



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda
September 28,2021

1.	<u>Welcome, Introductions, Attendance, Review Meeting Guidelines, & Housekeeping:</u>
2.	<u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> <i>(Vote)</i> A) <i>Review and adopt meeting minutes from August.</i> B) <i>Review and adopt current meeting's agenda.</i>
3.	<u>New Business:</u> Explanation and discussion around the structure of the CCSM and the role of each position.
4.	<u>CCSM Reports:</u> <i>(No Vote)</i> A) <i>SCC- Report</i> B) <i>Issues Subcommittee Update</i>



	C) No Legislative Subcommittee update this month		
5.	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) <i>Issue Statement – Failure to Protect the Rights of Individuals with a Mental Health Diagnosis</i></p>		
6.	<p><u>Follow Up Business:</u></p> <p>A) <i>Elections Discussion for upcoming chair and secretary elections.</i></p> <p>B) <i>Conversation and update around PCJ issues. (CCSM has signed onto a letter with the No New Jail group).</i></p>		
7.	<p><u>Future Agenda Items:</u></p> <p>Which of individuals on the list we made do we want to invite next?</p> <p>Suggestions we came up with before: Boyd Kronholm, state worker, sheriff Morton, local police officer, staff member from local hospitals. Individuals who have experience dealing with the above or system that can help us find solutions.</p> <p>Do we have others we want to add to list?</p>		
8.	<u>Community Updates and Announcement</u>		
9.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	<i>Pre-read all meeting materials and attend next month’s LC Meeting</i>	<i>All</i>	<i>Monthly</i>
10.	<p><u>Meeting Evaluation:</u></p> <p>What went well?</p>		



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	How can we improve our meetings?
11.	<u>Meeting Wrap Up:</u> Next meeting will be on October 26, 2021



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Bangor

Local Council Business Meeting Minutes

8/24/2021

Meeting Held via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. **Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines**

A) Check In & Ice Breaker

Attendees: David , Kandie, Brain ,Nancy,Doug.(Renee unexcused absense)

Staff: Vickie McCarty

Guests: Denise (DinDin),Laura and Carrie from Unlimited Solutions Clubhouse

B) Zoom Etiquette

C) Establish Quorum

Quorum Established? _____ _____ Yes _____ _____ No



	<p>Kandie called the meeting to order at 5:00pm</p> <p>Kandie and David chaired the meeting and Kandie Cleaves took the minutes.</p>
2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p>A) Review and adopt current meeting agenda. → <i>Motion was made by Nancy to adopt this Meeting's Agenda. It was seconded by David Was there any discussion? Yes The Motion Carried The vote is as follows with 4 in favor of, 0 opposed to, and 1 abstentions.</i></p> <p>B) Review and adopt the 7/27/2021 meeting minutes. → <i>Motion was made by Kandie to adopt the meeting minutes from 7/27/2021 It was seconded by Amanda Was there any discussion? No The Motion Carried The vote is as follows with 4 in favor of, 0 opposed to, and 1 abstentions.</i></p>
3.	<p><u>CCSM Reports:</u> (No Vote)</p> <p>A) Update from the CCSM Office</p> <p>Notes on A: Office remodel is almost complete. Waiting on the media for the conference room. Covid has put in person meeting plans on hold again.</p> <p>B) Issues Subcommittee Meeting Update</p> <p>Notes on B: Discussion on first drft of a Importance of having multiple housing options in Maine; Concept draft discussion for Lack of Equitable Access to Menta Health Peer Recovery Centers Across the State.</p> <p>C) Legislative Subcommittee Meeting Update</p>



	<p>Notes on C: No Leg meeting for August. Plans to have Lea Boyd come in to do workshops to train on talking with others we disagree with. And how trauma affects our voices. Dates to be determined.</p> <p>D) SCC Board Meeting Report</p> <p>Notes on D: No meeting to report</p>
4.	<p><u>Outreach:</u></p> <p>A) Outreach Coordinators Update</p> <p>Notes on A: Disussion on where things are without a current outreach worker. Until one is hired other staff will fill roles as needed.</p> <p>B) What are YOU doing to Outreach to others?</p> <p>Notes of B: Plan to present about the CCSM to the Unlimited Solutions Club House during an upcoming Tuesday at 2:00 "House Meeting". Date and time to be determined between Carrie,Vickie, David and Kandie.</p>
5.	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Issue Statement – Possible Concept Draft</p> <p>Notes on A: 3 group homes are failing so they are requesting permission to join with a different one which would require special approval due to the increased size. This creates a concern over possible "warehousing" . This is not a finalized deal yet, if it moves forward the CCSM will do a concept draft around this.</p> <p>B) Issue Statement Work – What is your local council working on?</p> <p>Notes on B: Failure to Protect the Rights of Individuals with Mental Health Diagnosis; To not allow an individuals diagnosis to be used against them in a "predictive" manner. In all settings that receive funding or</p>



	payment from the state. { Discussed possibly breaking this down into additional statements as well. } Possible look at wording in documents. Using generic comments instead of authentic.
6.	<p><u>Follow Up Business:</u></p> <p>A) Elections</p> <p>Notes on A: Chair positions are up soon and will need to have elections in October for Chair (s) and Secretary positions.</p> <p>Click or tap here to enter text.</p> <p>Notes on B: Click or tap here to enter text.</p>
7.	<p><u>New Business:</u></p> <p>Unlimited Soutions Club House presented to our local.</p> <p>Notes on A: Club House started around the late 1940's when a small group of former patients from Rockwood Psychiatric Hospital started meeting on the steps of the new York State Library to develop resources for each other. Fountain House was established in 1977. In 1987 the National Club House expansion started. In 2012 Unlimited Solutions Club House in Bangor Opened. They focus on 3 Basics area: Wellness, Education and Employment. Currently in Maine 93% of those with serious mental health issues are unemployed. Out of the 130 participating at Unlimited Solutions Club House 72 are working in some capacity. With work, they assist in , transitional, supported and independent. Among businesses they have connections with are Chick-fil-A, Dirigo Pines, Blaze, TJ Maxx, Bangor Savings, PCHC, OHI, St Pats Episcopal church. They are also contracted with Voc Rehab and the Department of Labor. People only need have a current mental health diagnosis to participate with Unlimited Solutions and do NOT need to have Maine Care they have grant services to cover those without insurance. They do NOT have a wait list.</p>
8.	<p><u>Future Agenda Items:</u> (Please submit any items for the next meeting to the LC Chair no later than 30 days before the next business meeting)</p> <p>Notes on Future Agenda Items: There</p>



9.	<p><u>Community Updates and Announcements:</u></p> <p>Please Consult 2021 Events or Activities on the Calendar</p>		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
Pre-read all meeting materials		All	Monthly
Attend next Local Council Meeting		All	Monthly
Prepare Agenda and submit to Outreach Coordinator		Chair	9/14/2021
Prepare Minutes and submit to Outreach Coordinator		Secretary	9/14/2021
Send all meeting documents to Local Council members at least 10 days before next meeting per the Governance Guidelines.		Outreach Coordinator	9/17/2021
11.	<p><u>Meeting Evaluation:</u></p> <p>What went well?</p> <p>Fantastic guest speaker; Doug sharing about his experience; attendance, meeting on time; connections made .</p> <p>How can we improve our meetings?</p> <p>Making certain all Reps and elected members are on time, (If unable to make meeting or will be late please let a chair or other Rep know); More members; Have agenda and minutes submitted to office on time; Being able to have our smoothie month :)</p>		



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12.

Meeting Wrap Up:

Next Business Meeting will be on 9/28/2021