



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Farmington Local Council Agenda

2/21/2023 @ 1:00 pm

**Meeting Held at Farmington Library
and via Zoom Video Conferencing**

Zoom Information

To join by video, click the link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

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| 1. | <u>Welcome, Introductions, Attendance & Review Meeting Guidelines</u>
A) Check-In & Ice Breaker B) Zoom Etiquette C) Establish Quorum |
| 2. | <u>Review & Adopt Meeting Agenda & Previous Meeting's Minutes:</u> Vote Needed
A) Review and adopt the current meeting agenda.
B) Review and adopt December & January meeting minutes. |
| 3. | <u>Discuss Current Local Issues Statement Work:</u>
A. Issue Statement Work Discussion
a. Preparing People with Mental Health Struggles to function in a home effectively concept draft. |
| 4. | <u>CCSM Meeting Reports</u> No Vote
A. SCC Meeting Next Mtg. 2/24/2023
B. Issues Subcommittee Meeting Next Mtg. 3/8/2023
a. Maine.Gov DHHS Website Issues Statement (Final Draft)
b. Trauma-Informed Care (First Draft)
C. Legislative Subcommittee Meeting Next Mtg. 3/1/2023 |
| 5. | <u>Outreach:</u> Outreach Coordinator Update |



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6.	<p><u>Follow-Up Business:</u></p> <p>A. Legislators meet and greet</p>
7.	<p><u>New Business:</u></p> <p>A. Guest Speaker William Crandall Director of Housing Services WMCA</p>

8.	<p><u>Future Agenda Items:</u></p>
9.	<p><u>Community Updates and Announcements:</u></p> <p>A. The Hope Conference will be held at the Augusta Civic Center on May 17, 2023. More info to be announced!</p> <p>B. Hall of Flags event at the State House on March 1, 2023 from 8a-12p. Legislators and other advocates will be here to form introductions and discuss legislative priorities. More info to come!</p> <p>C. Mental Health Awareness day at the Hall of Flags.</p>

10. <u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
<u>Pre-read all meeting materials</u> and attend next month's LC Meeting	All	Monthly
Submit agenda items to the Outreach Coordinator for the March Agenda to be included in March Packets	Chair	March 10th
Complete and submit February Meeting Minutes to the Outreach Coordinator to be included in March Packets	Secretary	Feb 20th

11	<p><u>Meeting Evaluation:</u></p> <ul style="list-style-type: none"> ● What went well? ● How can we improve our meetings?
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12 ·	<u>Meeting Wrap-Up</u> Next Meeting: February 21, 2023



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Farmington Local Council Meeting Minutes
February 21, 2023

1	<p><i>April chaired the meeting. Ash took the minute's Quorum, <u>yes</u></i></p> <p>Attendees were: April, Jeff, John, Joe, Elena</p> <p>Staff: Ash Hebert</p> <p>Guest: Bill Crandell from Western Maine Community Action</p>
2	<p>A) Review and adopt the current meeting <u>agenda</u>: -Motion to accept John, second Jeff, Vote: 4,0,1 (Carried)</p> <p>B) Reviewed and adopted December and January meeting <u>minutes</u>. -December: Motion to accept John second Jeff count 2,0,3 (Carried) -January: Motion to accept John second Jeff count 2,0,3 (Carried)</p>
3	<p><u>Issues Development Subcommittee Update:</u></p> <p><i>Issue Statements are attached to the meeting packet for your review.</i></p> <p>A) DHHS Maine.gov website (Final Draft - to be voted on at the next SCC meeting on February 24, this Friday).</p> <p>B) Trauma-informed care (First Draft)</p> <ul style="list-style-type: none">a) Suggestions from group: teaching trauma-informed care course for emergency room providers.b) MaineCare: if there is a contract with the State, we want to make sure they are following trauma-informed practices.c) Perhaps utilizing social media, modules, other forms of education?
4	<p><u>CCSM Meeting Reports:</u></p> <p>A. SCC Meeting - No report was given. Next SCC meeting on Friday, 2/24.</p> <p>B. Legislative Subcommittee Meeting – first Wednesday of the month.</p> <ul style="list-style-type: none">a. Peer Legislative Day (Hall of Flags, March 1)b. Writing Support Groups held every Monday from 1-3pm via Zoom.



	<p>c. Mental Health Awareness Day on March 15, 2023? Disability Awareness Day occurred at the State House on February 15, Ash will check to see if anything is planned for March.</p>
5	<p><u>Outreach:</u></p> <ul style="list-style-type: none">A. Connect with Kobi Perry Western Maine Community ActionB. Coordinate presentation with WMCA staff (email Bill)C. Email/call Androscoggin Home Health about services.D. Tri-Valley Community Health?
6	<p><u>Follow-Up Business:</u></p>
7	<p><u>New Business:</u></p> <ul style="list-style-type: none">A. Discussion about issue statements preparing people who have mental health struggles prepare to function in a home base effectively with Bill Crandell from WMCA.<ul style="list-style-type: none">a. Bill shared an abundance of information about WMCA's current and upcoming programs. WMCA has home repair, heating, family and veteran services, and more. Bill identified that WMCA is looking to strengthen Targeted Case Management (TCM) services for the whole family in the upcoming future. He also shared that some top issues in the area are: affordable housing (especially for seniors and low-income households), affordability of utilities and transportation, and the trend of federal assistance income stagnating - has not increased to meet inflation.b. Bill shared his contact card with members and also provided info for Kobi Perry, the Director of Family and Health Services, who has been working on affordable housing initiatives in the Farmington area. Email: kperry@wmca.org. The group would like to invite her to the next LC meeting. Also, Patty Lovell works in health insurance in case the group wants to ask her any questions in the future: plovell@wmca.orgc. WMCA updated their website! https://www.wmca.org/



	d. Follow up: email Kolbi and invite her to the next LC meeting; email Bill about WMCA presentation during the spring and to receive Maine Housing resource list		
8	<u>Future Agenda Items</u> A. Guest speakers B. Research and contact your Legislator C. Outreach updates		
9	<u>Community Updates and Announcements:</u> A. Hall of Flags on March 1, 2023 at the State House B. Hope Conference on May 17, 2023 at Augusta Civic Center		
10	Meeting Recap & Task List	<u>Who</u>	<u>Date Completed</u>
	Review materials for the next Farmington LC meeting on April 18. <i>**Ash will send out a meeting reminder on March 17!</i>	ALL	By next meeting
11	A. What went well today? B. How can we improve our business meetings? Next meeting date: April 18, 2023		