



**Mission Statement:** *The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.*

## **Bangor Local Council Agenda**

December 28, 2021

<p><b>1.</b> Kandie</p>	<p><b><u>Welcome, Introductions, Review Meeting Guidelines, &amp; Housekeeping</u></b></p> <p><b><u>Attendance/ ice breaker:</u></b></p> <p><b><u>Staff:</u></b></p> <p><b><u>Guest:</u></b></p> <p><b><u>Establish Quorum: Y      N</u></b></p>
<p><b>2.</b> Kandie</p>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes: (Vote)</u></b></p> <p>A) <i>Review and adopt meeting minutes from October.</i></p> <ul style="list-style-type: none"><li>• <i>Motion to adopt made by:</i></li><li>• <i>2<sup>nd</sup> by:</i></li><li>• <i>Discussion:</i></li><li>• <i>Y ____ N ____ A ____</i></li></ul> <p>B) <i>Review and adopt meeting minutes from November.</i></p> <ul style="list-style-type: none"><li>* <i>Motion to adopt made by:</i></li><li>* <i>2<sup>nd</sup> by:</i></li></ul>



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	<p>* <i>Discussion:</i></p> <p>* Y___ N___ A___</p> <p><b>C) Review and adopt current meeting's agenda.</b></p> <p>*<i>Motion to adopt made by:</i></p> <p>*<i>2<sup>nd</sup> by:</i></p> <p>* Y___ N___ A___</p>
<p><b>3.</b> <b>Vickie</b></p>	<p><b><u>New Business:</u></b> Upcoming Bills</p>
<p><b>4</b> <b>Brian</b> <hr/><b>Nancy</b> <b>Renee</b> <b>Vickie</b></p>	<p><b><u>CCSM Reports:</u></b> <i>(No Vote)</i></p> <p>A) <i>SCC- Report (No update this mo.)</i></p> <p>B) <i>Issues Subcommittee Update</i></p> <p>C) <i>Legislative Subcommittee update this month</i></p> <p>D) <i>Office Update</i></p>
<p><b>5.</b> <b>Kandie/</b> <b>Vickie</b></p>	<p><b><u>Discuss Current Issues Statement Work:</u></b></p> <p>A) <i>Issue Statement – Failure to Protect the Rights of Individuals with a Mental Health Diagnosis</i></p>





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11.

**Meeting Wrap Up:**

**Next meeting will be on January 25,2022**



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**Local Council Business Meeting Agenda & Minutes Form**

**Date: November 23, 2021**

**Meeting Held via Zoom Video Conferencing**

**Zoom Information**

**To join by video, click link: <https://us02web.zoom.us/j/8938611710>**

**To join by phone only (no computer needed) Dial: 1-929- 205-6099**

**Enter Webinar / Meeting ID# when prompted: ID #893 861 1710**

**1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines**

**A) Check In & Ice Breaker**

**Attendees:**

**David, Kandie, Brian, Nancy, Kevin, Sierena (Renee excused)**

**Staff:**

**Vickie McCarty**

**Guests:**

**B) Zoom Etiquette**

**C) Establish Quorum**

**Quorum Established?  Yes  No**



	<p>Kandie__ called the meeting to order at ___ 5:03pm _____</p> <p>Kandie chaired the meeting and _Kandie__ took the minutes.</p>
<b>2.</b>	<p><b><u>Review &amp; Adopt Meeting Agenda and Previous Meeting's Minutes:</u></b> (Vote)</p> <p><b>A)</b> Review and adopt current meeting agenda.</p> <p>→ <i>Motion was made by _____ Sierena___ to adopt this Meeting's Agenda. It was seconded by _Nancy. Was there any discussion? (No) The Motion (Carried) with ___6__ in favor of, _0___ opposed to, and ___0_ abstentions.</i></p> <p><b>B)</b> Review and adopt ___Septembers_____ meeting minutes.</p> <p>→ <i>Motion was made by __Nancy_____ to postpone the adoption of meeting minutes from <b>September 28,2021</b> till Dec meeting__. It was seconded by _____ Kevin_____. Was there any discussion? (No)</i></p> <p>→ <i>The Motion (Carried or Failed) with ___6__ in favor of, __0___ opposed to, and ___0__ abstentions.</i></p>
<b>3.</b>	<p><b><u>CCSM Reports:</u></b> (No Vote)</p> <p><b>A) Update from the CCSM Office</b></p> <p>Notes on A:</p> <p>Everything is still remote due to Covid for meetings. Staff working from office.</p> <p>Interviewing for Outreach position</p> <p><b>B) Issues Subcommittee Meeting Update:</b> Nancy reported around CWIC (Community Work Incentives Coordinators). They can help people receiving SSI and SSDI how much they are able to earn and not lose their benefits; Proposals</p>



around WRAP: DHHS call holding times; Barriers for people with mental health challenges round work.

- C) There is another Employment 1<sup>st</sup> initiative being worked on for Maine according to Vickie.
- D) Suggestions made for Voc. Rehab to look into encouraging and helping people with becoming entrepreneurs.
- E) Brian suggested watching the video “Born for Business” on Peacock.
- F) Kandie discussed her focus on employment for people with disabilities with the Grant project.
- G) Discussed people on social media with disabilities who are excelling in their careers. Brian will compile a list of those he is aware of then send to Kandie.

**H) Legislative Subcommittee Meeting Update**

No Leg meeting this month

Instead training on Non-Violent communication to be able to communicate with those more effectively that we disagree with. Nov 29<sup>th</sup> from 9-11 and 1-3.

**I) SCC Board Meeting Report**

No meeting to report.

**4. Outreach:**

**A) Outreach Update**



	<p>Interviews being done for a new Outreach Coordinator. Forum planning</p> <p><b>B) What are YOU doing to Outreach to others?</b></p> <p>Telling others about the CCSM, no jail group, BOV, inviting people, listening to other people's experiences.</p>
<p><b>4.</b></p>	<p><b><u>Discuss Current Issues Statement Work:</u></b></p> <p><i>A) Issue Statement</i></p> <p>Local Council Issue Statement Work:</p> <p>Failure to Protect the Rights of Individuals with Mental Health Diagnosis.</p> <p>Will reach out to find out who the current ICM (Intensive Case Manager) is for Penobscot County Jail and see if they would consider talking with us.</p>
<p><b>5.</b></p>	<p><b><u>Follow Up Business:</u></b></p> <p>Discussed what was being heard in the news around the Penobscot County Jail.</p> <p>Discussed the issue around the elected officials wanting to add more beds to the jail</p>





	<p>using AARPA funds, rather than listening to those effected that the focus needs to be on providing care and not more incarceration.</p>
<b>6.</b>	<p><b><u>New Business:</u></b></p> <p>A) Discussion around doing training with debate techniques to improve communication. Group was not interested.</p>
<b>7.</b>	<p><b><u>Future Agenda Items:</u></b></p> <p><u>Look at and discuss the list of people with disabilities succeeding in their careers that Brian compiled. Possible Guest speaker, person providing ICM at PCJ;</u></p> <p><u>Discussion on lack of services in Piscataquis County and how it effects our population.</u></p> <p><b>Notes on Future Agenda Items:</b></p>



<b>8.</b>	<p><b><u>Community Updates and Announcements:</u></b></p> <ul style="list-style-type: none"> <li>• Another non-violent training scheduled for Nov.29 from 9-11 and 1-3</li> <li>• Annual meeting being planned for ZOOM.</li> <li>• Mental Health Summit via ZOOM. Can be found on Event Brite.</li> </ul>

<b>9.</b>	<b><u>Meeting Recap &amp; Task List</u></b>	<b><u>Who?</u></b>	<b><u>When?</u></b>
	Pre-read all meeting materials	All	Monthly
	Attend next Local Council Meeting	All	Monthly
	Prepare Agenda and submit to Outreach Coordinator	Chair	
	Prepare Minutes and submit to Outreach Coordinator	Secretary	
	Send all meeting documents to Local Council members at least 15 days before next meeting per the Governance Guidelines.	Outreach Coordinator	

	Task	Who's Responsible	Due Date
	Send minutes	Kandie	
	Send Agenda	Kandie	



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<b>10.</b>	<b><u>Meeting Evaluation:</u></b>  <b>What went well? Stream lined; FANTASTIC Issues report by Nancy; Useful info for Issue Statements; New person.</b>  <b>How can we improve our meetings? Get everything in on time; More people.</b>	



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**11.**

**Meeting Wrap Up:**

**Other Notes:**

**Next Meeting will be on: December 28 ,2021 via ZOOM**