



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

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Augusta Local Council Meeting Agenda
Wednesday, December 28, 2022 at 5:00 PM

To join by video, click link: <https://us02web.zoom.us/j/8938611710> To join by phone only (no computer needed), dial: 1-929-205-6099 Enter Meeting ID# when prompted: 893 861 1710 No password needed!

Welcome, Introductions, Attendance & Review Meeting Guidelines

Introductions:

Ice Breaker Idea:

1.

Attendance:

Review Meeting Guidelines:

Establish Quorum:

Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Review & Adopt Meeting Agenda:

2. **B) Review & Adopt Previous Meeting's Minutes from *October 26, 2022* and *November 23, 2022*:**
Kim

3.	<p><u>New Business</u></p> <p>Planning a movie night and discussion event at the office?</p>
4. Ash	<p><u>SCC Board of Directors Report:</u></p> <p>SCC Report:</p>
5. Ash	<p><u>Ongoing Business:</u></p> <p><u>Issue Statement Development Subcommittee:</u></p> <p>A) Meets second Wednesday of every month from 10a-12p via Zoom.</p> <p>B) BRAP First Draft</p> <p>C) Maine.gov Concept Draft</p> <p>D) <i>Any new local issues to consider?</i></p> <p>E) Office update – Annual Meeting! Carpooling, donations coordinations, and guest speaker announced: Gia Drew, the Executive Director of EqualityMaine!</p> <p><u>Legislative Subcommittee:</u></p> <p>A) Meets first Wednesday of every month from 10am-12pm via Zoom.</p> <p>B) Two CCSM Bills for 131st Session: Peer Respite and Board of Visitors</p> <p>C) Writing groups for testimony support will take place when bills start being published in January 2023.</p> <p>D) Other leg-related trainings we wish to attend?</p> <p>E) Find Your Legislators Exercise:</p> <p>a. List of Elected Maine Senators:</p> <p>https://ballotpedia.org/Maine State Senate elections, 2022</p> <p>b. List of Elected Maine House of Representatives:</p> <p>https://ballotpedia.org/Maine House of Representatives elections, 2022</p> <p>c. Maine Congressional Delegation</p> <p>https://www.maine cahc.org/maines-congressional-delegation/</p>



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Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Local Council Business Minutes From

Date: December 28, 2022, at 5 pm

Meeting Held via Zoom Video Conferencing and at the CCSM Main Office.

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

B) Question asked: *What is one thing you are looking forward to in 2023?*

C) Attendees: Kim (Chair), Carrie (Interim 2nd), Melanie, and Stephanie. Gail (Interim Secretary) joined later into the meeting, and the group decided to table voting until our meeting in January 2023.

Staff: Ash H.

Guests: No guests attended.

Quorum Established? ___ Yes __x__ No (not in time for voting)

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

Notice from Ash: Voting on December's agenda, as well as on November minutes, will be tabled until January's meeting due to lack of quorum.



These are the updated voting results for October 26, 2022, meeting minutes, as provided by Carrie:

A) Review and adopted meeting minutes from 10/26/2022

Due to incomplete results, the Council has decided to table this vote until next month. These are the voting results, as updated:

Motion was made by Gail to adopt the minutes. It was seconded by Mel.

Was there any discussion? No.

Summary discussion, no modifications recommended.

The Motion passed with 3 in favor of, 0 opposed to, and 4 abstentions.

3. CCSM Reports: (No Vote)

A) Update from the CCSM Office

- ✓ It is almost that time – election season! After Augusta LC is voted in by the SCC to become a recognized council, we can hold elections for the following positions: Interim Chair (as well as Co-Chair) and Interim Secretary. In October, we will be able to vote in a 1-year long position for Chair (and Co-Chair, if needed) and Secretary. If interested members apply, we will also vote for Statewide Consumer Council (SCC/Board) positions in October 2023.
 - While Ash initially invited the group to submit their representative applications to the main office or to Melissa’s email: mcaswell@maineccsm.org by January 17, Ash realized that per Governance Guidelines, we need at least thirty days before the election to share a post on our websites. As such, applications will be due by February 15, 2023.
- ✓ The new CCSM video as produced by No Umbrella, LLC is in the first draft stages. The staff team (Simonne, Vickie H., Vickie M., Melissa, and Ash) have reviewed



and sent back recommendations for final edits. The final video will be available for LC members to view soon.

B) Legislative Subcommittee Meeting Update

- ✓ The Legislative Subcommittee meets on the first Wednesday of every month from 10:00 am to 12:00 pm via Zoom. To dial in, please use the same link as the Augusta Local Council meetings.
- ✓ The 131st Legislative Session will convene in December 2022. For the Maine Legislative Bill Tracker, please visit shorturl.at/MELeg. This Subcommittee will track mental health-related bills and work on testimonies. Members will begin to hold Writing Groups to provide support for those who wish to write and share their testimonies at the Legislature. Ash will share Writing Group meeting details as soon as possible.
 - Question to the group: What other trainings do we wish to attend as a group? Ash will compile a list of available (and affordable) trainings we may want to attend. Members will have the final say about which topics we wish to learn more about.
 - Members asked if we could schedule a tour of the State House for those who have never been there – who can we reach out to? Members suggested reaching out to Courtney Allen. Ash will investigate what our options are and will report back next meeting.
 - **Future tasks:** Ash: compile training options. Members: review list before January's meeting for group discussion.

C) SCC Board Meeting Report



- ✓ The next SCC Meeting is scheduled on December 23, from 10:00 am to 2:00 pm. Members can attend via Zoom or in person at the CCSM Main Office and have any questions answered toward the end of the meeting. SCC/Board members will be voting on whether Augusta will become a Recognized Local Council.

4.

Outreach:

- A)** Ash will continue to update the Outreach Spreadsheet and will attach this document for meetings when we establish outreach plans with providers as well as other organizations.
- B)** Outreach update: Gail and Ash tabled at Bridging the Gap (BTG) on December 27 from 12-2:30pm. They passed out materials such as pens, brochures, and meeting flyers; talked to people about the Council; and were offered a regular tabling schedule if members wish to continue this. **BTG staff offered the CCSM a regular tabling schedule**, and if we decide to, they are open to the public on Tuesdays and Thursdays between 10am-2pm. What are people's thoughts?
- C)** Planning an Augusta LC-facilitated movie night. We discussed the idea of selecting a mental health themed film (potentially a documentary named "The Names Project") and holding a movie screening as well as a discussion session after. The group agreed to receive links to watch, write discussion questions, and bring these thoughts to our next meeting. We talked about the origins of the AMHI memorial stone in Cony Cemetery as well.
- D)** Hanging posters: members committed to sharing CCSM meeting flyers with local centers, providers, and community spaces to spread the word about the Council.



Gail reported that she hung outreach posters at both Crisis and Counseling as well as at Bridging the Gap.

5. Discuss Current Issues Statement Work:

Issues Development Subcommittee Update:

✓ The Issues Development Subcommittee meets on the second Wednesday of evening month from 10:00 am to 12:00 pm via Zoom. To dial in, please use the same link as the Augusta Local Council meetings.

✓ We were able to discuss current issue statement regarding the Maine.gov DHHS website.

✓ Discussion about Maine.gov website first issue statement draft: The issue is a non-user friendly and out-of-date website. To make a recommendation, would we be requesting a website redesign? Would this be a paid or volunteer position? Will there be a consultation committee?

i. Future tasks: To report feedback or personal stories, we can mail them to the CCSM office at 219 Capital Street in Augusta, Maine, 04330 or email Vickie McCarty at vmccarty@maineccsm.org.

✓ **Local Issues Statements**

✓ **Local issue idea raised two meetings ago:** DHHS wait times via phone or in person. Concerns about in person visits include the amount of time it takes for staff to complete intake, impersonal nature of waiting in another room to establish contact with staff. **Suggestions: add a caller queue with a number, estimated wait time, and option of being called back to free up the patron.**



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6.	<u>Follow Up Business:</u>		
7.	<u>New Business:</u>		
8.	<u>Future Agenda Items:</u> A) Follow up about trainings we wish to attend B) Outreach updates		
9.	<u>Community Updates and Announcements:</u> A) Countdown to the Annual: two days to go!! B) Hall of Flags Legislative Event at the State House on March 1 st , 2023, from 8a-12p C) Hope Conference – submit art and presentation proposals by February 2 nd (all flyers attached to meeting packet)		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Task	Who's Responsible	Due Date
	Send minutes	Gail	Within 10 days
	Send Agenda	Kim/Ash	Within 10 days
	Send Issues Statement Feedback/Stories	All members: please share around!	February 8, 2022
	Outreach	All: brainstorm and/or deliver posters in community!	Next meeting
11.	<u>Meeting Evaluation:</u>		



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	<p>What went well?</p> <p>How can we improve our meetings?</p>
12.	<p style="text-align: center;"><u>Meeting Wrap Up:</u></p> <p><u>Other Notes:</u></p> <p>A) The next Augusta Local Council meeting is scheduled for January 25, 2022, at 5pm (on Zoom or at the CCSM office on 219 Capital St, Augusta, ME 04330.</p>