



Consumer Council System of Maine
A Voice for Consumers of Mental Health Services

Mission Statement: The Consumer Council System of Maine represents fellow consumers with an effective, organized voice in shaping public policy and mental health services. We hold as essential the participation of all consumers and look to collaborate with allies to find realistic solutions to local and statewide issues and to advance recovery-oriented, consumer-driven mental health care and peer-run recovery opportunities.

Bangor Local Council Business Meeting Agenda

1/26/2021

Meeting Held via Zoom Video Conferencing

Zoom Information

To join by video, click link: <https://us02web.zoom.us/j/8938611710>

To join by phone only (no computer needed) Dial: 1-929- 205-6099

Enter Webinar / Meeting ID# when prompted: ID #893 861 1710

1. Welcome, Introductions, Attendance & Review Zoom Meeting Guidelines

A) Check In & Ice Breaker

→ If you feel comfortable, please share with us your name and your favorite thing about fall.

B) Zoom Etiquette

→ Please remember to remain on mute if you are not speaking.

→ In order for everyone to be heard, please try to speak one at a time.

→ To be recognized by the chair to speak or share during the meeting, please raise your hand by either typing in the chat or pressing the “raise hand” button.



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	<p>→ If you have access to a headset, please use it as it gives us all the best opportunity to hear you and for you to hear others.</p> <p>→ If you have any questions about Zoom, please do not hesitate to ask.</p> <p>C) Establish Quorum</p>
2.	<p><u>Review & Adopt Meeting Agenda and Previous Meeting's Minutes:</u> (Vote)</p> <p>A) Review and adopt current meeting agenda.</p> <p>B) Review and adopt October 2020 meeting minutes</p>
3.	<p><u>CCSM Reports:</u> (No Vote)</p> <p>A) Update from the CCSM Office</p> <p>→ COVID-19 Update</p> <p>B) Issues Subcommittee Meeting – January 13th</p> <p>→ See Issues Section FMI regarding updates on Issue Statements</p> <p>C) Legislative Subcommittee Meeting – January 26th</p> <p>→ CCSM 130th Legislature Bills to Consider - Handout</p> <p>D) November/December 2020 SCC Board Meeting Report</p> <p>→ Board Meeting Update – Short update from SCC Representative</p> <p>→ November/December 2020 Extraneous Work Report – Handout</p> <p>→ November/December 2020 Local Council Updates Report – Handout</p>
4.	<p><u>Outreach:</u></p> <p>A) Outreach Meeting Update</p> <p>B) What are YOU doing to Outreach to others?</p>



5.	<p><u>Discuss Current Issues Statement Work:</u></p> <p>A) Final Draft Issue Statement – “Telehealth” → The Final Draft of this Issue Statement was voted on and approved at the December 18th, 2020 Statewide Consumer Council (SCC) Board Meeting.</p> <p>B) Revised First Draft Issue Statement – “Responsibility of Mental Health Peer Recovery Centers to adhere to the principles of the COSP (Consumer Operated Service Programs) Model” → Please review and submit feedback by January 13th.</p> <p>C) Issue Statement Work – What is your local council working on?</p>
6.	<p><u>Follow Up Business:</u></p> <p>A) Hope Conference 2020 Update → Hope Conference Workshops are still being held every Thursday afternoon from 1:30 pm – 3:00 pm on Zoom</p> <p>B) October Community Forum Discussion – What happened at forum?</p>
7.	<p><u>New Business:</u></p> <p>A) Nothing was shared at the creation of this agenda.</p>
8.	<p><u>Future Agenda Items:</u> (Please submit any items for the next meeting to the LC Chair no later than 30 days before the next business meeting)</p>



9.	<u>Community Updates and Announcements:</u> <ul style="list-style-type: none">• Please consult the 2021 Activities Calendar for more information.		
10.	<u>Meeting Recap & Task List</u>	<u>Who?</u>	<u>When?</u>
	Pre-read all meeting materials and attend next month's LC Meeting	All	Monthly
11.	<u>Meeting Evaluation:</u> What went well? How can we improve our meetings?		
12.	<u>Meeting Wrap Up:</u>		

Bangor Local 1 /26/21

Attendance and Town:

Kandie .(Co-chair,) Garland

Kevin , Garland

Jon M, Bangor

Brian H ,Orono

Jay ,Augusta area (Augusta does not have a current active local)

Doug, Hermon

Renee, Dexter

Amanda, Bangor

Staff: Amanda P

Missing:

David, Co-chair

Jon Lux, elected Rep, no notice or contact

Meeting started on time. . Quorum met.

Jon motioned Amanda 2nd ,Past minutes approved (4-0-2)

Jon motioned Amanda 2nd, to accept Agenda as amended to include election. (6-0-0)

Office update by Amanda P, She is working on creating welcome packets. Locals will return to a monthly format.

Kandie reported the recent SCC meeting, Governance Guidelines updated and approved as well as employee handbook. Explained new monthly meeting and forum results.

Amanda reported on Outreach meeting and asked that each person click on “going” for meetings on FB to help get the word out.

Election for Rep . Brian H was only person running . Brian was elected as the new Rep. Open position for Secretary still needs filled. After discussion Jon and Amanda expressed interest in running as co secretaries With the plan that Jon will mentor Amanda in the position due to his experience.

*Amanda P will send out applications to both along with templates for minutes and other needed documents.

Legislative : Kandie updated on Leg meeting and talked about people testifying or writing testimony, talking with reps. Jon stated he stays in touch with Rep Perry and with Shenna Bellows through SUFU where he works.

Issue statement work:

Kandie Reported issue at Charleston correctional that John M brought to her attention, with an individual not being provided the med the doctor ordered due to cost. Was told he could use other ones however no info was given to him about the meds or side effects. When this info was received meds were looked up on line and info sent back through John. It was asked if this individual would be willing to write this up and send it.

*due to holidays and others had not been able to get their assignments completed. They are carried over till the next meeting.

*Amanda and Amanda P are going to work together to write Amanda's experience about not having a strong voice in her Planaround goals and staff not including full diagnosis.

*Doug will work on creating a list of people connected or concerned through corrections to help build a bridge.

*Jon M is going to talk with a friend about what additional things might be helpful to include in rights training .

*Renee will look into rights specific to Autism spectrum, for youth transitioning to adult services.

* Kandie will continue to collect items around rights.

*Jay is going to reach out to Cathy Dionne from Autism Society of Maine to see if she would come and talk to our local. 30 to 40 min will be given for this.

What went well:

*hearing what Brin had to say about filling out his form.

*meeting stayed on task.

*fantastic participation

*raised hand feature on ZOOM

*learning about other members

*great turn out

How can we improve:

We can ALWAYS improve.

Invite more people.