



Mission Statement: *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

Bangor Local Council Agenda

April 26,2022

1. Welcome, Introductions, Review Meeting Guidelines, & Housekeeping

Kandie

Attendance/ ice breaker:

Staff:

Guest:

Establish Quorum: Y N

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

Kandie

A) Review and adopt current meeting's agenda.

- *Motion to adopt made by:*
- *2nd by:*
- *Discussion:*
- *Y ____ N ____ A ____*

B) Review and adopt meeting minutes from December 28,2021 and March 22,2022

*a) * Motion to adopt made by:*



	<p>* 2nd by:</p> <p>* Discussion:</p> <p>* Y___ N___ A___</p> <p>b) * Motion to adopt made by:</p> <p>* 2nd by:</p> <p>* Discussion:</p> <p>* Y___ N___ A___</p>
<p>3. Linda</p>	<p><u>New Business:</u></p> <p>I have been in touch with some of The Peer Centers throughout the state. What I have found is that the Peer Center in Madawaska, Valley Peer Run Recovery Center is open. Monday through Friday 8 am -4pm. The contact person Brahim has stated that, he has received our flyers for Regionals and has posted them in their center. Brahim has stated that he is communicating with peers providing them with information about CCSM and encouraging them to get involved in the Councils. Perry Peer Center in Portland is now open to the public as well Tuesday through Thursday 8 am -4pm. Very few people are currently attending; I have a meeting with their director to talk about doing a presentation/ informational session about CCSM this month. The Biddeford Center is also open, with very few people attending as well. The director at this location has asked to meet in June and to pull the Sanford Peer Center in together during this meeting to discuss CCSM, and the informational power point. Rockland Peer Center is open, and has asked for information about CCSM, they are booking a date for a meeting next month. The Augusta Council is starting to form, and a planning meeting is taking place. I have met with Kim Emery who is gathering folks who are interested and would love to join. On 4/4/2022 I went to The LINC center to meet with our peers from the Augusta</p>



	<p>community. I am currently working on firming up a date for our CCSM presentation at LINC. I plan to incorporate a Hybrid Model of our meetings going forward once in person meetings are safe for all. This being designed for folks who may feel like Zoom is more beneficial for them. All Peers and Consumers will know that their meeting place is in a specific location, and they are more than welcome with open doors to come and join in person at any time. I will be getting in touch with Tri-County Mental Health and Oxford County Mental Health to discuss meeting. Local Colleges in the next working month will also be a target for ongoing Outreach.</p> <p>The intention is to get widespread information about CCSM and the amazing work we all do collectively gathering information. Real life data to help assist the state with our services for mental health. Keep up the Awesome work!! Thank you for allowing me to be present in your time and space. – Linda</p>
<p>4</p> <p>Brian</p> <hr/> <p>Renee</p> <hr/> <p>Nancy</p> <hr/> <p>Vickie</p>	<p><u>CCSM Reports: (No Vote)</u></p> <p>A) <i>SCC- Report</i></p> <p>B) <i>Issues Subcommittee-Report</i></p> <p>C) <i>Legislative Subcommittee -Report</i></p> <p>D) <i>Office Update</i></p>
<p>5.</p> <p>Kandie/ Doug</p>	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) <i>Issue statement to revise legislation around the Board of Visitors.</i></p>
<p>6.</p>	<p><u>Follow Up Business:</u></p> <p><u>Dorthea Dix transitional housing</u></p>



Vickie/ Kandie	<u>211 concerns follow up</u>		
7. Kandie	<u>Future Agenda Items:</u> <u>Speaker?</u>		
8. ALL	<u>Community Updates and Announcement:</u> Regionals: Reg.1 March 20th; Reg 2 April 6th 2-4; Reg 3 April 27 th 2-4		
9.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
<i>Pre-read all meeting materials and attend next month's LC Meeting</i>		<i>All</i>	<i>Monthly</i>
10. Renee	<u>Meeting Evaluation:</u> What went well? How can we improve our meetings?		
11. Kandi e	<u>Meeting Wrap Up:</u> Next meeting will be on May 24, 2022		



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Local Council Business Minutes From

Date: March 22, 2022

Meeting Held via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

Attendees:

Kandie, Brian, Renee, Nancy, Kevin, Sirena, Sue, Russ, and Nichole

Staff:

Vickie McCarty and Linda

Guests:

B) Zoom Etiquette

C) Establish Quorum

Quorum Established? Yes (@5:05) No



	<p>Kandie__ called the meeting to order at __5:00pm __</p> <p>Kandie chaired the meeting and _Kandie_ took the minutes.</p>
2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p>A) Reviewed and adopted current meeting agenda.</p> <p><i>Motion was made by _Sirena_ to adopt this Meeting's Agenda. It was seconded by _Renee_. Was there any discussion? (No) The Motion (Carried) with _6_ in favor of, _0_ opposed to, and _3_ abstentions.</i></p> <p>B) Reviewed and adopted _Nov. '21 _ meeting minutes.</p> <p><i>Motion was made by __Sirena_ to adopt meeting minutes from Nov. 2021_ and postponed adoption of Dec. '21 minutes till April '22 meeting__. It was seconded by _Nancy_. Was there any discussion? (No)</i></p> <p><i>The Motion (Carried) with _4_ in favor of, __0__ opposed to, and _5__ abstentions.</i></p> <p>C) Review and adopt _February 22,2022 _ meeting minutes.</p> <p><i>Motion was made by __Brian_ to adopt the minutes. It was seconded by _Renee_. Was there any discussion? No</i></p> <p><i>The Motion (Carried) with _4_ in favor of, _0_ opposed to, and _5_ abstentions.</i></p>
3.	<p><u>CCSM Reports:</u> (No Vote)</p>



A) Update from the CCSM Office

Notes on A:

We have now hired someone for Outreach. Survey has been sent out to find if there is interest in returning to in person for certain meetings.

B) Issues Committee Report:

1) What are CWIC's and why they are important for Maine's mental health community.

C) Legislative Subcommittee Meeting Update

Kevin from DRM joined the meeting. Covered bills including LD's 696, 1080, 1728, 1774, 1848, 1877, 1968, and 1993.

D) SCC Board Meeting Report

Discussed Mike Freysinger having joined us at the SCC meeting and his feedback on OBH projects. Discussed the SCC board adopting a religious policy.

4. Outreach:

A) New outreach coordinator hired.

B) Regionals planned

C) What are YOU doing to Outreach to others?



	<p>Telling others about the CCSM.</p>
4.	<p><u>Discuss Current Issues Statement Work:</u></p> <p><i>A) Issue Statement</i></p> <p>Local Council Issue Statement Work:</p> <p>Revision to Board of Visitors for County Jails</p> <p>Outline presented of changes to consider.</p>
5.	<p><u>Follow Up Business:</u></p> <p>A) Sirena spoke about her recent International Colleague training for the Club House. She learned how to develop grants, and what they are for as well as how to explain the Club House Model.</p> <p>B) Brian shared about his faculty training for Club House. Learned what needs to be done to become and stay accredited. He will now be able to travel for Club House for this work both state side and internationally. His first trip is coming up May 2-4 in Florida.</p>
6.	<p><u>New Business:</u></p>



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	<p>Nichole brought up a systemic issue of people not knowing how to contact resources for help before or when in a crisis, and that not only is 211 not sufficiently current it is of no use if people do not know about it to begin with.</p> <p>Kandie and Vickie will follow this up in the CC/OBH meeting.</p>			
7.	<p><u>Future Agenda Items:</u></p> <p><u>1)Response from discussion at OBH meeting around issue Nichole brought forward.</u></p> <p><u>2)Dec.'21 minutes</u></p> <p>Notes on Future Agenda Items:</p> <p><u>Waiting to hear back on having ICM from PCJ as guest speaker.</u></p>			
8.	<p><u>Community Updates and Announcements:</u></p> <p>Regionals: will ALL be online this yr.</p> <p>Reg 1 March 20th 2-4</p> <p>Reg 2 April 6th 2-4</p> <p>Reg 3 April 27th 2-4</p>			
9.	<table border="1"><tr><th data-bbox="152 1793 1049 1854"><u>Meeting Recap & Task List</u></th><th data-bbox="1049 1793 1276 1854"><u>Who?</u></th><th data-bbox="1276 1793 1562 1854"><u>When?</u></th></tr></table>	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
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Pre-read all meeting materials	All	Monthly
Attend next Local Council Meeting	All	Monthly
Prepare Agenda and submit to Outreach Coordinator	Chair	
Prepare Minutes and submit to Outreach Coordinator	Secretary	
Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	

	Task	Who's Responsible	Due Date
	Send minutes	Kandie	Within 10 days
	Send Agenda	Kandie	Within 10 days
	Create min. for Dec.'21 meeting	Vickie	In time to be mailed out for next meeting
	Watch video and read through links on BOV	Everyone	Before next meeting
	Bring up 211 issues at OBH meeting	Kandie /Vickie	Next OBH meeting March 22,'22
	Ask Sheriff is individuals with special needs are covered under current BOV policy	Kandie	Before next meeting



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10.	<u>Meeting Evaluation:</u> What went well? Met quorum. Met Linda, our new Out Reach Coordinator. Lively discussion and new faces. Got through everything in good time. How can we improve our meetings? Better attendance. Read your materials BEFORE the meeting.	



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11.

Meeting Wrap Up:

Other Notes:

Next Meeting will be on: April 26, 2022 via ZOOM



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Local Council Business Minutes From

Date: December 28,2021

Meeting Held via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

Attendees:

Brian, Sirena

(Excused Renee, Nancy and Kandie)

Staff:

Vickie McCarty

Guests:

B) Zoom Etiquette

C) Establish Quorum

Quorum Established? ____ Yes (@5:25) _X No



__ called the meeting to order at __5:00pm __

Brian/Vickie chaired the meeting and _Vickie_ took the minutes.

2. Review & Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)

A) Review and adopt current meeting agenda. **No Quorum** Motion was made by __ to adopt this Meeting's Agenda. It was seconded by __. Was there any discussion? ()
The Motion () with __ in favor of, __ opposed to, and __ abstentions.

B) Review and adopt _Nov meeting minutes. Tabled due to **No Quorum** Motion was made by __ to postpone the adoption of meeting minutes from meeting__. It was seconded by __. Was there any discussion? ()
The Motion () with __ in favor of, ____ opposed to, and ____ abstentions.

C) Review and adopt _ meeting minutes. Tabled due to **No Quorum** Motion was made by __ to adopt the minutes. It was seconded by __. Was there any discussion?
The Motion (Carried) with _ in favor of, __ opposed to, and _ abstentions.

Note: Since there were Only 2 members in Attendance, they chose to discuss issues around people with disabilities not being able to find work. Maine is in the bottom percentile for being able to integrate this population into the work force. Two entities which struggle with career paths for folks with disabilities are Clubhouses an Voc Rehab. They need to have better communication benefit specialists who can advise people on an individual basis how to keep necessary benefits such as MaineCare and various forms of social security



monies while they are doing a work trial period and beyond. Many people are not even aware of the existence of Specialists and what they can offer which continues to keep people in fear of losing their benefits if they try find employment.

3. CCSM Reports: (No Vote)

A) Update from the CCSM Office

Notes on A:

B) Issues Committee Report:

C) Legislative Subcommittee Meeting Update

Legislature Is getting ready to go back in session in First week in January 2022.

D) SCC Board Meeting Report

No meeting to report.

4. Outreach:

A) Outreach Update

Still no new Outreach Coordinator currently.



B) What are YOU doing to Outreach to others?

Telling others about the CCSM.

4. Discuss Current Issues Statement Work:

A) Issue Statement

Local Council Issue Statement Work:

Failure to Protect the Rights of Individuals with Mental Health Diagnosis.

5. Follow Up Business:

None

6. New Business:

A:

7. Future Agenda Items:

Notes on Future Agenda Items:



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Waiting to hear back on having ICM from PCJ as guest speaker.

8. Community Updates and Announcement

9.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	

	Task	Who's Responsible	Due Date
	Send minutes		Within 10 days
	Send Agenda	Kandie	Within 10 days



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10.	<u>Meeting Evaluation:</u> What went well? How can we improve our meetings? Better attendance. Be on time.	
11.	<u>Meeting Wrap Up:</u> <u>Other Notes:</u> <u>Next Meeting will be on: January 25, 2022, via ZOOM</u>	