



**Mission Statement:** *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

## **Bangor Local Council Agenda**

December 27, 2022

<p><b>1.</b> Kandie</p>	<p><b><u>Welcome, Introductions, Review Meeting Guidelines, &amp; Housekeeping</u></b></p> <p><b><u>Attendance/ ice breaker:</u></b></p> <p><b><u>Staff:</u></b></p> <p><b><u>Guest:</u></b></p> <p><b><u>Establish Quorum: Y ___ N</u></b></p>
<p><b>2.</b> Renee</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</u></b></p> <p>A) <i>Review and adopt current meeting's agenda.</i></p> <ul style="list-style-type: none"><li>• <i>Motion to adopt made by:</i></li><li>• <i>2<sup>nd</sup> by:</i></li><li>• <i>Discussion:</i></li><li>• <i>Y ___ N ___ A ___</i></li></ul> <p>B) <i>Review and adopt meeting minutes from <b>October 25, 2022</b></i></p> <ul style="list-style-type: none"><li>* <i>Motion to adopt made by:</i></li><li>* <i>2<sup>nd</sup> by:</i></li><li>* <i>Discussion:</i></li><li>* <i>Y ___ N ___ A ___</i></li></ul>



	<p><b>C) Review and adopt meeting minutes from <i>November 22, 2022</i></b></p> <p>* Motion to adopt made by:</p> <p>* 2<sup>nd</sup> by:</p> <p>* Discussion:</p> <p>* Y____ N____ A_____</p>
<p><b>3.</b> <b>Kandie</b></p>	<p><b><u>New Business</u></b></p> <p><b>Guest speaker: Troy Morton</b> to discuss grievance process at the jail, and BOV bill.</p>
<p><b>4</b></p> <hr/> <p><b>Brian</b></p> <hr/> <p><b>Renee</b></p> <hr/> <p><b>Ash</b></p>	<p><b><u>CCSM Reports:</u> (No Vote)</b></p> <p>A) <i>SCC Report this month</i></p> <p>B) <i>Issues Subcommittee-Report</i></p> <p>C) <i>Legislative Subcommittee -Report</i></p> <p>D) <i>Office Update</i></p> <ul style="list-style-type: none"> <li>• Current event corner: three articles about the Progressive Treatment Plan             <ul style="list-style-type: none"> <li>○ “Ex-girlfriend says the mental health system failed a Poland man accused of killing his brother” by Kevin Miller (Maine Public)</li> <li>○ Progressive Treatment Plan Press Release Document by CCSM, Intentional Peer Support Advisory Council (IPSAC), and the Maine Association of Peer Support &amp; Recovery Centers (MAPSRC)</li> <li>○ “Advocacy groups rebuke calls to expand Maine’s progressive treatment program” by Emily Bader (Sun Journal)</li> </ul> </li> </ul>



	<ul style="list-style-type: none"><li>Disability Rights Maine (DRM) will be hosting a virtual focus group session as a part of their Health Equity Project on January 4, 2023 from 5:30-6:30PM. Link to registration here: <a href="https://jsi.zoom.us/j/91234567890">https://jsi.zoom.us/j/91234567890</a></li></ul>
<b>5.</b> Kandie/ Ash	<b>Outreach:</b> <i>Update on current outreach.</i>
<b>6.</b> Kandie	<b><u>Discuss Current Issues Statement Work:</u></b>  A) <i>Grievance process at jail.</i>
<b>7.</b> Kandie	<b><u>Follow Up Business:</u></b> Who are your Representatives? Do you already know them? Have you had an opportunity to connect with them? Would you be willing to send them a post card?
<b><u>8.</u></b> <b><u>Kandie</u></b>	<b><u>Future Agenda Items:</u></b>



<p><b>9.</b> <b><u>ALL</u></b></p>	<p><b><u>Community Updates and Announcement:</u></b>  <b>Annual CCSM Awards meeting January 27th 10am-2pm at the Elks Lodge,          397 Civic Center Drive, Augusta.</b></p>		
<p><b>10.</b></p>	<p><b>Assigned Tasks:</b></p>	<p><b><u>Who?</u></b></p>	<p><b><u>When?</u></b></p>
	<p><i>Pre-read all meeting materials and attend next month's LC Meeting</i></p>	<p><i>All</i></p>	<p><i>Monthly</i></p>
<p><b>11.</b> Nancy</p>	<p><b><u>Meeting Evaluation, Recap:</u></b>  <b>What went well?</b>   <b>How can we improve our meetings?</b></p>		
<p><b>12.</b> Kandie</p>	<p><b><u>Meeting Wrap Up:</u></b>   <b>Next meeting will be on January 24<sup>th</sup>, 2023</b></p>		



	<ul style="list-style-type: none"> <li>• Reviewed and adopted current meeting agenda. <i>Motion was made by <b>Kandie</b> to adopt this Meeting's Agenda. It was seconded by Brian Was there any discussion? (<b>No</b>) The Motion (<b>Carried</b>) with <u>4</u> in favor of, <u>0</u> opposed to, and <u>1</u> abstention.</i></li> <li>• Review and adopt <b>October 25,2022</b> meeting minutes. <i>Motion was made by <b>Kandie</b> to adopt the minutes. It was seconded by <b>Brian</b>. Was there any discussion? <b>No</b> The Motion (<b>Carried</b>) with <u>2</u> in favor of, <u>0</u> opposed to, and <u>3</u> abstentions.</i></li> <li>• Review and adopt <b>November 22,2022</b> meeting minutes. <i>Motion was made by <b>Natalie</b> to adopt the minutes. It was seconded by <b>Kandie</b>. Was there any discussion? <b>No</b> The Motion (<b>Carried</b>) with <u>3</u> in favor of, <u>0</u> opposed to, and <u>3</u> abstentions.</i></li> </ul>
3.	<p><b><u>New Business:</u></b></p> <p>Discussed that the Penobscot County Jail got tablets in. They have many apps including a legal app to help people research and work on their own case. The ability to communicate with approved friends and family, multiple book and videos, Currently groups are allowed to make posts of meetings and info meetings about their group to have posted on tablets.</p> <p>* We discussed possibly sending CCSM video info to be included, including new outreach video, bill info and issue statement work.</p>

	<p>** Brian brought up the issue on Club Houses being notified that Maine Care will no longer cover transportation to and from Club House. Kandie will follow up.</p>
4.	<p><b>A) CCSM Reports:</b> No SCC report in December due to storm cancelling meeting</p> <p><b>B) Issues Committee Report:</b> Accessibility issues on the Maine.gov site.</p> <p><b>C) Legislative Report:</b> We have a peer respite bill and a board of visitor's bill going forward in the 131st legislature. There will be many bills this coming session that the CCSM will need to weigh in on including force treatment and expanding beds</p> <p><b>D) Office Update:</b> * Discussed recent events in the media brought forward by Sen Nutting and the response rebuking them by advocating groups including CCSM. <b>(Gordon said he has patients who can't get aspects when they need it.)</b></p>

5.	<p><b><u>Outreach: A) What are you doing to Outreach with others?</u></b></p> <p>*Ash and Brian did outreach at Unlimited Solutions Clubhouse. Ash went up north and met with several individuals and will reach out to Simone about going back in the spring.</p>
6.	<p><b><u>Discuss Current Issues Statement Work:</u></b></p> <ul style="list-style-type: none"> <li>• <b>“Grievance Process at Jail”</b></li> </ul> <p>Brainstorming:</p> <ul style="list-style-type: none"> <li>*Easy for everyone to understand, those incarcerated and those involved with process</li> <li>*Clear steps to follow</li> <li>*Accessibility</li> <li>*Meeting people where they are at</li> <li>*Having an example page for the grievance process</li> <li>*Simplistic, matter of fact, short and to the point</li> <li>*<i>Knowing what your next steps are after the process is filed</i></li> <li>*<i>They need to know there is confidentiality and the document is secure</i></li> <li>*<i>Possibly and app for ability to do it verbally on app</i></li> <li>*<i>How do we make the process legit</i></li> <li>*<i>Time frame to hear response</i></li> <li>*<i>Get assistance from someone via ZOOM</i></li> <li>*<i>Maybe handle grievance outside of jail (centrally handled)</i></li> <li>*<i>Multi language</i></li> <li>* <i>At a standstill until we get current grievance form and process from the jail.</i></li> </ul>
7.	<p><b><u>Follow Up Business:</u></b></p>



	<p>We have on the agenda discussed who our representatives are and possible ways to connect with them.</p>		
8.	<p><b><u>Future Agenda Items:</u></b></p> <ul style="list-style-type: none"> <li>*Ask sheriff to attend</li> <li>*Disability Rights of Maine</li> <li>*Follow up with Rep. Rana</li> <li>* Brainstorming ideas to help providers and individuals in medical settings and in community.</li> </ul>		
9.	<p><b><u>Community Updates and Announcements:</u></b></p> <p>Annual CCSM Awards meeting Jan 27th 10am-2pm at the Elks Lodge 397 Civic Center Drive Augusta</p>		
10.	<u>Meeting Recap &amp; Task List</u>	<b><u>Who?</u></b>	<b><u>When?</u></b>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach	Secretary	

Coordinator		
Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	

Task	Who's Responsible	Due Date
Send minutes	Renee/Kandie	Within 10 days
Send Agenda	Kandie	Within 10 days
Invite Sherriff	Kandie	Within 10 days
Invite DRM	Ash	Within 10 days
Follow up on transportation Concerns	Kandie	Within 10 days

10.	<p><b><u>Meeting Evaluation:</u></b></p> <p><b>What went well?</b> Good turnout, good discussions, new people, on time</p> <p><b>How can we improve our meetings?</b> Making certain people show up and get a microphone</p>
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11.	<p style="text-align: center;"><b><u>Meeting Wrap Up:</u></b></p> <p><b><u>Next Meeting will be on:</u></b> Jan 24, 2023, in person at Bangor Public Library AND via ZOOM</p>