



**Mission Statement:** *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

## **Bangor Local Council Agenda**

February 28, 2023

<p><b>1.</b> Kandie</p>	<p><b><u>Welcome, Introductions, Review Meeting Guidelines, &amp; Housekeeping</u></b> <b><u>Attendance/ ice breaker:</u></b></p> <p><b><u>Staff:</u></b> <b><u>Guest:</u></b> <b><u>Establish Quorum: Y      N</u></b></p>
<p><b>2.</b> Renee</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</u></b></p> <p>A) <i>Review and adopt current meeting's agenda.</i></p> <ul style="list-style-type: none"><li>• <i>Motion to adopt made by:</i></li><li>• <i>2<sup>nd</sup> by:</i></li><li>• <i>Discussion:</i></li><li>• <i>Y____ N____ A____</i></li></ul> <p>B) <i>Review and adopt meeting minutes from <b>January 24, 2022</b></i></p> <ul style="list-style-type: none"><li>* <i>Motion to adopt made by:</i></li><li>* <i>2<sup>nd</sup> by:</i></li><li>* <i>Discussion:</i></li><li>* <i>Y____ N____ A____</i></li></ul>



<p><b>3.</b> <b>Kandie</b></p>	<p><b><u>New Business</u></b>   <b>Guest speaker:</b> Agenda will be amended as needed if a guest speaker is able to attend.</p>
<p><b>4</b> <hr/><b>Brian</b>  <b>Renee</b>  <b>Kandie/ Vickie</b>  <hr/><b>Ash</b></p>	<p><b><u>CCSM Reports:</u></b> <i>(No Vote)</i></p> <p>A) <i>SCC Report this month.</i></p> <p>B) <i>Issues Subcommittee-Report</i></p> <p>C) <i>Legislative Subcommittee -Report</i></p> <hr/> <p>D) <i>Office Update</i></p>
<p><b>5.</b> <b>All</b></p>	<p><b><u>OUTREACH:</u></b></p> <p><i>*Intentional – Planned meeting/discussion)</i></p> <p><i>*Spontaneous -impulsive, spur of the moment)</i></p> <p><b>Where did you do CCSM outreach?</b></p> <p><b>Agencies?</b></p> <p><b>Individuals?</b></p>



<p>6. <b>Kandie</b></p>	<p><b><u>Discuss Current Issues Statement Work:</u></b></p> <p><b>A) Grievance process at jail.</b></p> <p><i>Brainstorming:</i></p> <ul style="list-style-type: none"><li><i>*Easy for everyone to understand, those incarcerated and those involved with process*Clear steps to follow</i></li><li><i>*Accessibility*Meeting people where they are at</i></li><li><i>*Having an example page for the grievance process</i></li><li><i>*Simplistic, matter of fact, short and to the point</i></li><li><i>*Knowing what your next steps are after the process is began</i></li><li><i>*They need to know there is confidentiality and the document is secure</i></li><li><i>*Possibly an app for ability to do it verbally on app</i></li><li><i>*How do we make the process legit</i></li><li><i>*Time frame to hear response</i></li><li><i>*Get assistance from someone via ZOOM</i></li><li><i>*Maybe handle grievance outside of jail (centrally handled)</i></li><li><i>*Multi language</i></li></ul> <p><b>B) Move Admittance to Mental Health Hospitals Away from the Emergency Rooms</b></p>
<p>7. <b>Natalie/ Brian</b></p>	<p><b><u>Follow Up Business:</u></b></p>
<p>8. <b>Renee</b></p>	<p><b><u>Future Agenda Items:</u></b></p>
<p>9. <b>All</b></p>	<p><b><u>Community Updates and Announcements:</u></b></p>



**Consumer Council System of Maine**  
**A Voice for Consumers of Mental Health Services**

10. Assigned Tasks:	<u>Who?</u>	<u>When?</u>
<i>Pre-read all meeting materials and attend next month's LC Meeting</i>	<i>All</i>	<i>Monthly</i>
<i>Prepare Agenda and submit to Outreach Coordinator</i>	<b>Kandie</b>	<i>Monthly</i>
<i>Minutes and send to Outreach Coordinator</i>	<b>Renee</b>	<i>10 days after meeting</i>
<i>Send out meeting documents to all Local Councilor Members</i>	<b>Ash/staff</b>	<i>At least 15 days prior to next meeting.</i>
11. Renee	<b><u>Evaluation, Recap:</u></b> What went well? How can we improve our meetings?	
12. Kandie	<b>Meeting Wrap Up:</b> Next meeting: <b>March 28,2023</b>	



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**Local Council Business Minutes From**

**Date: February 28,2023**

**In person at Bangor Public Library and  
via Zoom Video Conferencing**

**Zoom Information**

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

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| 1. | <p><b>Welcome, Introductions, Attendance &amp; Review Zoom Meeting Guidelines</b></p> <p><b>Check In &amp; Ice Breaker</b></p> <p><b>Attendees:</b> On ZOOM: Kandie, Brian, Renee, Kevin, Megan, Kelly, Natalie, Mark, Christina</p> <p><b>Excused:</b></p><br><p><b>Chair:</b> Kandie <b>Secretary:</b> Renee <b>Staff:</b> Ash</p> <p><b>Elected Reg 3 Reps:</b> Kandie, Brian, and Renee</p> <p><b>Guests Speaker:</b></p> <p><b>Quorum Established?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> |
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	<p><b>Meeting called to order: __5:02pm__</b></p>
2.	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b></p> <ul style="list-style-type: none"><li>• Reviewed and adopted current meeting agenda. <i>*Motion was made to adopt by: <u><b>Renee</b></u> .</i> <i>*2nd by: <u><b>Kelly</b></u> .</i> <i>*Discussion:</i> <i>* Y__7__ N____ A_1_</i></li></ul> <p><b>B) Review and adopt <u>January 24,2022</u> meeting minutes)</b></p> <ul style="list-style-type: none"><li><i>*Motion was made to adopt by: <u><b>Natalie</b></u> .</i> <i>*2nd by: <u><b>Brian</b></u> .</i> <i>*Discussion:</i> <i>* Y__3__ N____ A_6_</i></li></ul>

3.	<p><b>New Business:</b></p> <p>Sheriff_Morton had planned on joining in person.</p>
4.	<p><b>A) CCSM Reports:</b> Went through the Strategic sessions and Quarterly reports</p> <p><b>B) Issues Committee Report:</b> Maine.gov is the new Issues Statement, the site is not up to date or accessible. We watched our new CCSM video that explains our organization.</p> <p><b>C) Legislative Report:</b> Leg meeting first Wednesday of every month 10-12. Writing classes 1-3 every Monday</p> <p><b>D) Office Update:</b> Video of the CCSM</p>
5.	<p><b><u>Outreach:</u> A) What are you doing to Outreach with others?</b></p> <p>Ash and Kandie went to the Together Place, and it went great! Natalie got Kelly to come to the meeting. Kandie handed out couple palm cards at a hypnosis event she was at.</p>
6.	<p><b><u>Discuss Current Issues Statement Work:</u></b></p> <ul style="list-style-type: none"> <li>• <b>“(Draft) Grievance Process at Jail”</b></li> </ul> <p>Brainstorming:</p>



- \*Easy for everyone to understand, those incarcerated and those involved with process
- \*Clear steps to follow
- \*Accessibility
- \*Meeting people where they are at
- \*Having an example page for the grievance process
- \*Simplistic, matter of fact, short and to the point
- \**Knowing what your next steps are after the process is filed*
- \**They need to know there is confidentiality and the document is secure*
- \**Possibly and app for ability to do it verbally on app*
- \**How do we make the process legit*
- \**Time frame to hear response*
- \**Get assistance from someone via ZOOM*
- \**Maybe handle grievance outside of jail (centrally handled)*
- \**Multi language*
- \* *Make an icon for the grievance app.*

***(DRAFT) Issue statement around moving admittance to mental health facilities away from the ER.***

*Active discussion with all in favor of moving this forward.*

*Kandie will write up a draft to get it started.*

***Reminded people the Issues Committee is open to everyone.***

7.

**Follow Up Business:**

	None		
8.	<p><b><u>Future Agenda Items:</u></b></p> <p>Have Sherriff Morton attend.</p>		
9.	<p><b><u>Community Updates and Announcements:</u></b></p> <p>Hall of Flags event at State House on March 1<sup>st</sup> 8-12.</p> <p>Hope Conference May 17<sup>th</sup> 8-4 at Augusta Civic Center.</p> <p>CCBHCs upcoming informational sessions</p>		
10.	<b><u>Meeting Recap &amp; Task List</u></b>	<b><u>Who?</u></b>	<b><u>When?</u></b>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	Kandie	Monthly
	Prepare Agenda (review w/chair) and submit to Outreach Coordinator	Renee	
	Prepare Minutes and submit to Outreach Coordinator	Renee	

Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Ash	
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Task	Who's Responsible	Due Date
Send minutes	Renee	Within 10 days
Send Agenda	Renee w/ Kandie	Within 10 days
Write draft Issue Statement on changing admittance to mental health hospitals away from ER's	Kandie	For March meeting

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10.	<p><b><u>Meeting Evaluation:</u></b></p> <p><b>What went well?</b> We had quorum, The CCSM video was very educational. Very Educational meeting all around.</p> <p><b>How can we improve our meetings?</b></p>
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11.	<p><b><u>Meeting Wrap Up:</u></b></p> <p><b><u>Other Notes:</u></b></p> <p><b><u>Next Meeting will be on:</u></b> March 28, 2023, in person at Bangor Public Library AND via ZOOM</p>
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