



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

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Augusta Local Council Meeting Agenda
Wednesday, November 23, 2022 at 5:00 PM

To join by video, click link: <https://us02web.zoom.us/j/8938611710> To join by phone only (no computer needed), dial: 1-929-205-6099 Enter Meeting ID# when prompted: 893 861 1710 No password needed!

Welcome, Introductions, Attendance & Review Meeting Guidelines

Introductions:

Ice Breaker Idea:

1.

Attendance:

Review Meeting Guidelines:

Establish Quorum:

Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Discuss voting results from last month's agenda and minutes

B) Review & Adopt Meeting Agenda:

2.

C) Review & Adopt Previous Meeting's Minutes from *October 25, 2022*:

New Business

- 3. Discuss application to become a Recognized Local Council.

SCC Board of Directors Report:

- 4. SCC Report next month

Ongoing Business:

Issue Statement progress:

- A) Meets **second Wednesday of every month from 10a-12p** via Zoom.
- B) BRAP First Draft
- C) Maine.gov Concept Draft
- D) Any new local issues to consider?
- E) Office update
 - 1. Annual Meeting and donations
 - 2. Video update

Legislative Subcommittee:

- 5. A) Meets **first Wednesday of every month from 10am-12pm** via Zoom.
- B) Review leg priorities in upcoming January session (committee will continue to review these as they are posted):
 - a. A bill that would revise the current County Jail's BOV statute to allow for stronger accountability by local jail administrations to support the work of their BOVs.
 - b. Direct the OBH to implement a Peer Respite Pilot Program.
- C) Writing groups for testimony support will take place when bills start being published in January 2023.
- D) Other leg-related trainings we wish to attend?

Outreach:

- A) Outreach updates from group
- B) Outreach spreadsheet project- Ash
- C) Dec.1 from 2:15p-3:00p: Life After Riverview presentation opportunity!

Community Updates:

- A) CCBHC Input Sessions
- B) LD1262 Survey
- C) DRM Health Equity Project Survey

Future Agenda Items:

6. A) SCC Board voting results about LC Application to be shared after December vote

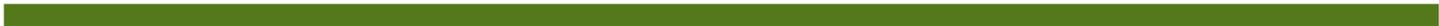
7. **Meeting Reflection**

- 1) What went well?
- 2) What could be improved upon?

Next meeting date: Wednesday, January 28, at 5pm.

8. **Meeting Recap & Next Steps**

	Task	Who's Responsible	Due Date





Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Local Council Business Minutes From

Date: November 23, 2022, at 5 pm

Meeting Held via Zoom Video Conferencing and at the CCSM Main Office.

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

B) Question asked: When do your Christmas decorations go up?

C) Attendees: Kim (Chair), Carrie (Interim 2nd), Gail (Interim Secretary), Mel, Amanda, Don, Samantha

Staff: Ash H.

Guests: No guests attended.

Quorum Established? Yes No

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Ash added the agenda and minute voting results from the October 25 meeting. The voting results were discussed by the group. Ash will revisit Carrie's notes and copy voting results to be discussed and adopted in December's meeting.



B) Reviewed and adopted current meeting agenda.

*Motion was made by **Gail** to adopt the minutes. It was seconded by **Mel**.*

*Was there any discussion? **No**.*

Summary discussion, no modifications recommended.

*The Motion **passed** with 6 in favor of, 0 opposed to, and 1 abstention.*

C) Review and adopted meeting minutes from 10/25/2022

Due to incomplete results, the Council has decided to table this vote until next month. These are the voting results, as updated:

*Motion was made by **Gail** to adopt the minutes. It was seconded by **Mel**.*

*Was there any discussion? **No**.*

Summary discussion, no modifications recommended.

*The Motion **passed** with 3 in favor of, 0 opposed to, and 4 abstentions.*

3. CCSM Reports: (No Vote)

A) Update from the CCSM Office

- ✓ The Augusta LC application has been submitted to Simonne and will be voted on during the next SCC Meeting.
- ✓ Filming with No Umbrella LLC is now complete! Stay tuned for the finished product.
- ✓ CCSM Annual Meeting on January 27th from 10:00 am to 2:00 pm at the Elks Lodge in Augusta. This is a chance to celebrate the work of council members, local groups, and other community members who have made a difference in mental health policy. We will also fundraise for future projects by holding a raffle (gifts by donation). Examples of raffle prizes from the past include gas cards, gift cards, art,



and more! Contact Ash for donation letters and form plans to obtain donations from local vendors if possible. Please report any collected donations to Ash or Melissa.

- ✓ Carpooling for Annual Meeting: please reach out to Ash if you feel open to carpooling with a member who lives in Central Maine and attends the Lewiston Local!

B) Legislative Subcommittee Meeting Update

- ✓ Legislative Subcommittee meets on the 1st Wednesday of every month @ 10:00 am. To attend, please use the same link as the Augusta LC meetings.
- ✓ Two main bills the CCSM plans to support: 1) Addressing County BOVs with MPAC and MPRN to align language with Maine Corrections, and 2) a Peer Respite Bill.
 - Group suggestions: Ask Brandon Tobie and others at the Augusta Recovery Reentry Network for feedback.
 - Question: Do all counties have a Board of Visitors? They should! Amanda shared the link to the State statute: shorturl.at/BOV.
- ✓ The 131st Legislative Session will convene in December 2022. For the Maine Legislative Bill Tracker, please visit shorturl.at/MELeg. This Subcommittee will track mental health-related bills and work on testimonies. Members will begin to hold Writing Groups to provide support for those who wish to write and share their testimonies at the Legislature. Ash will share Writing Group meeting details as soon as possible.
 - Question to the group: What other trainings do we wish to attend as a group? Amanda's suggestion: contact Maine Equal Justice staff for trainings: mgreer@ptla.org. Training options include but are not limited to food



assistance, Health Care, Advocacy 101, legislative advocacy, and legislative updates.

- Future tasks: review training options and discuss interests at next meeting.

C) SCC Board Meeting Report

- ✓ The next SCC Meeting is scheduled on December 23, 2022, from 10:00 am to 2:00 pm. Members can attend via Zoom or in person at the CCSM Main Office and have any questions answered toward the end of the meeting.
- ✓ SCC Update: There is a new SCC Board Member! His name is Joe Moore from Fairfield, Maine, and represents the Farmington Local Council.
- ✓ The last strategic planning meeting was held during October’s SCC meeting. Staff will share with Local Councils as soon as it is finalized.

4. Outreach:

A) Ash shared the Outreach Google Slide and received feedback on Region 2 (includes Kennebec County) contacts. Ash will continue to update and attach this document for meetings when we establish outreach plans.

B) Outreach opportunity – Present with staff at Life After Riverview!!

When: December 1 from 2:30 pm – 3:00 pm

Where: Microsoft Teams

C) Poster sharing chart

	Gail	Kim	Mel	Amanda	Carrie
Will do:	Crisis and Counseling	Bulletin boards	Capital Clubhouse	United Way	Waterville
Ideas for future:	Churches	Bridging the Gap outreach and tabling	ARRC elevator bulletin	ARRC Elevator (Mel will post)	



5. Discuss Current Issues Statement Work:

Issues Development Subcommittee Update:

A) The Issues Development Subcommittee meets on the second Wednesday of evening month from 10:00 am to 12:00 pm via Zoom. To dial in, please use the same link as the Augusta Local Council meetings.

B) We were able to discuss the two issues statements (BRAP voucher and Maine.gov website statements).

- ✓ Discussion about Maine.gov website: The issue is a non-user friendly and out-of-date website. To make a recommendation, would we be requesting a website redesign? Would this be a paid or volunteer position? Will there be a consultation committee?
- ✓ Discussion on BRAP: Amanda suggested to reach out to Cailey and Alison @ Pine Tree Legal to share issue statement.
- ✓ **Future tasks:** To report feedback or personal stories, we can mail them to the CCSM office at 219 Capital Street in Augusta, Maine, 04330 or email Vickie McCarty at vmccarty@maineccsm.org.

C) Local Issues Statements

- ✓ **Local issue:** DHHS wait times via phone or in person. Concerns about in person visits include the amount of time it takes for staff to complete intake, impersonal nature of waiting in another room to establish contact with staff. *Suggestions:* add a caller queue with a number, estimated wait time, and option of being called back to free up the patron.



6.	<u>Follow Up Business:</u>
7.	<u>New Business:</u>
8.	<u>Future Agenda Items:</u> A) Follow up about trainings we wish to attend B) Outreach- how did the Life After Riverview presentation go? Posters and donations?
9.	<u>Community Updates and Announcements:</u> A) CCBHC Listening Sessions via Zoom ✓ Group members discussed verbiage “Behavioral Health” B) LD 1262 Input Survey C) DRM Health Equity Project (barcode accessible!)

10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Task	Who’s Responsible	Due Date
	Send minutes	Gail	Within 10 days
	Send Agenda	Kim/Ash	Within 10 days
	Send Issues Statement Feedback/Stories	All members: please share around!	December 12, 2022
	Outreach	All: brainstorm and/or deliver posters in community!	Next meeting

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<p>11. <u>Meeting Evaluation:</u></p> <p>What went well? Lots of wonderful questions, ability to get training, and having a quorum. It was great to have Amanda in attendance, and the information she brought to the meeting.</p> <p>How can we improve our meetings? Having acronyms written out or attaching an acronym sheet with LC documents.</p>
<p>12. <u>Meeting Wrap Up:</u></p> <p><u>Other Notes:</u></p> <p>A) The next Augusta Local Council meeting is scheduled for December 28, 2022, at 5pm (on Zoom or at the CCSM office on 219 Capital St, Augusta, ME 04330.</p>