



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

January 24, 2023

<p>1. Kandie</p>	<p><u>Welcome, Introductions, Review Meeting Guidelines, & Housekeeping</u> <u>Attendance/ ice breaker:</u></p> <p><u>Staff:</u> <u>Guest:</u> <u>Establish Quorum: Y N</u></p>
<p>2. Renee</p>	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</u></p> <p><i>A) Review and adopt current meeting's agenda.</i></p> <ul style="list-style-type: none">• <i>Motion to adopt made by:</i>• <i>2nd by:</i>• <i>Discussion:</i>• <i>Y____ N____ A____</i> <p><i>B) Review and adopt meeting minutes from December 27, 2022</i></p> <ul style="list-style-type: none">* <i>Motion to adopt made by:</i>* <i>2nd by:</i>* <i>Discussion:</i>* <i>Y____ N____ A____</i>



<p>3. Kandie</p>	<p><u>New Business</u> Guest speaker: Agenda will be amended at meeting if a guest speaker is able to attend.</p>
<p>4 Brian Renee Kandie/ Vickie Ash</p>	<p><u>CCSM Reports:</u> <i>(No Vote)</i></p> <p>A) <i>SCC Report this month</i></p> <p>B) <i>Issues Subcommittee-Report</i></p> <p>C) <i>Legislative Subcommittee -Report</i></p> <hr/> <p>D) <i>Office Update</i></p>
<p>5. All</p>	<p><u>OUTREACH:</u></p> <p><i>*Intentional – Planned meeting/discussion)</i></p> <p><i>*Spontaneous -impulsive, spur of the moment)</i></p> <p>Where did you do CCSM outreach?</p> <p>Agencies?</p> <p>Individuals?</p>



<p>6. Kandie</p>	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Grievance process at jail.</p> <p><i>Brainstorming:</i></p> <ul style="list-style-type: none"> <i>*Easy for everyone to understand, those incarcerated and those involved with process*Clear steps to follow</i> <i>*Accessibility*Meeting people where they are at</i> <i>*Having an example page for the grievance process</i> <i>*Simplistic, matter of fact, short and to the point</i> <i>*Knowing what your next steps are after the process is began</i> <i>*They need to know there is confidentiality and the document is secure</i> <i>*Possibly an app for ability to do it verbally on app</i> <i>*How do we make the process legit</i> <i>*Time frame to hear response</i> <i>*Get assistance from someone via ZOOM</i> <i>*Maybe handle grievance outside of jail (centrally handled)</i> <i>*Multi language</i> <p>B) New Issue Statement ideas?</p>
<p>7. Brian</p> <p>All who attended</p>	<p><u>Follow Up Business:</u></p> <p>A) Transportation concerns for coverage to and from Club Houses. (Issues was resolved)</p> <p>B) Annual CCSM Awards meeting</p>
<p>8. Renee</p>	<p><u>Future Agenda Items:</u></p>



<p>9. All</p>	<p><u>Community Updates and Announcement:</u></p>		
<p>10. Assigned Tasks:</p>	<p><u>Who?</u></p>	<p><u>When?</u></p>	
<p><i>Pre-read all meeting materials and attend next month's LC Meeting</i></p>	<p>All</p>	<p>Monthly</p>	
<p><i>Prepare Agenda and submit to Outreach Coordinator</i></p> <hr/> <p><i>Minutes and send to Outreach Coordinator</i></p> <hr/>	<p>Kandie</p> <hr/> <p>Renee</p> <hr/>	<p>Monthly</p> <p>10 days after meeting</p>	
<p><i>Send out meeting documents to all Local Councilor Members</i></p>	<p>Ash/staff</p>	<p>At least 15 days prior to next meeting.</p>	
<p>11. Nancy</p>	<p><u>Evaluation, Recap:</u></p> <p>What went well?</p> <p>How can we improve our meetings?</p>		
<p>12. Kandie</p>	<p>Meeting Wrap Up:</p> <p>Next meeting: February 28,2023</p>		



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

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Local Council Business Minutes From

Date: January 24,2022

In person at Bangor Public Library and
via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. **Welcome, Introductions, Attendance & Review Zoom Meeting**

Guidelines

Check In & Ice Breaker

Attendees: In person: (REPS) Kandie, Kevin, Brian

Excused:

On ZOOM: Renee, Natalie, Ben, Kelly and Doug

Chair: Kandie **Secretary:** Renee **Staff:** Ash, Vickie McCarty

Guests Speaker: -

Quorum Established? **Yes** **No** (at 5:57)

Meeting called to order: 5pm

2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u></p> <ul style="list-style-type: none"> Reviewed and adopted current meeting agenda. <p><i>*Motion was made to adopt by: <u> Renee </u>.</i></p> <p><i>*2nd by: <u> Brian </u>.</i></p> <p><i>*Discussion:</i></p> <p><i>* Y <u> 4 </u> N <u> </u> A <u> 1 </u></i></p> <p>B) Review and adopt <u>January 24,2022</u> meeting minutes)</p> <p><i>*Motion was made to adopt by: <u> Renee </u>.</i></p> <p><i>*2nd by: <u> Brian </u>.</i></p> <p><i>*Discussion:</i></p> <p><i>* Y <u> 4 </u> N <u> </u> A <u> 2 </u></i></p>
3.	<p><u>New Business:</u></p> <p><u>Still trying to get Sherriff Norton at meeting. Issues for him connecting with link for him to participate this time via zoom do to email going to his spam box. He has been in contact around the meeting.</u></p>
4.	<p>A) CCSM Reports: CC Vote of Confidence. We approved Augusta local application.</p> <p>B) Issues Committee Report: An Issue statement Updating accessibility maine.gov website.</p>

	<p>Another one being started is around Trauma Informed Care.</p> <p>C) Legislative Report: Public hearing LD 190 Friday January 27th at 10am.</p> <p>The Council has a bill in this session around re-establishing Peer Respite. And a bill Around the Board of Visitors.</p> <p>D) Office Update: Lots of activity around getting ready for the Annual Meeting.</p>
5.	<p><u>Outreach: A) What are you doing to Outreach with others?</u></p> <p>*Ash dropped 400 brochures off to CHCS and talked to Laurie about the council.</p> <p>Kandie had an opportunity to speak with Sen Angus King around mental health.</p>
6.	<p><u>Discuss Current Issues Statement Work:</u></p> <ul style="list-style-type: none">• “(Draft) Grievance Process at Jail” <p>Brainstorming:</p> <ul style="list-style-type: none">*Easy for everyone to understand, those incarcerated and those involved with process*Clear steps to follow*Accessibility*Meeting people where they are at*Having an example page for the grievance process*Simplistic, matter of fact, short and to the point

	<p><i>*Knowing what your next steps are after the process is filed</i></p> <p><i>*They need to know there is confidentiality and the document is secure</i></p> <p><i>*Possibly and app for ability to do it verbally on app</i></p> <p><i>*How do we make the process legit</i></p> <p><i>*Time frame to hear response</i></p> <p><i>*Get assistance from someone via ZOOM</i></p> <p><i>*Maybe handle grievance outside of jail (centrally handled)</i></p> <p><i>*Multi language</i></p> <p><i>(We will attempt to find someone who can come speak to the current process of grievance reports. Vickie will reach out to the supervisor for the ICM's to see if a mutual time can be made for a conversation.)</i></p>
<p>7.</p>	<p><u>Follow Up Business:</u></p> <p>*Transportation concerns for coverage to and from clubhouses has been resolved.</p> <p>*Annual CCSM Awards meeting</p>
<p>8.</p>	<p><u>Future Agenda Items:</u></p> <p><u>Add Issue Statement around moving admittance to Mental Health Hospitals away from Emergency Rooms.</u></p>

9.	<p><u>Community Updates and Announcements:</u> Annual Meeting on 27th and save date for the Hope Conference May 17th 8-4 in Augusta. Artwork and presentations currently being accepted.</p>

10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	Kandie	Monthly
	Prepare Agenda (review w/chair) and submit to Outreach Coordinator	Renee	
	Prepare Minutes and submit to Outreach Coordinator	Renee	
	Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Ash	

	Task	Who's Responsible	Due Date
	Send minutes	Renee	Within 10 days
	Send Agenda	Renee w/ Kandie	Within 10 days

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10. **Meeting Evaluation:**
What went well? We had quorum and learned about LD190. Great attendance, Meeting moved quickly.
How can we improve our meetings? Being clear about time of meetings. Make certain library is prepared for our meeting to be ongoing for set up of visual and owl.

11. **Meeting Wrap Up:**
Other Notes:
Next Meeting will be on: February 28,2023 in person at Bangor Public Library AND via ZOOM