: feedback due January 9, 2023.C. <i>Legislative Subcommittee Meeting:</i><ul style="list-style-type: none">1. The next meeting is scheduled for Wednesday, January 4, from 10:00 am to 12:00 pm.2. On Wednesday, March 1, 2023, CCSM will host a booth at the Augusta State House Hall of

Flags (210 State Street) from 8:00 am to 12:00 pm.

3. The Issues Committee writing group will be restarting to help with writing testimony. The meetings will be held on Mondays 1:00 pm to 3:00 pm as needed.

D. SCC Board Meeting:

1. The next meeting is scheduled for Friday, **December 23, 2022**, 10:00 am to 2:00 pm.

4. Outreach Discussion:

- A. *Spreadsheet:* Ash shared the outreach spreadsheet with the group. Discussion ensued and contacts were added. Members suggested we reach out to the Lewiston/Auburn Chamber of Commerce, Looking Ahead Clubhouse, and searching for local events during which we may be able to table.

- 5. Discuss Current LC Issues Statement:** Tabled for January meeting.
Bring any new local issues statement ideas to next Council meeting.

6. Ongoing Business:

A. Annual Meeting Items:

1. *About the event:* Ash discussed the 2023 Annual Meeting scheduled on **January 27, 2023**, 10:00 am to 2:00 pm at the Augusta Elks Lodge (397 Civic Center Drive). Tickets will be \$15 for peers and \$25 for non-peers. From 10am-12p, there will be a Facebook Live broadcast for anyone to tune in.
2. *Gratitude Jars:* Jars have been renamed to “Self Esteem in a Jar.” Ash brought affirmations, stickers, basket wrap, and ribbon to this month’s meeting. Dot and Vickie will assemble the jars after this meeting.
2. *Donations wrap-up:* Josie plans to bring fudge and a drawing. Dot will provide remaining donation letters to Ash and Vickie for follow-up.
3. *Other:* Josie needs a ride to the annual meeting. Vickie offered to transport her. Yay!

7. New Business:

1. *New meeting location!* We met in Room 106 at the Lewiston Rec Center this month.

8. Future Agenda Items:

1. SCC Update - Vickie
2. Committee and Office Updates – Vickie and Ash
3. Local issue development brainstorm - all
4. Discuss upcoming events (Hall of Flags, Hope Conference)

- 9. Community Updates and Announcement:** Tabled.

10. Meeting Wrap Up:

- A. *Next Meeting:* **January 18**, from 10:00 am to 12:00 pm.
- B. *Meeting Evaluation:* What went well? How can we improve our meetings?

11. Tasks:

Meeting Tasks

Who's Responsible

Due Date

Pre-read all meeting materials	All	Monthly
Attend next Local Council Meeting	All	Monthly
Prepare Agenda and submit to Outreach Coordinator	Chair	
Prepare Minutes and submit to Outreach Coordinator	Secretary	
Send meeting documents to Local Council members	Outreach Coord.	10 days before next mtg.
<i>Individual Tasks</i>	<i>Who's Responsible</i>	<i>Due Date</i>
Research local representatives.	Everyone	Jan. 18, 2023
Collect/create remaining items for Annual	Everyone	Jan. 18, 2023
Prepare ideas for local issue statement development	Everyone	Jan. 18, 2023
Register for Annual Meeting!	Everyone	Jan. 20, 2023