



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Lewiston Local Council Agenda
November 16, 2022 @ 10:00 to 12:00
Meeting Held at the Lewiston Rec Center
and via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

<p>1. <u>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines</u></p> <p>A) Check In & Ice Breaker</p> <p><u>Attendees:</u></p> <p><u>Staff:</u></p> <p><u>Guests:</u></p> <p>B) Zoom Etiquette</p> <p>C) Establish Quorum</p> <p><u>Quorum Established?</u> _____ Yes _____ No</p> <p>_____ called the meeting to order at _____.</p> <p>_____ chaired the meeting and _____ took the minutes.</p>
<p>2. <u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p>A) Review and adopt current meeting agenda.</p> <p>→ <i>Motion was made by _____ to adopt this Meeting's Agenda. It was seconded by _____. Was there any discussion? (No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.</i></p>



B) Review and adopt 10/19/2022 meeting minutes.

→ Motion was made by _____ to adopt the meeting minutes from _____ . It was seconded by _____. Was there any discussion? (Yes or No) The Motion (Tabled) with _____ in favor of, _____ opposed to, and _____ abstentions.

3. CCSM Reports: (No Vote)

Update from the CCSM Office

A) Video filming complete as of November 15

B) CCSM's Annual Meeting! Save the date: **January 27, 2023 @ 10:00 am to 2:00 pm** at the Augusta Elks Lodge (397 Civic Center Drive, 04330).

Issues Subcommittee Meeting Update

A) Issues Subcommittee Meeting is the **2nd Wednesday** of every month @ 10:00 am.

B) BRAP Issues Statement Draft Updates

C) Thoughts on Transportation Brokers Response?

D) Results on 2nd Draft of Car Repair Issue Statement.

Legislative Subcommittee Meeting Update

A) Legislative Subcommittee Meeting is the **1st Wednesday** of every month @ 10:00 am.

B) Update about specific legislative priorities from 11/2 meeting (Vickie)

SCC Board Meeting Report

A) SCC Meeting is the **4th Friday** of every other month @ 10:00 am.

B) Strategic Planning Report!

4. Outreach:

A) Excel spreadsheet update and brainstorm session

B) Communication plan

C) Holiday event: <https://www.lewistonmaine.gov/1259/Holiday-At-The-Plaza>

What are YOU doing to Outreach to others?



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5.	<u>Discuss Current Issues Statement Work:</u> A) Any local issues we could form statement around?		
6.	<u>Follow Up Business:</u> A) New meeting location @ the Lewiston Rec Center/Armory! B) ARPA Funds Update C) Annual Meeting Items: → Donation letters/collection check-in → Supplies for gratitude jars		
7.	<u>New Business:</u> A) Holiday cards to new and former Local Council members, politicians, and anybody important to our organization (mental health, peer support, DRM)		
8.	<u>Future Agenda Items:</u> A) Generate or find list of community resources such as LIHEAP, Community Concepts		
9.	<u>Community Updates and Announcement:</u> A) CCBHC Input Meetings → Two remaining Wednesday CCBHC informational meetings are scheduled from 3:00 pm to 4:30 pm on November 30 and December 14 on Zoom. These meetings are identical, so people only need to attend one. The meeting ID is 893 861 1710. No password needed. B) LD1262 Strategic Plan Google Form C) DRM Health Equity Project and Survey		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	



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Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.	Outreach Coordinator	
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	Task	Who's Responsible	Due Date

11.	<p><u>Meeting Evaluation:</u></p> <p>What went well?</p> <p>How can we improve our meetings?</p>
12.	<p><u>Meeting Wrap Up:</u></p> <p><u>Next Meeting will be on:</u> December 21 from 10:00 am - 12:00 pm at the Lewiston Rec Center and via Zoom.</p>



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Lewiston Local Council Business Meeting Minutes

November 16, 2022 @ 10:00 am to 12:00 pm

Meeting Held via Zoom link: <https://us02web.zoom.us/j/8938611710>

1.	<p>Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines:</p> <p>A. <i>Check in:</i> The meeting was held by zoom due to inclement weather</p> <p>B. <i>Attendees:</i> Vickie, Dot, Josie, Nicole, Amanda</p> <p>C. <i>Staff:</i> Ashley Hebert</p> <p>D. <i>Guests:</i> No guests were in attendance.</p> <p>E. <i>Call to Order:</i> The meeting was called to order at 10:08 am. Dot chaired. Nicole took minutes.</p> <p>F. <i>Quorum:</i> A quorum was established.</p>
2.	<p>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</p> <p>A. <i>Review and adopt current meeting agenda:</i> Motion was made by <u>Vickie</u> to adopt this Meeting's Agenda. It was seconded by <u>Nicole</u>. There was no discussion. The Motion was passed with 4 in favor, 0 opposed, and 1 abstention.</p> <p>B. <i>Review and adopt October 19, 2022, meeting minutes:</i> Motion was made by <u>Vickie</u> and seconded by <u>Nicole</u> to adopt 10/19/22 minutes. There was no discussion. The Motion was passed with 4 in favor, 0 opposed, and 1 abstention.</p>
3.	<p>Reports and Updates:</p> <p>A. <i>CCSM Office:</i></p> <ol style="list-style-type: none">1. The CSM presentation video filming is finished, and it is now in production. The video will be used for outreach presentations, placed on the CCSM website and social media.2. Ashley discussed the 2023 Annual Meeting scheduled on January 27, 2023, 10:00 am to 2:00 pm at the Augusta Elks Lodge (397 Civic Center Drive). There will lasagna served and a raffle held. Dot asked if there was a snow date if a storm should occur. Ash is to find out. <p>B. <i>Issues Subcommittee Meeting:</i></p> <ol style="list-style-type: none">1. The next meeting will be held Wednesday, December 21, 2022, from 10:00 am to 12:00 pm.2. The BRAP voucher issue statement has been revised asking for funding limit flexibility and extended time to look for housing. Ash to send updated statement.3. There were no comments regarding the Transportation Broker's response.4. The transportation repair statement was approved at the October 28, 2022, SCC meeting. <p>C. <i>Legislation Subcommittee Meeting:</i></p> <ol style="list-style-type: none">1. The next meeting is scheduled for Wednesday, December 7, from 10:00 am to 12:00 pm.

	<ol style="list-style-type: none"> 2. On Wednesday, March 1, 2023, CCSM will host a booth at the Augusta State House Hall of Flags (210 State Street) from 8:00 am to 12:00 pm. 3. The Issues Committee writing group will be restarting to help with writing testimony. The meetings will be held on Mondays 1:00 pm to 3:00 pm as needed. 4. CCSM is working with the Maine Prison Re-entry Network regarding legislation to align county jail Board of Visitor requirements with the state prisons. Training for monitoring and investigating is being requested. <p>D. <i>SCC Board Meeting:</i></p> <ol style="list-style-type: none"> 1. The next meeting is scheduled for Friday, December 23, 2022, 10:00 am to 2:00 pm. 2. The strategic plan has been finalized and will be sent out, date TBD.
4.	<p>Outreach Discussion:</p> <ol style="list-style-type: none"> A. <i>Spreadsheet:</i> Ash shared the outreach spreadsheet with the group. Discussion ensued and contacts were added. Ash to ask if SUD centers should be included. Amanda will send Ash more contact info. Ash will mail list to those who requested it. B. <i>Communication plan:</i> Ash discussed that phase two of outreach would be contacting agencies for presentations and providing print information.
5.	<p>Discuss Current LC Issues Statement: No suggestions made at this time. Bring any new local issues statement ideas to next Council meeting.</p>
6.	<p>Ongoing Business:</p> <ol style="list-style-type: none"> A. <i>Council Meeting Moving to Lewiston Recreation Center:</i> The center has been secured. We were unable to meet in person this month due to storm. A question was raised regarding meeting on Zoom until the LCC membership grows, thus saving \$50/meeting plus mileage. B. <i>ARPA Funds:</i> Vickie to call City Halls to gather funding information. C. <i>Annual Meeting Items:</i> <ol style="list-style-type: none"> 1. <i>Gratitude Jars:</i> Jars have been renamed to “Self Esteem in a Jar.” Vickie has purchased the jars and Nicole has sent the affirmations to CCSM office for printing. Ash to bring printed affirmations to next month’s meeting where Dot and Vickie will assemble the jars. 2. <i>Donations:</i> Nicole will give Dot donations to bring to the next meeting. 3. <i>Other:</i> Josie needs a ride to the annual meeting. Ash to help coordinate.
7.	<p>New Business:</p> <ol style="list-style-type: none"> A. <i>Holiday Cards:</i> Dot will send holiday cards to inactive members, local politicians, etc. CCSM to provide stamps. B. <i>Christmas Party:</i> Dot discussed having a potluck and \$5 present exchange at the next meeting. C. <i>Lewiston Holiday Festival:</i> December 3, 11:00 am to 5:30 pm, Dufresne Plaza, 72 Lisbon St. More information can be found in the LCC packet or the Lewiston government website. D. <i>Secretary Resignation:</i> Nicole announced her resignation from the Council and secretary position. E. <i>Warming Centers:</i> <ol style="list-style-type: none"> 1. Overnight 7:00 pm to 7:00 am: South Parish Congregational Church, 9 Church St, Augusta, 04330, 207-622-0552 2. Daytime (M-TH) 9:00 am to 3:00 pm: Bridging the Gap, 209 Eastern Ave, Augusta, 04330, 207-248-1782

8.	Future Agenda Items: <i>Creating a communities resources list:</i> Websites were provided in Zoom chat for food pantries and other resources. Other sites to consider are 211, city halls and community action agencies.		
9.	Community Updates and Announcement: <p>A. <i>CCBHC Meetings:</i> The final two Wednesday CCBHC informational meetings scheduled are November 30 and December 14 from 3:00 pm to 4:30 pm on Zoom. The meeting ID is 893 861 1710. No password.</p> <p>B. <i>DHS Listening Sessions (LD1262):</i> Ash provided a flyer in the LCC packet with a link for the LD1262 strategic plan google doc.</p> <p>C. <i>DRM Health Equity Project and Survey:</i> People should have received an email from DRM regarding this survey. The deadline to participate is December 10, 2022. The survey can also be found on the DRM website.</p>		
10.	Meeting Wrap Up: <p>A. <i>Next Meeting:</i> December 21, 2022, from 10:00 am to 12:00 pm.</p> <p>B. <i>Meeting Evaluation:</i> What went well? How can we improve our meetings?</p>		
11.	Tasks:		
	<i>Meeting Tasks</i>	<i>Who's Responsible</i>	<i>Due Date</i>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send meeting documents to Local Council members	Outreach Coord.	10 days before next mtg.
	<i>Individual Tasks</i>	<i>Who's Responsible</i>	<i>Due Date</i>
	Find out if there is an Annual Meeting snow date	Ash	
	Send updated BRAP voucher	Ash	
	Mail outreach spreadsheet	Ash	
	Ask if SUD only agencies should be included in outreach	Ash	
	Arrange Josie ride to Annual Meeting	Ash	
	Send additional outreach agency info	Amanda	
	Assemble Self Esteem jars	Dot and Vickie	After next meeting
	Mail holiday cards	Dot	
	Call City Halls regarding ARPA spending	Vickie	
	Give donations to Dot	Nicole	
	Community Resources List	TBA	